



ASHTAVAKRA INSTITUTE OF REHABILITATION SCIENCES AND RESEARCH

Approved by Rehabilitation Council of India

OBJECTIVES:

1. Promoting healthy and sustainable policies and planning throughout the Higher Educational Institutions
2. Providing healthy working environments
3. Offering healthy and supportive social environments
4. Establishing and improving primary health care
5. Facilitating personal and social development
6. Ensuring a healthy and sustainable physical environment
7. Encouraging wider academic interest and developments in health promotion
8. Developing links with the community

The key objectives of a Health Promoting HEI are:

Encouraging wider academic interest and developments in health promotion:

Teaching and research are the core activities of HEIs. As a centre of learning, the Health Promoting HEI seeks to exploit its potential for contributing to health gain by developing the curriculum and research across all University/Colleges faculties and departments.

Towards this end, the following initiatives can be undertaken:

Sr. No	Initiative	Action Addressed	Timelines	
7.1	Design Health Promotion courses and cocurriculum that are proactive, responsive and sensitive to the needs and the preferences of a diverse and ever-changing population	UGC + HEI		PGIMER, Chandigarh support in developing document
7.2	Inter Institute Credit Transfer: Designing credit based courses on varied health & wellness initiatives including emotional wellbeing	HEI		UGC to issue directives
7.3	Conduct population based assessment of health status, needs and assets.	HEI		Guidance document: WHO in consultator

				with PHFI
7.4	Undertaking Research: Multidisciplinary & Translational research based on community and student-based research projects on universal health issues.	HEI		Guidance document: WHO in consultation with PHFI

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