



# Ashtavakra Institute of Rehabilitation Sciences & Research Formerly Special Art School

App. by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India  
Affiliated to GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

PSP, Institutional Area, Madhuban Chowk, Rohini Delhi-85, Ph : 011-27550012/13  
Fax : 011-27550018 • Email : inforehab@tecnia.in Website : www.rehab.tecnia.in

Ref. No. ....

Dated.....

**Date: 10.03.2022**

## CIRCULAR

All the students of D.ED.SE (CP/MD) are hereby informed that an 'Educational Visit' to National Association for Blind, Himachal Pradesh is being organized from 1<sup>st</sup> April to 5<sup>th</sup> April 2022. Interested participants are requested to give their name to their respective class In-charge latest by 21<sup>st</sup> March 2022. The itinerary and other details will be shared by your class In-charge

Priya Parwar  
Educational Visit In- charge

Sanjana Mittal  
Deputy Director

- Copy to:**
1. Dean Academics
  2. HOD – Department (CP/MD)
  3. Student Welfare Dept.
  4. Website for Updation



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## Report on Educational tour to National Association for Blind, Himachal Pradesh Nh-21;opposite State Bank of Patiala, NH 21, Sarvari, Kullu, Himachal Pradesh 175101, India



### Department of Cerebral Palsy and Multiple Disabilities, New Delhi

|                   |   |
|-------------------|---|
| Event             | : Educational Tour  |
| Date & Day        | : 1 <sup>st</sup> April to 5 <sup>th</sup> April (Friday – Tuesday)   |
| Venue             | : National Association for Blind, Himachal Pradesh                    |
| Organization      | : Government of India approved and recognized Institution             |
| Resource Person   | : Shalini Vats “Project Co-ordinator”                                 |
| Program           | : D.Ed.SE (CP) and D.Ed.SE (MD)                                       |
| Faculty In-charge | : Miss Gangotri (HOD), CP Dept. and Miss Priya Panwar (HOD), MD Dept. |
| No. of Students   | : 48 students   |



## Objectives of the Training Programme

- To have a basic knowledge of the key areas of child development, educational theory and the computer knowledge with updated software for blind and low vision students.
- To develop competency in a range of teaching skills to suit the needs of the children being taught.
- To correlate theoretical knowledge with real time practice with the special students.

## REPORT

All the students and accompanying faculty members assembled at the premises of Ashtavakra Institute of Rehabilitation Sciences and Research and boarded the bus at 5pm PM on 1<sup>st</sup> April, 2022 and started journey to National Association for Blind, Himachal Pradesh. The bus stopped for the dinner at 9pm for 1 hour. Then again the journey continues to reach the final destination. In the morning the bus stopped at Hill Star Restaurant, Mandi. All students got fresh up and had their breakfast their only. After that we proceed for NAB visit. We reached the center at 11:15 AM. All the students assembled in an open area where the head of the institute welcomed the students and the staff of AIRSR. The resource person Mrs. Shalini Vats gave brief introduction about the services provided by institution and discussed the services available in the institute:

- Computer education for school children
- Braille and large print unit
- Therapy center
- Teaching Learning Materials For Children With Special Needs
- Vocational training

The organization lays special emphasis on education and skill development. NAB aims to send each and every visually impaired child into mainstream school. It highly advocates the concept of integrated education for social fulfillment. Organization works to achieve education for all disabled children, we are in collaboration with National Institute of Open Schooling (NIOS) to provide opportunity for those students who come late to the education system or have difficulty in continuing regular school. The students of Ashtavakra visited all the areas of the Institute and gained the practical exposure of dealing children with special needs.



