



Ashtavakra Institute of Rehabilitation Sciences & Research Formerly Special Art School

App. by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India
Affiliated to GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

Ref. No.: AIRSR2020-21/3071

Date: 25/03/2021

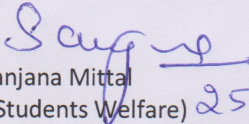
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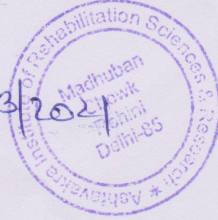
All the teachers and students of B.Ed. Spl.Ed. (ASD/HI/ID) of are hereby informed to attend the virtual Green Holi Celebration. The highlight of the event will include poster, poetry, song competition.

The details of the event are mentioned below.

1. Date: 27/03/2021
2. Day: Saturday
3. Timings: 11:00 am to 12:30pm
4. Venue: Zoom App
5. Topic: **Green Holi Clean Holi**

It is mandatory for all the students & staff to attend online celebrations.


Mrs. Sanjana Mittal
(Head Students Welfare) 25/3/2021



Copy to:

1. Director
2. Dean Academic
3. HOD – ASD/HI/ID
4. Students welfare



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PSP, Institutional Area, Madhuban Chowk, Rohini Delhi-85, Ph : 011-27550012/13
Fax : 011-27550018 • Email : info rehab@tecnia.in Website : www.rehab.tecnia.in

Ref. No. AIRSR/2020-21/3071

Dated 27/03/2021

GREEN HOLI CELEBRATIONS

S.N	STUDENT NAME	ADMISSION NO.	Course
1	UNNATI	BED/SER/MR/19-21/158	B-ED SE (ID)
2	BHARAT BHUSHAN	BED/SER/MR/19-21/159	B-ED SE (ID)
3	SAGAR VASHIST	BED/SER/MR/19-21/160	B-ED SE (ID)
4	RAHUL RAY KANT	BED/SER/MR/19-21/161	B-ED SE (ID)
5	NEHA GOSWAMI	BED/SER/MR/19-21/162	B-ED SE (ID)
6	PRIYANKA	BED/SER/MR/19-21/163	B-ED SE (ID)
7	AKSHAY CHHIKARA	BED/SER/MR/19-21/164	B-ED SE (ID)
8	RAVI KUMAR	BED/SER/MR/19-21/165	B-ED SE (ID)
9	PARAS YADAV	BED/SER/MR/19-21/166	B-ED SE (ID)
10	JASNEET KAUR	BED/SER/MR/19-21/167	B-ED SE (ID)
11	RADHA KUMARI CHAUHAN	BED/SER/MR/19-21/168	B-ED SE (ID)
12	PRIYA GUPTA	BED/SER/MR/19-21/169	B-ED SE (ID)
13	HEENA	BED/SER/MR/19-21/170	B-ED SE (ID)
14	CHIRAG	BED/SER/MR/19-21/171	B-ED SE (ID)
15	POONAM GAHLOT	BED/SER/MR/19-21/172	B-ED SE (ID)
16	SONIA	BED/SER/MR/19-21/173	B-ED SE (ID)
17	PUSHPA	BED/SER/MR/19-21/174	B-ED SE (ID)
18	SHALOO	BED/SER/MR/19-21/175	B-ED SE (ID)
19	VAISHALI GUPTA	BED/SER/MR/19-21/176	B-ED SE (ID)
20	RITU PRAJAPATI	BED/SER/MR/19-21/177	B-ED SE (ID)
21	ROMA VERMA	BED/SER/MR/19-21/178	B-ED SE (ID)
22	PRACHI GARG	BED/SER/MR/19-21/179	B-ED SE (ID)
23	PRINCE DABAS	BED/SER/MR/19-21/180	B-ED SE (ID)
24	DEEKSHA	BED/SER/MR/19-21/181	B-ED SE (ID)

