



# ASHTAVAKRA INSTITUTE OF REHABILITATION SCIENCES AND RESEARCH

Approved by Rehabilitation Council of India

## OBJECTIVES:

1. Promoting healthy and sustainable policies and planning throughout the Higher Educational Institutions
2. Providing healthy working environments
3. Offering healthy and supportive social environments
4. Establishing and improving primary health care
5. Facilitating personal and social development
6. Ensuring a healthy and sustainable physical environment
7. Encouraging wider academic interest and developments in health promotion
8. Developing links with the community

The key objectives of a Health Promoting HEI are:

### Ensuring a healthy and sustainable physical environment:

HEIs manage large estates of built and landscaped environments. The Health Promoting HEI through its policies on building, landscaping, transport, waste management, purchasing and energy seeks to create and maintain healthy and sustainable physical environments. With a view to reduce the carbon footprint, reduce pollution, conserve resources and promote healthier lifestyle, various Green Campus Initiatives focusing on policy of recycle, reuse and refuse (3 R) can be undertaken.

Sr. No	Initiative	Action Address	Timelines	
6.1	Transport: Use of motorized vehicles by students is to be prohibited. Use of bicycles and battery operated vehicles, common bus services are promoted. Safe road use behavior: safe roads, safe vehicles, safe road users etc.; helping by standers.	HEI		UGC to invite suggestion from experts WHO
6.2	Energy: Energy audit of all buildings, promotion and use of energy efficient electrical fixtures, gadgets. Promoting use of non- conventional energy sources such as solar energy harvesting.	HEI		UGC to invite suggestion from experts WHO
6.3	Construction: Fire proof, earthquake resistant structures and use of ecofriendly locally available	HEI		UGC to invite suggestion

	material.			from experts; WHO
6.4	Water management: Rain water harvesting for recharging the water table, water storage dams & installation of RO Plant. Regular drinking water disinfection and testing to ensure safe drinking water supply.	HEI		WHO to provide guideline document
6.5	Waste Management: Establishment of Sewage Treatment Plant & biomedical waste disposal systems	HEI		WHO to provide guideline document
6.6	Procurement: Promotion of purchase of biodegradable & recyclable material. No plastic policy	HEI		UGC to issue directives
6.7	No tobacco campus	HEI		UGC to issue directives
6.8	No hawker policy in the vicinity of campus	HEI		UGC to issue directives
6.9	Promoting, and expanding social forestry initiatives for full green cover in the entire campus.	HEI		UGC to issue directives
6.10	Promotion of paperless office	HEI		
6.11	Pest control management systems			

Extracted from letter no. AICTE/ P&AP/ Misc. / 08, Dated 28.08.2019 issued from the office of Vice Chairman, All India Council for Technical Education.