



# Ashtavakra Institute of Rehabilitation Sciences & Research

Formerly Special Art School

App. by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India

Affiliated to GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY


PSP, Institutional Area, Madhuban Chowk, Rohini Delhi-85, Ph : 011-27550012/13  
Fax : 011-27550018 • Email : inforehab@tecnia.in Website : www.rehab.tecnia.in

Ref. No. AIRSR/2022-23/3804-A

Dated 02/08/22

## CIRCULAR

All the students are hereby informed that Awareness Talk on “Universal Human Values” is being organized by AIRSR. All the head of the department are hereby requested to kindly report at Tecnia Auditorium with their students on 4<sup>th</sup> August 2022 (Thursday)  
It is mandatory for all the students to participate in the event.

  
Ms. Gangotri  
HOD CP Department

  
Mrs. Sanjana Mittal  
Deputy Director

- Copy to: 1. Dean Academics  
2. All Course Coordinators/Class Incharges  
3. Student Welfare Dept.  
4. Website for Updation





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**Event:** Awareness Talk on Universal Human Values

**Date:** 4<sup>th</sup> August 2022

**Time:** 10:30 AM to 01:00 PM

**Venue:** Tecnia Auditorium

**Convener/In-charge:** Ms. Gangotri, Faculty AIRSR

**Objective:-**

- To inculcate self-inquiry into all human values and all aspects of life
- To sensitize the student about the scope of life
- To develop the ability to face difficult situations in life boldly and resolve them confidently
- To enable students to progress from discrimination to commitment

**Report**

The workshop on Universal Human Values was organized by Ashtavakra Institute of Rehabilitation Sciences and Research on 4<sup>th</sup> August 2022, Thursday. The Program began with Welcome song presented by Tanya, Deepa, Meenu, Priya and Dishu which was applauded by all present in the event. It was followed by lamp lightening ceremony by our eminent guest BK Santosh Ji; Sr.Rajyogi Teacher, BK. Anita ji well committed and devoted speakers from Brahma Kumaris foundation and Ms Sanjana Mittal; Deputy Director from Ashtavakra Institute of Rehabilitation sciences & Research. It was followed by welcome address presented by Ms Sanjana Mittal in which she expressed her extreme gratitude for the speakers. She also highlighted the role of universal values for young generation along with education. The program proceeded by elaboration on establishment of Brahma Kumaris foundation and new projects undertaken by the foundation including kalp taru, upcoming conferences etc.

The program proceeded by spiritual talk presented by BK Santosh ji; Sr.Rajyogi Teacher from Brahma Kumaris She discussed the seven Universal core values which included love for family, helping everyone in your vicinity, returning favors, to be brave, defer to authority, be fair and respect others' property. She also talked about self-realization and relationship with self, society, nature and with their family and near and dear ones. She also talked on the relationship building aspect of human beings with the other individual and its duty towards the society and nature. The interaction round with students was very interesting. It was followed by 15 minutes of deep meditation, which was spiritual experience for one and all present in the workshop.

The next highlight of the program was with Ashtavakra Special School in which beautiful presentation was given by special students. Thereafter BK Santosh Didi ji and BK Anita Didiji tied Rakhis to the students, teachers which were a direct blessing from headquarters of Brahma Kumris (Mount Abu). It was wonderful experience for everyone. The program culminated with Vote of Thanks presented by Ms Sanjana Mittal in which she thanked the speakers, students, staff, technical team and supporting staff for making the event a great success.





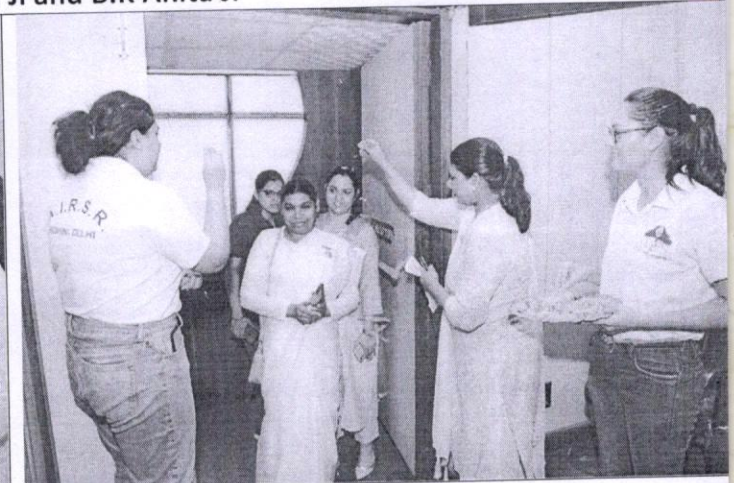
### Learning Outcome

- The students learnt about core Universal human values
- The students learnt to meditate
- The students were sensitized about importance of discipline in life.
- The students learnt about the importance of Rakhi celebration in real sense.