25	JYOTI SINGH	BED/SER/MR/19-21/182	B-ED SE (ID)
26	POONAM	BED/SER/HI/2019-21/138	B-ED SE (HI)
27	PRATIBHA RAWAT	BED/SER/HI/2019-21/139	B-ED SE (HI)
28	LEENA SOLANKI	BED/SER/HI/2019-21/140	B-ED SE (HI)
29	DIVYA CHOUDHARY	BED/SER/HI/2019-21/141	B-ED SE (HI)
30	NEHA RANI	BED/SER/HI/2019-21/142	B-ED SE (HI)
31	VARSHA	BED/SER/HI/2019-21/143	B-ED SE (HI)
32	HARISH KUMAR	BED/SER/HI/2019-21/144	B-ED SE (HI)
33	GAURAV ARYA	BED/SER/HI/2019-21/145	B-ED SE (HI)
34	ARTI PAL	BED/SER/HI/2019-21/146	B-ED SE (HI)
35	RAKSHANDA THAKUR	BED/SER/HI/2019-21/147	B-ED SE (HI)
36	TRIPTI	BED/SER/HI/2019-21/148	B-ED SE (HI)
37	EKTA KEDIA	BED/SER/HI/2019-21/149	B-ED SE (HI)
38	SAIMA PARVEEN	BED/SER/HI/2019-21/150	B-ED SE (HI)
39	VAISHALI SHARMA	BED/SER/HI/2019-21/151	B-ED SE (HI)
40	SEEMA	BED/SER/ASD/19-21/068	B-ED SE (ASD)
41	SANGEETA	BED/SER/ASD/19-21/069	B-ED SE (ASD)
42	EKTA CHAUDHARY	BED/SER/ASD/19-21/070	B-ED SE (ASD)
43	RENU RANI	BED/SER/ASD/19-21/071	B-ED SE (ASD)
44	BHAVYA	BED/SER/ASD/19-21/072	B-ED SE (ASD)
45	OMSHIKHA	BED/SER/ASD/19-21/073	B-ED SE (ASD)
46	KOMAL	BED/SER/ASD/19-21/074	B-ED SE (ASD)
47	SHEETAL	BED/SER/ASD/19-21/075	B-ED SE (ASD)
48	SUDHA	BED/SER/ASD/19-21/076	B-ED SE (ASD)
49	RAHUL SHOKEEN	BED/SER/ASD/19-21/077	B-ED SE (ASD)
50	PRIYANKA SHOKEEN	BED/SER/ASD/19-21/078	B-ED SE (ASD)
51	NIDHI AHLAWAT	BED/SER/ASD/19-21/079	B-ED SE (ASD)
52	AYUSHI KANDARI	BED/SER/ASD/19-21/080	B-ED SE (ASD)
53	KRITIKA THUKRAL	BED/SER/ASD/19-21/081	B-ED SE (ASD)
54	KSHITIJ KUMAR	BED/SER/ASD/19-21/082	B-ED SE (ASD)

