

## Ashtavakra Institute of Rehabilitation Sciences & Research

Formerly Special Art School App. by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India Affiliated to GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY PSP, Institutional Area, Madhuban Chowk, Rohini Delhi-85, Ph : 011-27550012/13 Lax : 011-27550018 • Email : inforehab@tecnia.in\_Website : www.rehab.tecnia.in

Rot. No AIRSR/2022-23/4145-A

Dated 2202 23

## CIRCULAR

All the students and staff are hereby informed that a "Medical Camp" is being organized by Ashtavakra Institute of Rehabilitation Sciences & Research on 3<sup>rd</sup> Friday, March 2023, from 10:00 am onwards. You all are cordially invited for the same.

Mr. UTENDER SRIVASTAVA UBA-Club Incharge



Copy to: 1. Dean Academics

- 2. All Course Coordinators/Class Incharges
- 3. Student Welfare Dept.
- 4. Website for Updation





## ASHTAVAKRA INSTITUTE OF REHABLITATION SCIENCES AND RESEARCH

Approved by Rehablitation Council of India 5 PSP.Institutional Area, Madhuban Chowk Sector-14(Ext), Rohini, Delhi-110085 Fax: 391-11-27550018, Phone No: 191-11-27550018 F unit: director elador trenis in

Event: "Medical camp" by Max Hospital, Shalimar Bagh Convener: Mr Jitender Srivastava Asst. Professor (HI Dept.) Date: 3<sup>rd</sup> Friday, March 2023 Venue: AIRSR Basement Number of Beneficiaries: 100

Learning objectives:

- 1. To spread awareness among students and staff for Health and their related benefits.
- 2. To encourage students to lead a Healthy life.
- 3. To encourage them to understand the benefits of Balanced diet and physical training.
- 4. To let them understand the benefits of regular Health Check-ups.

## Event Report

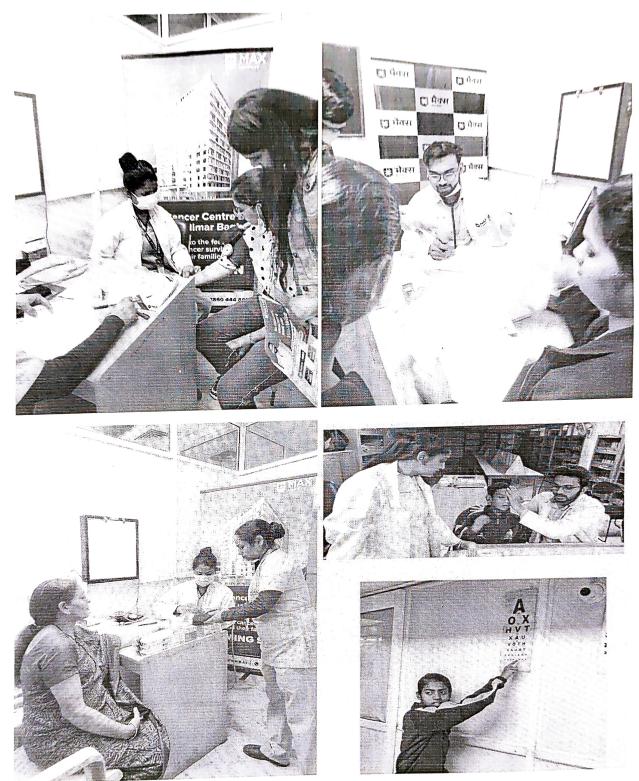
Healthcare is a basic right of a human being and that should be available for everyone. Free medical camps are initiated to bring awareness amongst the society about the importance of Health and their related benefits. One can live longer and healthier life only when the individual gets the right kind of health check-up, screening, and treatment at proper time. Even the most basic check-ups can identify underlying illnesses. The medical camp was organised by the group of professionals and their individualized teams. Free medical camp comprised of the following tests Blood Pressure, Sugar testing, Eye testing, Dental check-up. A Bone mineral Density (BMD), ECG and General Physician was also available. The Ashtavakra School students and trainees of the institute underwent tests available in the camp.

Learning outcomes:

- 1. All the participants were able to understand the importance of Health and their related benefits.
- 2. All the participants were able to understand the importance of Medical camps in the society.
- All the participants took the pledge to take the regular Medical health check-up in their life at least twice a year.
- All the participants actively took benefits of the camp.



**Glimpses of the Medical Camp** 



Dr Ashkah Kunnanath along with the paramedical staff during the Blood Pressure, Sugar testing, Eye testing, Dental check-up, Bone mineral Density (BMD) and ECG test.

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