### Glimpses of the Event



Arrival of B.K Santosh Ji and B.K Anita Ji



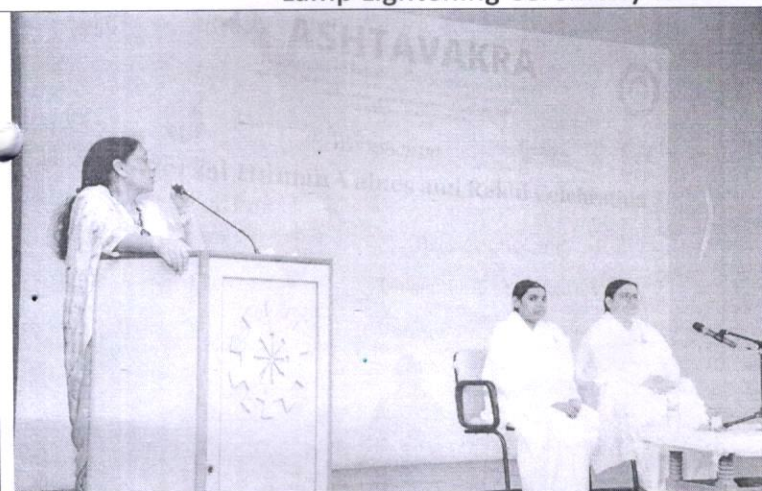
Welcome and Tilak Ceremony of B.K.Santosh ji and B.K.Anita Ji by students of Ashtavakra



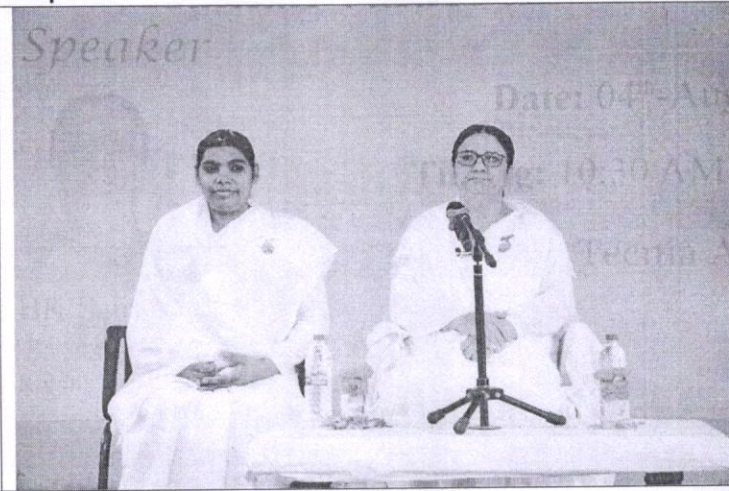




Lamp Lightening Ceremony to evoke the presence of Goddess Saraswati



Welcome addressed by Mrs. Sanjana Mital,  
Deputy Director, AIRSR



Speaker of the day  
B.K. Santosh Ji and B.K. Anita Ji



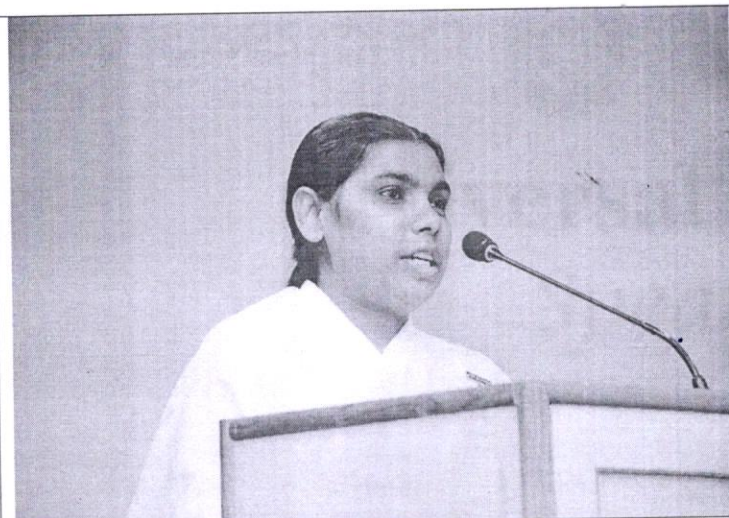
Mrs. Sanjana Mittal felicitating B.K.Santosh Ji and B.K Anita Ji