55	KANCHAN SHARMA	BED/SER/ASD/19-21/083	B-ED SE (ASD)
56	VIDHI JAIN	BED/SER/ASD/19-21/084	B-ED SE (ASD)
57	RESHMA	BED/SER/ASD/19-21/085	B-ED SE (ASD)
58	SARIKA	BED/SER/ASD/19-21/086	B-ED SE (ASD)
59	ANKITA DALAL	BED/SER/ASD/19-21/087	B-ED SE (ASD)
60	JAGRITI	BED/SER/ASD/19-21/088	B-ED SE (ASD)
61	ADITYA GUPTA	BED/SER/ASD/19-21/089	B-ED SE (ASD)
62	BHARTI TYAGI	B.ED/SER/MR/18-20/129	B-ED SE (MR)
63	MONI YADAV	B.ED/SER/MR/18-20/130	B-ED SE (MR)
64	NEHA RATHORE	B.ED/SER/MR/18-20/131	B-ED SE (MR)
65	RAJNI	B.ED/SER/MR/18-20/132	B-ED SE (MR)
66	CHANCHAL PAL	B.ED/SER/MR/18-20/134	B-ED SE (MR)
67	SIMMI	B.ED/SER/MR/18-20/135	B-ED SE (MR)
68	NISHA	B.ED/SER/MR/18-20/136	B-ED SE (MR)
69	VISHAL	B.ED/SER/MR/18-20/137	B-ED SE (MR)
70	SONAKSHI SUNEJA	B.ED/SER/MR/18-20/138	B-ED SE (MR)
71	JASMEET KAUR	B.ED/SER/MR/18-20/139	B-ED SE (MR)
72	CHHAVI JAIN	B.ED/SER/MR/18-20/140	B-ED SE (MR)
73	CHETNA	B.ED/SER/MR/18-20/141	B-ED SE (MR)
74	MANISHA	B.ED/SER/MR/18-20/142	B-ED SE (MR)
75	BHARTI YADAV	B.ED/SER/MR/18-20/143	B-ED SE (MR)
76	RAHUL	B.ED/SER/MR/18-20/144	B-ED SE (MR)
77	ANITA KUMARI	B.ED/SER/MR/18-20/145	B-ED SE (MR)
78	YOGITA SUNEJA	B.ED/SER/MR/18-20/146	B-ED SE (MR)
79	SANGEETA	B.ED/SER/MR/18-20/147	B-ED SE (MR)
80	SONIA	B.ED/SER/MR/18-20/148	B-ED SE (MR)
81	LAKSHITA SHARMA	B.ED/SER/MR/18-20/149	B-ED SE (MR)
82	NAHID PARVEEN	B.ED/SER/MR/18-20/150	B-ED SE (MR)
83	SAPNA PANCHAL	B.ED/SER/MR/18-20/151	B-ED SE (MR)
84	KIRTI	B.ED/SER/MR/18-20/154	B-ED SE (MR)

85	ANJANA	B.ED/SER/MR/18-20/155	B-ED SE (MR)
86	KIRAN	B.ED/SER/MR/18-20/156	B-ED SE (MR)
87	PAWAN KUMAR	B.ED/SER/MR/18-20/157	B-ED SE (MR)
88	NEHA PATHANIA	B.ED/SER/HI/18-20/108	B-ED SE (HI)
89	PRIYANKA TYAGI	B.ED/SER/HI/18-20/109	B-ED SE (HI)
90	PRIYANKA KADYAN	B.ED/SER/HI/18-20/110	B-ED SE (HI)
91	ANUPAM	B.ED/SER/HI/18-20/111	B-ED SE (HI)
92	NEYELA AHMAD	B.ED/SER/HI/18-20/112	B-ED SE (HI)
93	RITIKA RIKHI	B.ED/SER/HI/18-20/113	B-ED SE (HI)
94	SHIKHA RAWAT	B.ED/SER/HI/18-20/114	B-ED SE (HI)
95	BHAWANA	B.ED/SER/HI/18-20/115	B-ED SE (HI)
96	PRATIBHA RATTAN	B.ED/SER/HI/18-20/116	B-ED SE (HI)
97	PINKEY KHANDELWAL	B.ED/SER/HI/18-20/117	B-ED SE (HI)
98	NIKITA	B.ED/SER/HI/18-20/119	B-ED SE (HI)
99	RASHMI	B.ED/SER/HI/18-20/120	B-ED SE (HI)
100	KUMUD	B.ED/SER/HI/18-20/121	B-ED SE (HI)

Ashwakra Institute of Rehabilitation Sciences
 Madhuban
 Chhatisgarh
 India
 1985
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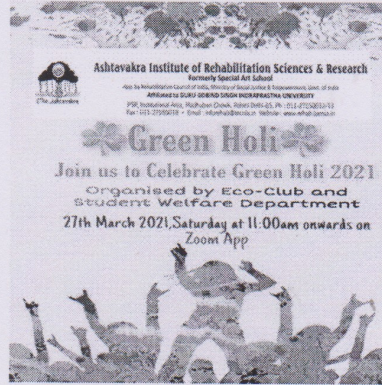


ASHTAVAKRA INSTITUTE OF REHABILITATION SCIENCES AND RESEARCH

Approved by Rehabilitation Council of India

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E-mail: directorrehab@tecnica.in



Green Holi (27th March 2021)

Event: Green Holi

Date: 27th March 2021

Time: 11:00 A.M.-12:30 P.M.

