



# ASHTAVAKRA INSTITUTE OF REHABILITATION SCIENCES AND RESEARCH

Approved by Rehabilitation Council of India

Institutional Area, Sector-14, Madhuban Chowk, Rohini, New Delhi-110085 Phone:-27550012

## EDUCATIONAL VISIT TO REHABILITATION CENTRE AT ISIC, DELHI

**DATE:** 11TH December, 2019  
**NAME OF SCHOOL:** Ashtavakra Institute of Rehabilitation Sciences and Research  
**FACULTY CO-ORDINATOR:** Mrs. Shilpa Jharia  
**NO OF STUDENTS:** 40  
**INSTITUTE NAME:** Indian Spinal Injuries Centre.

### LEARNING OBJECTIVES

- To enhance the knowledge of students through effective learning.
- To help the students to enhance perspective regarding the educational visit.
- To coordinate the class room exposure on the practical grounds.
- To enhance the exposure for aspiring teachers while promoting the new learning environment.

### VISIT REPORT

Students of D.Ed.SE(HI) of Batch: 2019-21 of Unit-A & Unit-B along with students of B.Ed.SE(HI) of Batch: 2019-21 of Unit-A had a one day visit to Rehabilitation Centre situated at Indian Spinal Injuries Centre, Delhi, where all had exposure of the various departments rehabilitation centre at ISIC like- Sprawled over 15 acres of land with a covered building area of 20,000 square meters, ISCI Provides a world class medical management, comprehensive rehabilitation, research and training etc. They observed following services being provided by rehabilitation centre at ISIC, Delhi:

1. **SPINE SERVICES:** These services through the dedicated team, provided the exclusive care for patients with spinal injuries.
2. **ORTHOPADICS:** In this section all the students finds the specialized orthopaedics helping the people with ailments related to bones, joints and bones.
3. **NEUROSCIENCES:** Here at spinal injuries centre, facilities featuring neurosurgical procedures ranging from head injuries management to functional neurosurgery.
4. **REHABILITATION:** In ISIC, Rehabilitation has two meanings while an important objective is to help the patients in improving his/her physical conditions and promote recovery through adequate treatment.

### LEARNING OUTCOMES

- All trainee teachers enhanced their knowledge through effective learning at rehabilitation centre of ISIC, Delhi.
- All the students improved their perspective regarding the educational visit.
- All trainee teachers inculcated skills required for physical rehabilitation of persons with disabilities.
- All trainee teachers enhanced their knowledge with regard to prosthetics and orthotics and physical rehabilitation of persons with disabilities.



Trainee teachers observing physiotherapy being given to persons with disabilities through various types of activities and machines.

Trainee teachers receiving input from expert of Rehabilitation Centre at ISIC, Delhi



Group photograph of the students of D.Ed.SE(HI) of Batch 2019-21