Interaction with the resource person



### Learning outcomes of educational tour:

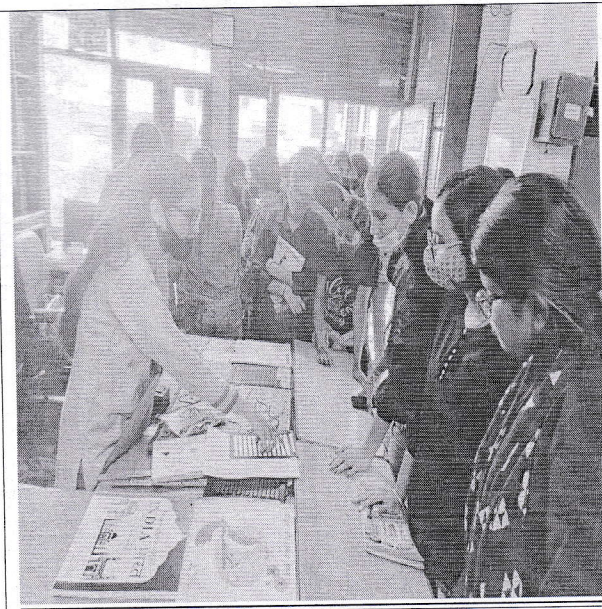
- The students learnt the idea about the Universal Design Model & Universal Design For Learning.
- The students learnt about the Inclusive setup.
- The students learnt about the various strategies to handle blind and low vision children in classroom.
- The students learnt about how to improve and build up the skills of the differently abled students.

After that student proceeds for the hotel 'The Grand Krisa' had their lunch and then went for sightseeing. Next day everyone proceeds for Sissu Valley had had great fun there. After Sissu Valley we went to Solang Valley and had lunch there. In the evening we return back to our camp side and had a DJ night there. Next day after having breakfast we went for trekking and enjoyed a lot. After returning back from the trekking we had our lunch and then packed our bags and return back to delhi

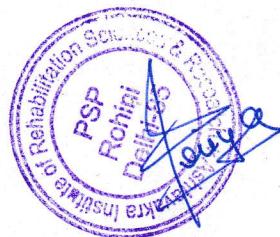
### Glimpses of the NAB Education Tour

#### Day:1

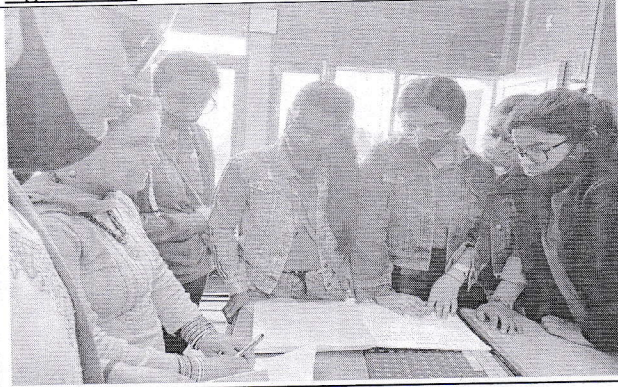
Demonstration of how blind person write on the note book in sequence