Venue: Their Respective Homes

Convenor/In-charge: Ms. Gangotri (Faculty CP, Department)

No. of Students: 100

Purpose of the Event: The Holi festival has a cultural significance among various Hindu traditions of the Indian subcontinent. It is the festive day to end and rid oneself of past errors, to end conflicts by meeting others, a day to forget and forgive. People pay or forgive debts, as well as deal anew with those in their lives.

Objective of the Event:

- Follow zero waste rules.
- Focus on traditional aspects.

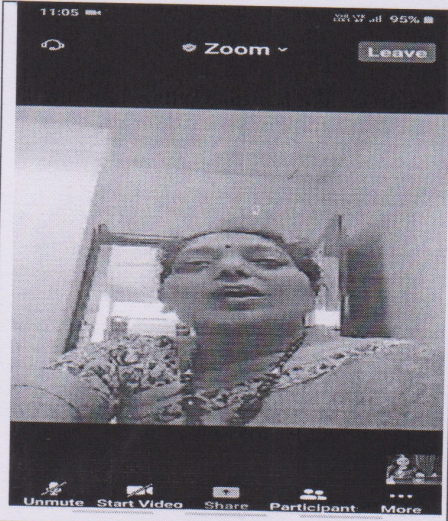
Report of the Event

Green Holi was celebrated on 27th March 2021, Saturday by Astavakra Institute of Rehabilitation Sciences and Research with great enthusiasm like every year. Students and staff members from all departments participated in this activity with full enthusiasm highlighting the theme Green Holi, Clean Holi for this year.

Mrs. Sanjana Mittal, Deputy Director, addressed the students. She praised the efforts of the students and staff for organizing virtual event. She expressed her views that Holi is the day to express love with colors of respect, compassion, care and belongingness and also to forget all differences and celebrate being humans. She also implored them to play safe Holi by avoiding artificial colors especially during COVID-19. Ms Saraswati Sharma; Dean Academics explained the real significance of all colors and expressed her concern to play safe Holi with all family members in the family.

Thereafter the students of all the departments gave marvelous presentation through poetry, song, posters and songs. Overall program was very informative and the event was a great success in this hour of COVID-19 pandemic with the help of Zoom App.

