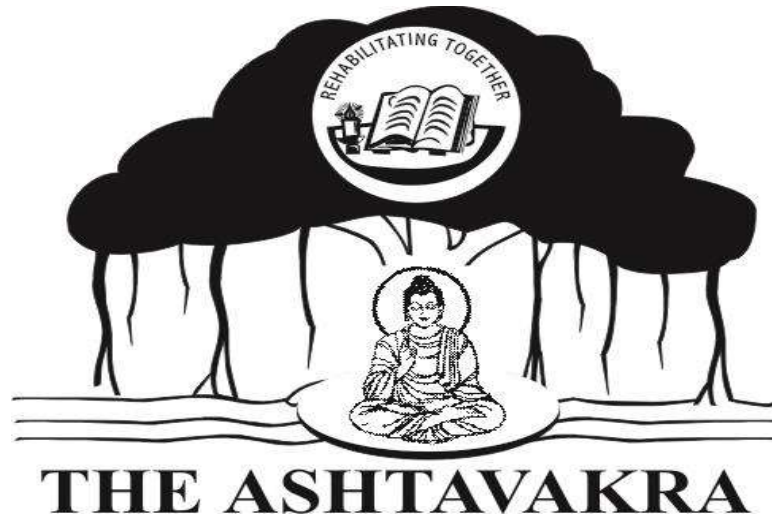


EDUCATIONAL VISIT



D.Ed.SE (CP) 13th to 16th November 2019 Composite regional Center (CRC) (SUNDERNAGAR)

Ashtavakra Institute of Rehabilitation sciences and research

Event: Educational Visit

Date: 13th to 16th November 2019 (4N/3D)

School/Collage: Composite Regional Center (CRC)

Educational Visit location: Composite Regional Center (CRC) Sundernagar himanchal Pradesh.

Faculty Incharge: Amit Kumar(HOD CP Dept) and Ms Harshita(Special Educator)

Students: D.Ed. 1st and 2nd year 2019.

The visit has been initiated in Reference to Scheme of Examination of Rehabilitation Council of India Syllabus 2008-2016

Objectives:

- 1- To enhance the knowledge about teaching technique, procedures and behavioral objective for CWSN.
- 2- To help students gain first-hand information about CWSN within barrier free environment.
- 3- To enhance the knowledge of Classroom Management of CWSN with focus on Cerebral Palsy
- 4- To correlate theoretical knowledge with real time practice with the special students.

Day 01-Delhi:

All the students and accompanying faculty members assembled at the premises of Ashtavakra Institute of Rehabilitation Sciences and Research and boarded the bus at 5 PM on 13th November 2019 and started journey to CRC Sundernagar Himanchal Pradesh.

Day 02 CRC Sunder Nagar:

The Group arrived at hotel in Sunder Nagar Himanchal Pradesh at 07:00 AM on 14th November 2019. After check-in, the students had breakfast and proceeded for an Educational Visit to CRC. The Lunch was organized by CRC institute. Thereafter the students proceeded to Camp. At night the students relished the dinner followed by DJ Night in which they tapped their feet on the melodious music and enjoyed. DJ night was followed by Bonfire and Rajasthani Dance. The students enjoyed the folk dance with the artists and had nice time.

All the students got good exposure to all the services available at the Centre. The details are mentioned below:



Composite Regional Centre (CRC), Sundernagar is a name synonymous with dedicated services that enable persons whose lives are afflicted by disabilities. CRC believes that a person may be physically disabled, but there is nothing to impair the spirit for life, to live well and to live with dignity. It is with this belief and commitment to better the lives of the differently-abled that the CRC was incepted in 2001. Today, it continues to stand committed as the singular, steadfast force that the fraternity across the country can count on... Welcome to an organization that does not think the differently-abled are different, but just one among us. Welcome to CRC, Sundernagar, Himachal Pradesh.

Clinical Services:

As part of its clinical services, CRC conducts Composite Rehabilitation Camps in several parts of Himachal Pradesh. The scope of its outreach activities includes providing assistive devices, aids and appliances under the ADIP scheme at the Centre and in camps. CRC also has a dedicated prosthetic and orthotic workshop wherein artificial limbs/aids and splints are manufactured and fitted to the patients.

Services at the Centre:

Services that pertain to the special education and rehabilitation for persons with disabilities are categorized as under:

a) Early detection and Intervention:

- Case finding
- Diagnostic assessment and evaluation
- Consultation to parents and referral
- Infant stimulation
- Home management programme for care and management of the disabled child

b) Rehabilitation:

- Treatment of epilepsy and hyper-kinetic behaviour.
- Treatment for associated medical conditions
- Genetic counseling
- Mobility training Referral for surgery wherever applicable. Audio logical assessment and prescription of hearing aids.
- Low vision aids and appliances
- Therapeutic services of physiotherapy and occupational therapy

c) Mobility Aids and Assistive Devices:

- Fabrication of aids and appliances
- Fitment of aids and appliances
- Follow up services, repair of fitted aids
- Development of functional aids and appliances

d) Special Education Services:

- Individualized educational assessment and programming.
- Centre-based and home-based special education and training
- Referral for integrated education programmes
- Referral to special school
- Act as resource center's for integrated/special education
- Training of teachers
- Teaching materials and educational aids

e) Psycho-social Rehabilitation:

- Individual assessment, guidance and counseling
- Crisis intervention
- Counseling to individual and family
- Parent group training programmer

f) Vocational training and employment:

- Recreational activities and promotion of social clubs

- Organization of sports, art, drama, music, cultural and extra-curricular activities
- Championing for the rights of persons with disabilities
- Creation of awareness and public education



Group Photo of the students at CRC



Orthotics and Prosthetics Dept.

Students Interacting with HOD of Speech Dept.

All the students learned about the orthotics- prosthetics and speech therapy and saw the different types of advanced instrument of orthotic prosthetics and speech.

Physiotherapy Unit



Students viewing new Application Devices

Overnight stay at Picnic-SpotCamp.

Day 03- On the third day students woke up early morning. They had their breakfast and got ready for adventurous activities like Cable car, Water roller, Rope leader, Bonfire, Zip-Line etc . Then the students went to Gulaba Snow Point and enjoyed the snow. Thereafter the students had lunch . The students then got ready for Hadimba temple . They then went to Mall Road for shopping.



Glimpses of GULABA Hills.

Day 04- Students woke up and had freshly prepared breakfast and checked out from resort to commence their journey to visit Manikaran Gurudwara. The students enjoyed Hot Water Springs, Bhrama River The students then visited Kasol Market. After Sight Seeing of Manikaran and Kasol, the students proceeded back for Delhi.

Manikaran Gurudwara:



Learning Outcome:

1. This Visit provided hands on practical exposure to students of Educational and physical management.
2. Students learnt the special educational set-up and management of students for CWSN.
3. They saw actual instrument for Physiotherapy, Occupational therapy and speech therapy
4. Students gained an experience about the Class set-up and CWSN teaching technics.
5. Students learnt to help the students gain first-hand information about different types of children with special Need students and barrier free environment.
6. Students correlated theoretical knowledge with real time practice with the special students.
7. Students learnt different types of activity and instrument for Physiotherapy, occupational therapy and speech therapy for children with special needs.

All the Students got a clear view about the CRC and its function and facilities in the field of special education of Cerebral Palsy.



Activities at Centre with special Children