Group photograph with NAB staff members and students



Demonstration how blind person do signatures

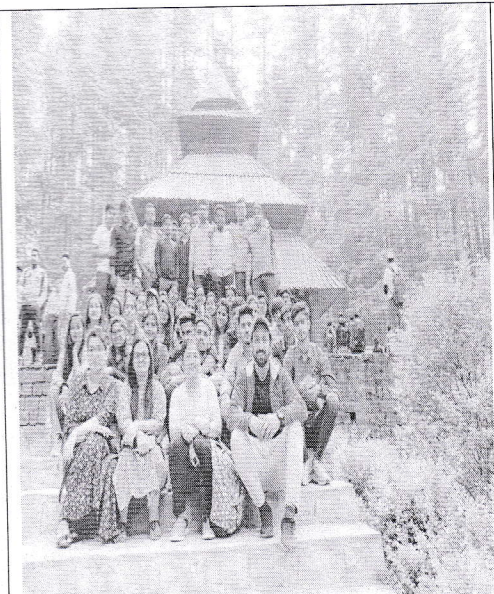


Demonstration how blind person plays snake and ladder game



### Glimpses of the Manali

Day 1:-



Hidimba Temple



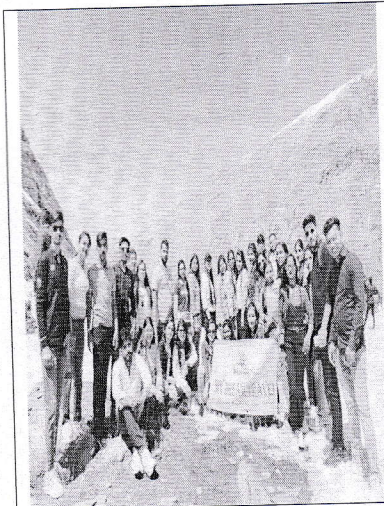
Vashishth Temple



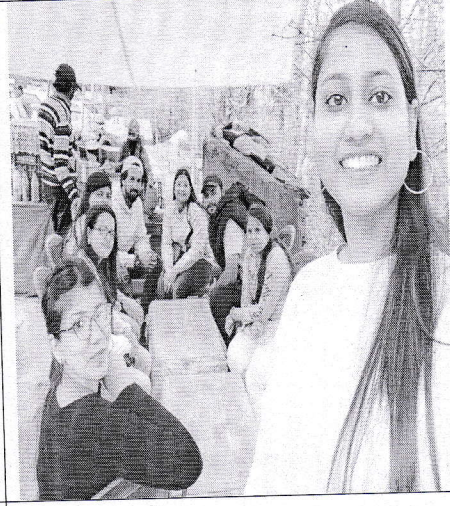
Mall Road Manali



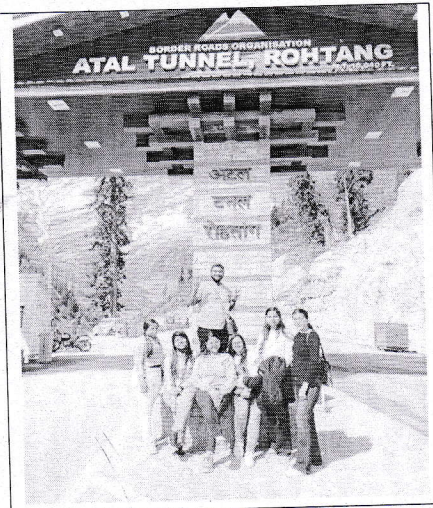
Day 2:-



Sissu valley



Solang valley



Atal tunnel

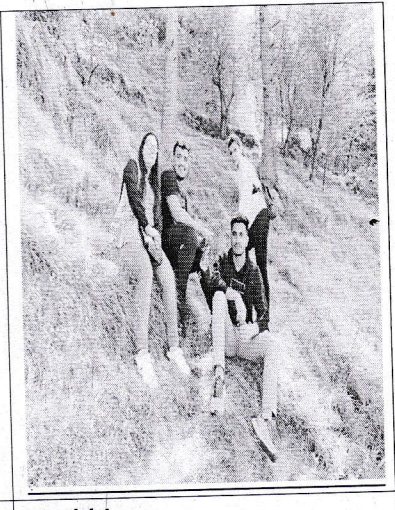
Day: - 3



Waterfall



Trekking



Trekking

### Overall Outcome of the Tour

- The students were able to identify their own strengths.
- The students developed leadership qualities.
- The students participated in different activities and understood how to handle situations and how to cooperate with others.
- The students pushed themselves out from their comfort zones.
- The students accepted the challenges and developed new skills in the process





