



# ASHTAVAKRA INSTITUTE OF REHABILITATION SCIENCES AND RESEARCH

Approved by Rehabilitation Council of India

## OBJECTIVES:

1. Promoting healthy and sustainable policies and planning throughout the Higher Educational Institutions
2. Providing healthy working environments
3. Offering healthy and supportive social environments
4. Establishing and improving primary health care
5. Facilitating personal and social development
6. Ensuring a healthy and sustainable physical environment
7. Encouraging wider academic interest and developments in health promotion
8. Developing links with the community

The key objectives of a Health Promoting HEI are:

### Facilitating personal and social development:

HEIs provide formal education but are also settings where students develop personally and socially, often when they are making major life changes and adjusting their values and priorities, which may affect all aspects of their lives. The Health Promoting HEI strives to enable students and staff to discover and explore their full potential in a safe environment.

Towards this end, the following initiatives can be undertaken:

Sr. No	Initiative	Action Address e	Timelines	
5.1	Service Learning: It is an experiential learning for students through interaction with diverse and underprivileged people, integration of experiences from community with classroom learning and one's own life and reflection upon community service and participation.	HEI	AY 2019- 20	SIU model w be shared with selecte universities for comment NGOs basec activitiesorp anage, SHGs Institutiona Social Responsibilit

5.2	Develop & implement concept of Academic Social Responsibility (ASR) which involves health promoting initiatives in the community.	HEI		PGIMER, Chandigarh to support in developing concept document
5.3	Undertake initiatives to create awareness regarding issues such as gender equity, differently abled students, self-defense for women, first aid for lay person, blood donation & organ (eye) donation etc	HEI	AY 2019- 20	UGC to suggest subject experts for developing guidance documents
5.4	Conduct customized cultural events for community especially marginalized sections to facilitate community assimilation and foster inclusivity.	HEI		UGC to invite suggestion from institutions; WHO
5.5	Ongoing professional development to ensure effective engagement of professionals in the practice of health promotion in higher education.	UGC		PGIMER, Chandigarh to support in developing document

Extracted from letter no. AICTE/ P&AP/ Misc. / 08, Dated 28.08.2019 issued from the office of Vice Chairman, All India Council for Technical Education.