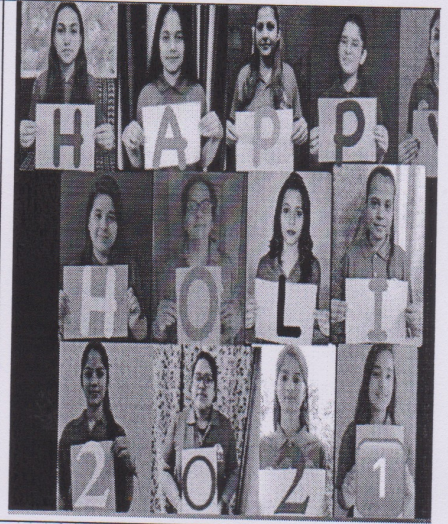
Glimpses of the Event



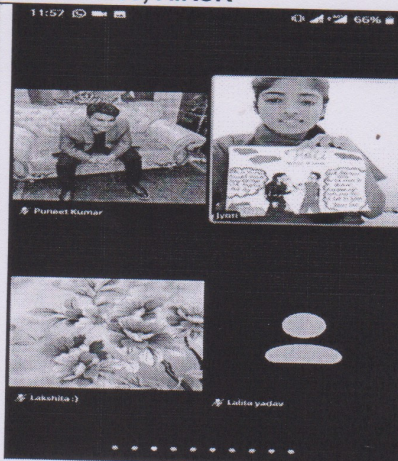
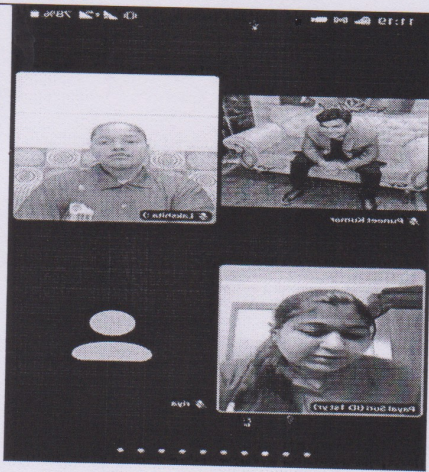
Mrs. Sanjana Mittal, Deputy Director, AIRSR

