



ASHTAVAKRA INSTITUTE OF REHABILITATION SCIENCES AND RESEARCH

Approved by Rehabilitation Council of India

OBJECTIVES:

1. Promoting healthy and sustainable policies and planning throughout the Higher Educational Institutions
2. Providing healthy working environments
3. Offering healthy and supportive social environments
4. Establishing and improving primary health care
5. Facilitating personal and social development
6. Ensuring a healthy and sustainable physical environment
7. Encouraging wider academic interest and developments in health promotion
8. Developing links with the community

The key objectives of a Health Promoting HEI are:

Providing healthy working environments:

HEI are major employers, employing a wide range of levels of professional, administrative and manual staff in a wide variety of disciplines. The health-promoting HEI seeks to create working and learning conditions conducive to health and to adopt good practice in employment and student engagement policy.

Towards this end, the following initiatives can be undertaken:

Sr. No	Initiative	Action Addressee	Timelines	
2.1	Pre Placement Medical Examination of New Staff and Students	HEI Aayog, WHO)	AY 2019-20	(Discussion with NHA and MoHFW to link HEI with nearby health facility)
2.2	Student Development Index implemented for holistic development	HEI		UGC to develop index
2.3	Conduct of Annual Wellness Checkup and incentivizing compliance to attendance. Individually through performance appraisal review committee (PARC) or institutionally (OMPI)	HEI		(Discussion with NHA and Mo HFW to link HEI with nearby health facility)

2.4	Access to all counselling, informative, recreational and wellness facilities and programs	HEI	AY 2019-20	SIU model will be shared with selected universities for comments
2.5	Providing ergonomically friendly and stress free work place – To avoid Sick Building Syndrome (SBS)	HEI		WHO to provide guidance document
2.6	Undertaking all initiatives towards Development of a healthy campus	HEI		SIU to document (Dr Naina's document)

Documentation and record maintenance is important.
Initiatives towards advocacy of healthcare need to be documented.

Extracted from letter no. AICTE/ P&AP/ Misc. / 08, Dated 28.08.2019 issued from the office of Vice-Chairman, All India Council for Technical Education.