



ASHTAVAKRA INSTITUTE OF REHABILITATION SCIENCES AND RESEARCH

Approved by Rehabilitation Council of India

OBJECTIVES:

1. Promoting healthy and sustainable policies and planning throughout the Higher Educational Institutions
2. Providing healthy working environments
3. Offering healthy and supportive social environments
4. Establishing and improving primary health care
5. Facilitating personal and social development
6. Ensuring a healthy and sustainable physical environment
7. Encouraging wider academic interest and developments in health promotion
8. Developing links with the community

The key objectives of a Health Promoting HEI are:

Establishing and improving primary health care:

Universities have specific health problems associated with the demographic characteristics of their student, staff and local populations. The health-promoting HEI seeks to identify the specific health needs of its population and to provide a coordinated response by all the primary health care and welfare agencies within and outside the University.

Towards this end, the following initiatives can be undertaken:

Sr. No	Initiative	Action Addressed	Timelines	
4.1	Establishment of Health & Wellness Centre to provide preventive, promotive and curative wellness services - on campus; to ensure availability, accessibility and affordability of services. Maintenance of records of health profile of students and staff	UGC to issue guidelines. HEI to comply	AY 2019- 20	
4.2	Operationalizing a robust mechanism for a managed healthcare system to address the healthcare needs of staff & students. Health Insurance under Ayushman Bharat	UGC to issue guidelines. HEI to comply.	AY 2019- 20	Based on the inputs of National Health Authority