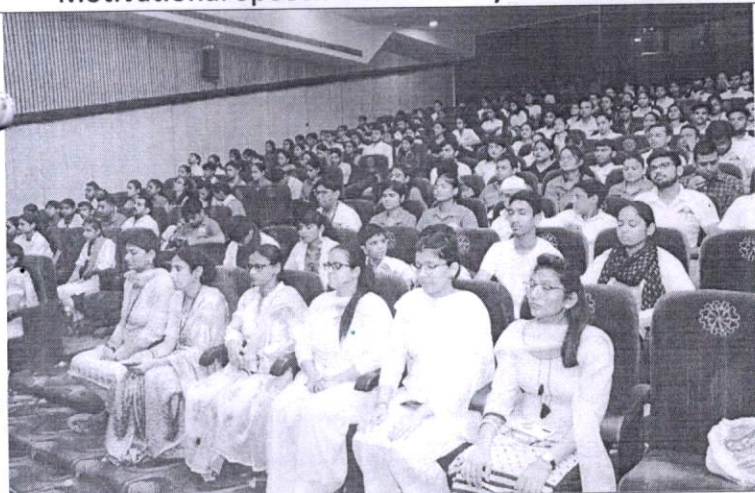




Motivational Speech Delivered by B.K.Santosh Ji



Motivational Speech Delivered by B.K.Anita Ji



Students Meditating with Speakers of the day  
B.K.Santosh Ji and B.K.Anita Ji



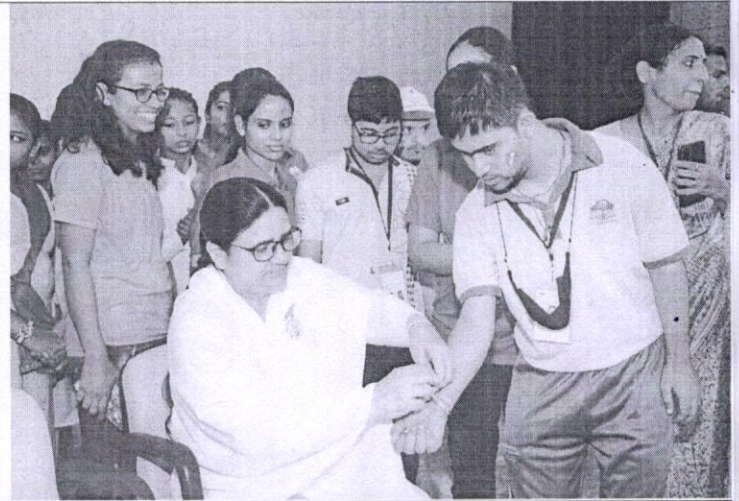
Token of Love shared by the staff member and  
students of AIRSR.



Performance by Children with Special Needs of Ashtavakra







Tying Bonding Knots



Group Photograph with Staff members of Ashtavakra



Vote of Thanks delivered by Mrs. Sanjana Mittal  
Deputy Director, AIRSR







Group Photograph with Trainees of Ashtavakra Institute of Rehabilitation Sciences and Research



Group Photograph with Children with Special Needs







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## LIST OF BENEFICIARIES

S.No.	Name of the Participants	Enrollment No.
1	Mahipal Vishnoi	P0102420201428
2	Sakshi Khatri	P0102420201429
3	Ankit Kumar Meena	P0102420201430
4	Harsh	P0102420201431
5	Pradhumn Vashisth	P0102420201432
6	Ishikia Yadav	P0102420201433
7	Mansi	P0102420201435
8	Akansha Gupta	P0102420201436
9	Jatin	P0102420201437
10	Sandeep Kumar	P0102420201438
11	Sujain Fatima	P0102420201439
12	Pinki	P0102420201440
13	Yaman Yadav	P0102420201441
14	Surbhi	P0102420201442
15	Abhishek	P0102420201443
16	Sahil	P0102420201444
17	Shikha	P0102420201445
18	Mansi Bhojgi	P0102420201446
19	Anas	P0102420201447
20	Akash	P0102420201448
21	Rajkumar Meena	P0102420201449
22	Anjali Bains	P0102420201450
23	Bhavya	P0102420201451
24	Vaishnavi Srivastava	P0102420201452
25	Tushar	P0102420201453
26	Nisha	P0102420201454
27	Saksham Sharma	P0102420201455
28	Sonali Sharma	P0102320201340
29	Sandeep Godara	P0102320201341
30	Priya	P0102320201342
31	Pankaj Puri Goswami	P0102320201343
32	Priya	P0102320201344
33	Anjali	P0102320201345
34	Arzoo	P0102320201346
35	Shivani	P0102320201347
36	Deepak	P0102320201348
37	Kirti	P0102320201349
38	Simra	P0102320201350
39	Ritika	P0102320201351







