

# **ASHTAVAKRA INSTITUTE OF REHABILITATION SCIENCE AND RESEARCH**

## **(Fitness Club Meeting)**

**EVENT:** Fitness Club (Meeting)

**CONVENER:** Harish Kumar

**PARTICIPATION:** Staff & Student Representatives of Fitness Club

**DATE:** 23<sup>rd</sup> September 2020

**VENUE:** Zoom Meeting

**TIMINGS:** 12:30 PM to 01:30 PM

### **Purpose of the Meeting:**

1. To decide the process of organizing chess and carrom games through online mode
  - To win over mental stress during this covid time
  - To promote the field of digital games and stimulation in every student
  - To promote everyone interest over games
  - To aware and give knowledge about the games and their rules
  - To have an open discussion about the event to be organized on 25<sup>th</sup> September 2020

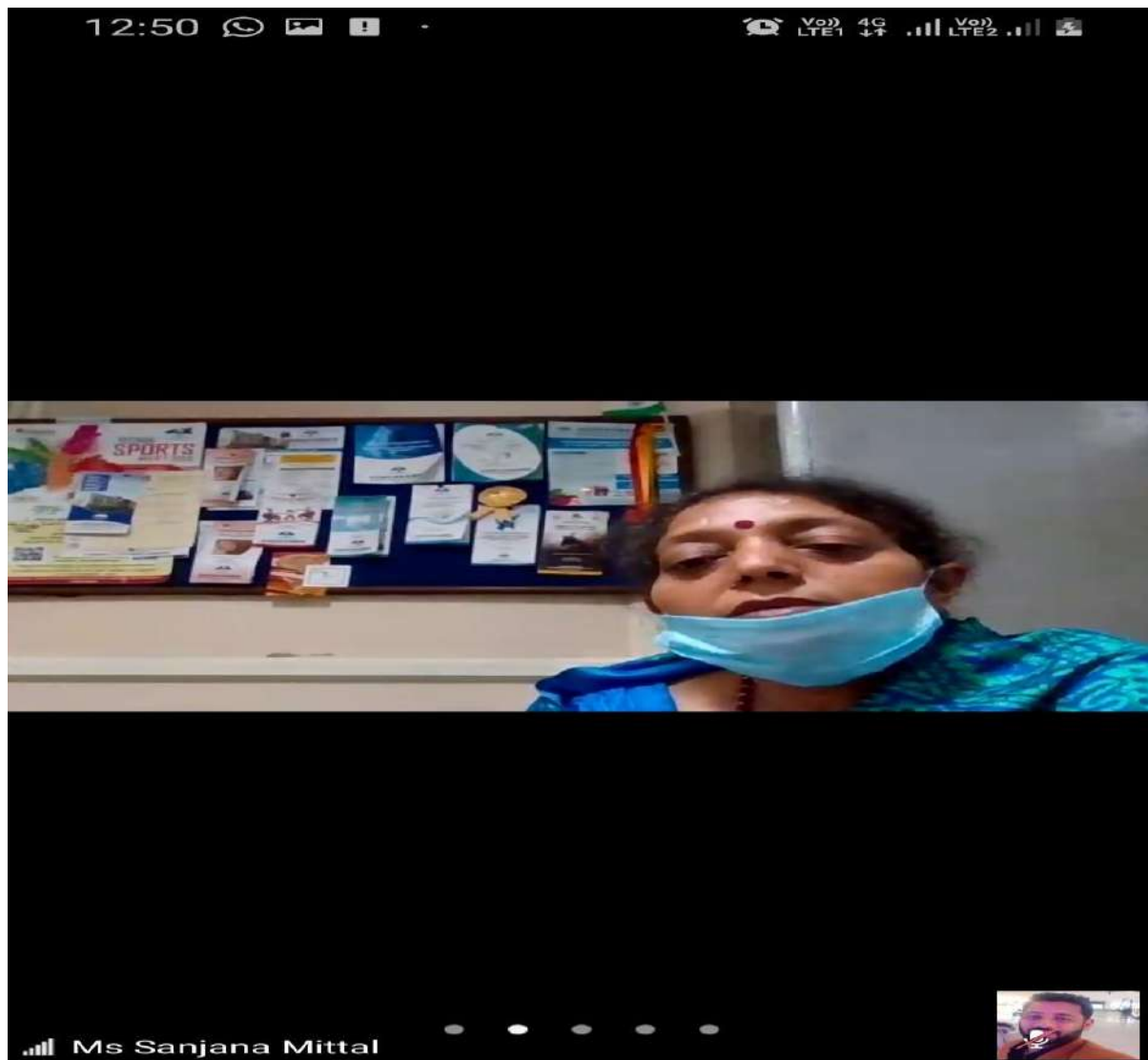
### **Report of Fitness Club Meeting:**

The program started with the welcome address presented by Mrs. Sanjana Mittal Madam ; Deputy Director and Student Welfare head of AIRSR. She very systematically explained the motto of organizing Fitness Club Meeting . She encouraged the students to make best utilization of the time during this pandemic hour. Mr Harish Kumar; Incharge of Fitness club initiated the meeting and encouraged the students and staff to come up with their ideas regarding organizing online sports activites. Teachers from all the department expressed their views regarding the same. Students very excitedly came forward with new apps for organizing online games. The Meeting was finally concluded by Mr Harish kumar.

### **Learning Outcome:**

- 1. To get new ideas of organizing online games.

- 2. Learnt about different apps related to carrom and Chess.
- 3. The students interest for online games was inculcated through meeting
- 4. Students were able to learn rules and regulations of the games like carrom and Chess
- 5. Students got a platform to express their views openly through this scheduled meeting.



13:11

VoLTE 4G VoLTE

Close

## Participants (13)

Search



Harish Kumar (HOD)... (me)



MS

Ms Sanjana Mittal (Host)



Dhirender Pal



ramtirath prajapati



AG

Anjela Gupta (ASD)



ARYAN LAMBA



HP

Himani panchal



Madhu Bala



MR

Mayank Ruhella



MK

Muskan khatri AIRSR



Invite