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## LIST OF BENEFICIARIES

| S.No. | Enrollment No.     | Name of the Participants |
|-------|--------------------|--------------------------|
| 1     | URMI AGRAWAL       | 00352312520              |
| 2     | DEEPIKA            | 01252312520              |
| 3     | RUHI               | 01952312520              |
| 4     | BHAWNA             | 01152312520              |
| 5     | ANKUR BHARDWAJ     | 00652312520              |
| 6     | AASHIMA AGARWAL    | 00852312520              |
| 7     | HIMANSHI DHINGRA   | 01852312520              |
| 8     | ANKIT CHHIKARA     | 00152312520              |
| 9     | NIKITA ARORA       | 00952312520              |
| 10    | TANNU MALIK        | 01452312520              |
| 11    | PARUL JINDAL       | 00552312520              |
| 12    | UMA KUMARI         | 01352312520              |
| 13    | SAKSHI             | 00452312520              |
| 14    | MANASVI            | 00252312520              |
| 15    | MUSKAN RANA        | 01752312520              |
| 16    | MANISHA            | 02352312520              |
| 17    | HIMANI BENIWAL     | 01552312520              |
| 18    | MINKU              | 02252312520              |
| 19    | AASHIMA NANDA      | 01052312520              |
| 20    | INDU NIGAM         | 02052312520              |
| 21    | SHIVANI            | 35252312520              |
| 22    | VANDANA SHARMA     | 35152312520              |
| 23    | SANCHITA KHANNA    | 01652312520              |
| 24    | SHRISHTI SINGHAL   | 00352312420              |
| 25    | VANSHIKA           | 01052312420              |
| 26    | MANISHA TIWARI     | 00452312420              |
| 27    | MONIKA SHARMA      | 01252312420              |
| 28    | JYOTI NAHARIA      | 00652312420              |
| 29    | SONALI SWAROOP     | 00152312420              |
| 30    | HIMANI SHARMA      | 00752312420              |
| 31    | ABHISHEK RAGHAV    | 01152312420              |
| 32    | SAKSHI JOSHI       | 00552312420              |
| 33    | NAMAN KUMAR        | 00252312420              |
| 34    | MANMEET KAUR SETHI | 01352312420              |
| 35    | SAFEZ MALIK        | 00852312420              |
| 36    | SANJAY             | 01552312420              |
| 37    | SUMIT              | 01852312420              |
| 38    | AAKANSHA SINGH     | 02152312420              |
| 39    | MUSKAN WADHWA      | 02252312420              |





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| 40    | KIRAN KUMARI        | 01652312420              |
| 41    | SALONI              | 01952312420              |
| 42    | DIVYA GUPTA         | 01752312420              |
| 43    | LAKSHMI HARIKA AKEY | 00952312420              |
| 44    | SANA                | 02052312420              |
| 45    | SHELIKA MADAN       | 01452312420              |
| 46    | NITI MEHRA          | 35252312420              |
| 47    | POOJA KUMARI        | 01052312220              |
| 48    | TANU                | 01452312220              |
| 49    | KHUSHALI            | 01552312220              |
| 50    | PRATIBHA            | 01652312220              |
| 51    | VARSHA MEENA        | 00352312220              |
| 52    | PRIYANKA SHARMA     | 00952312220              |
| 53    | VIBHA GUPTA         | 00552312220              |
| 54    | TEENA KHANNA        | 00152312220              |
| 55    | KOMAL SHARMA        | 00252312220              |
| 56    | PAYAL NAGPAL        | 01752312220              |
| 57    | SAKSHI              | 00852312220              |
| 58    | MEGHA BISHT         | 01252312220              |
| 59    | NIRUKTA TRIPATHI    | 00452312220              |
| 60    | BHAVIKA             | 01152312220              |
| 61    | SHIVANI YADAV       | 00752312220              |
| 62    | BABITA POUDEL       | 01852312220              |
| 63    | SAKSHI YADAV        | 01952312220              |
| 64    | KAJAL RATHEE        | 35152312220              |
| 65    | KAVITA              | 35252312220              |
| 66    | SHELLY JAIN         | 02052312220              |
| 67    | VIKAS KUMAR         | 00352312621              |
| 68    | MOHIT MANN          | 01052312621              |
| 69    | POOJA               | 00152312621              |
| 70    | NITESH              | 01352312621              |
| 71    | MONIKA SHARMA       | 00952312621              |
| 72    | POOJA BHASIN        | 00752312621              |
| 73    | ASMA ANJUM          | 00652312621              |
| 74    | NEHA KUMARI         | 01152312621              |
| 75    | PARUL MAHESHWARI    | 00552312621              |
| 76    | AYUSH SHARMA        | 00252312621              |
| 77    | KESHIKA GUPTA       | 00452312621              |
| 78    | ANJALI KUMARI       | 00852312621              |
| 79    | ALSABA              | 01252312621              |
| 80    | PREETI              | 35152312621              |