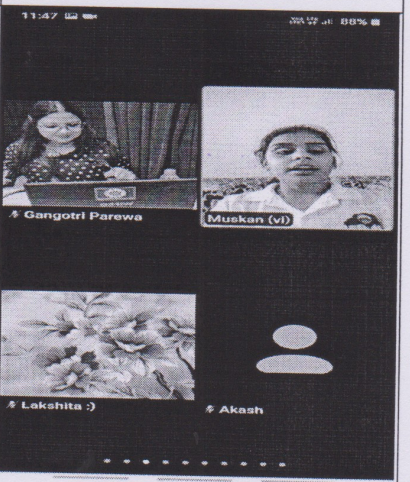
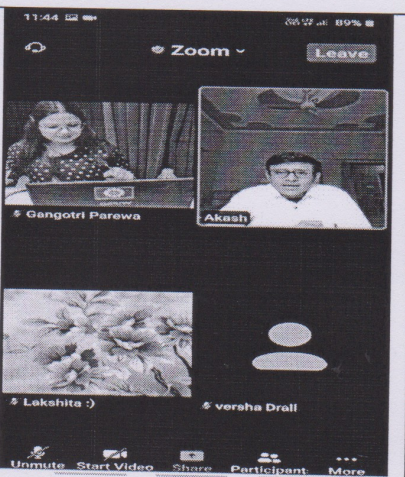
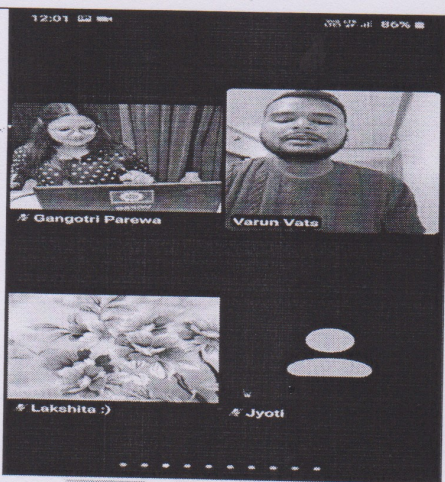
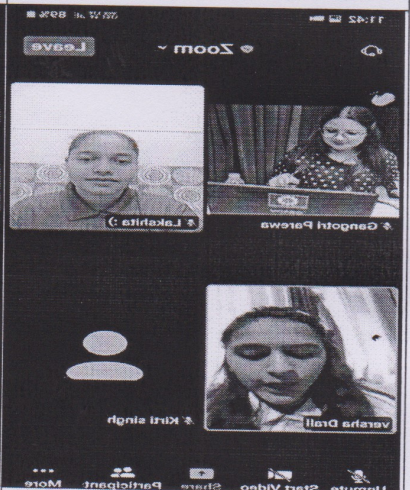
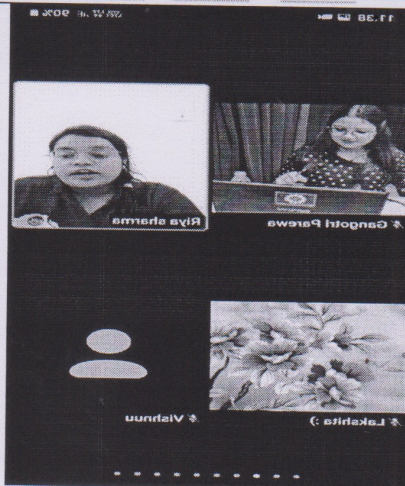
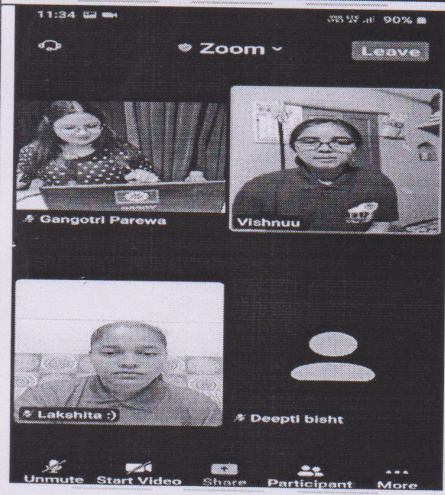
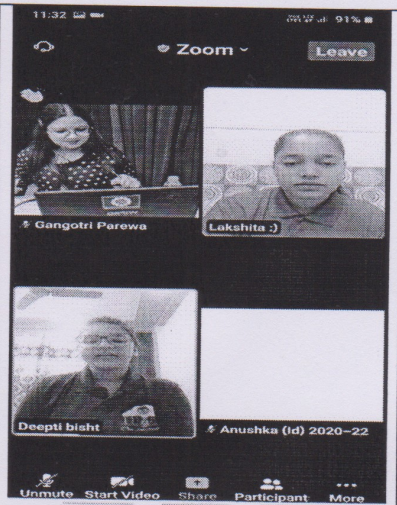
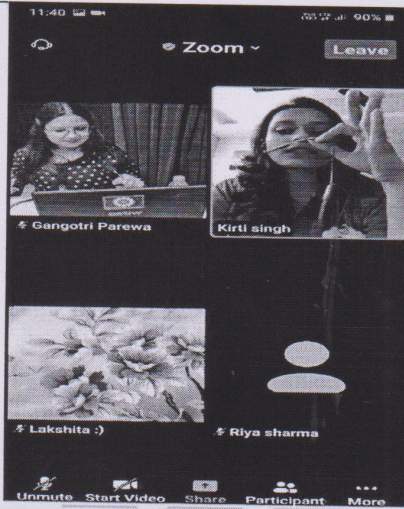
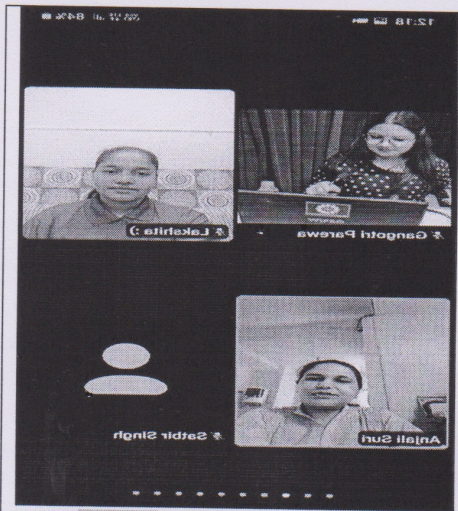


Mrs. Saraswati Sharma, Dean Academics, AIRSR



Students of 2019-21 Batch.







Learning Outcome

- Accept different colors of life.
- Burn negative thinking.
- Learn Forgive and Forget.
- One of the most powerful lessons which the festival of colors delivers is self-care.

