



## **ASHTAVAKRA INSTITUTE OF REHABILITATION SCIENCES AND RESEARCH**

Approved by Rehabilitation Council of India

### **ACTIVITIES UNDER THE ASHTAVAKRA ECO CLUB**

1. Motivate the students to keep their surroundings green and clean by undertaking plantation of trees.  
(Forest Department provides free saplings from its 14 nurseries)
2. Promote ethos of conservation of water by minimizing the use of water.
3. Motivate students to imbibe habits and life style for minimum waste generation, source separation of waste and disposing the waste to the nearest storage point.
4. Educate students to create awareness amongst public and sanitary workers, so as to stop the indiscriminate burning of waste which causes respiratory diseases.
5. Sensitize the students to minimize the use of plastic bags, not to throw them in public places as they choke drains and sewers, cause water logging and provide breeding ground for mosquitoes.
6. Organize tree plantation programmes, awareness programmes such as Quiz, essay, painting competitions, rally, nukkad natak etc. regarding various environmental issues and educate children about re-use of waste material & preparation of products out of waste
7. Organize Nature Trail in Wild Life Sanctuaries/Parks/Forest areas to know about the Biodiversity.

Extracted from ECO CLUB MANUAL (FOR ECO CLUB INCHARGES) issued by State Council of Educational Research and Training; Varun Marg, Defence Colony, New Delhi ; Chapter1: ECO-CLUB, Pg. No. 5.