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40	Abhishek Yadav	P0102320201352
41	Sheetal	P0102320201353
42	Muskan Mishra	P0102320201354
43	Satbir Singh	P0102320201355
44	Tisha	P0102320201356
45	Neha	P0102320201357
46	Aman Vats	P0102320201358
47	Rani Baghel	P0102320201359
48	Rishika Sharma	P0102320201360
49	Sumit Saini	P0102320201361
50	Harsh Khatri	P0102320201362
51	Kunal Dabas	P0102320201363
52	Jitender Kumar Meena	P0102320201364
53	Mohd. Kamran	P0102320201365
54	Md. Shariq	P0102320201366
55	Himanshu	P0102320201367
56	URMI AGRAWAL	00352312520
57	DEEPIKA	01252312520
58	RUHI	01952312520
59	BHAWNA	01152312520
60	ANKUR BHARDWAJ	00652312520
61	AASHIMA AGARWAL	00852312520
62	HIMANSHI DHINGRA	01852312520
63	ANKIT CHHIKARA	00152312520
64	NIKITA ARORA	00952312520
65	TANNU MALIK	01452312520
66	PARUL JINDAL	00552312520
67	UMA KUMARI	01352312520
68	SAKSHI	00452312520
69	MANASVI	00252312520
70	MUSKAN RANA	01752312520
71	MANISHA	02352312520
72	HIMANI BENIWAL	01552312520
73	MINKU	02252312520
74	AASHIMA NANDA	01052312520
75	INDU NIGAM	02052312520
76	SHIVANI	35252312520
77	VANDANA SHARMA	35152312520
78	SANCHITA KHANNA	01652312520
79	SHRISHTI SINGHAL	00352312420
80	VANSHIKA	01052312420







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81	MANISHA TIWARI	00452312420
82	MONIKA SHARMA	01252312420
83	JYOTI NAHARIA	00652312420
84	SONALI SWAROOP	00152312420
85	HIMANI SHARMA	00752312420
86	ABHISHEK RAGHAV	01152312420
87	SAKSHI JOSHI	00552312420
88	NAMAN KUMAR	00252312420
89	MANMEET KAUR SETHI	01352312420
90	SAFEZ MALIK	00852312420
91	SANJAY	01552312420
92	SUMIT	01852312420
93	AAKANSHA SINGH	02152312420
94	MUSKAN WADHWA	02252312420
95	KIRAN KUMARI	01652312420
96	SALONI	01952312420
97	DIVYA GUPTA	01752312420
98	LAKSHMI HARIKA AKEY	00952312420
99	SANA	02052312420
100	SHELIKA MADAN	01452312420
101	NITI MEHRA	35252312420
102	POOJA KUMARI	01052312220
103	TANU	01452312220
104	KHUSHALI	01552312220
105	PRATIBHA	01652312220
106	VARSHA MEENA	00352312220
107	PRIYANKA SHARMA	00952312220
108	VIBHA GUPTA	00552312220
109	TEENA KHANNA	00152312220
110	KOMAL SHARMA	00252312220
111	PAYAL NAGPAL	01752312220
112	SAKSHI	00852312220
113	MEGHA BISHT	01252312220
114	NIRUKTA TRIPATHI	00452312220
115	BHAVIKA	01152312220
116	SHIVANI YADAV	00752312220
117	BABITA POUDEL	01852312220
118	SAKSHI YADAV	01952312220
119	KAJAL RATHEE	35152312220
120	KAVITA	35252312220
121	SHELLY JAIN	02052312220







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122	VIKAS KUMAR	00352312621
123	MOHIT MANN	01052312621
124	POOJA	00152312621
125	NITESH	01352312621
126	MONIKA SHARMA	00952312621
127	POOJA BHASIN	00752312621
128	ASMA ANJUM	00652312621
129	NEHA KUMARI	01152312621
130	PARUL MAHESHWARI	00552312621
131	AYUSH SHARMA	00252312621
132	KESHIKA GUPTA	00452312621
133	ANJALI KUMARI	00852312621
134	ALSABA	01252312621
135	PREETI	35152312621

