



# Ashtavakra Institute of Rehabilitation Sciences & Research

Formerly Special Art School

App. by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India

Affiliated to GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

PSP, Institutional Area, Madhuban Chowk, Rohini Delhi-85, Ph : 011-27550012/13  
Fax : 011-27550018 • Email : inforehab@tecnia.in Website : www.rehab.tecnia.in

Ref. No. AIRSR/2022-23/4142-

Dated. 2/2/2023

## Circular

All the students are hereby informed that an event on "EBSB-Cuisine" is being organized by AIRSR on 3<sup>rd</sup> February 2023, Friday (1:30 PM - 2:00PM) in conference room ( 101) . It is mandatory for all the students to participate in the event.

*Ashfina*  
Ms. Ashfina Khanam  
EBSB- Club Incharge

*S. Sanjana*  
Mrs. Sanjana Mittal  
Deputy Director

Copy to:

1. All Course Coordinators/ Class Incharges
2. Students welfare Dept.
3. Website for Updation.





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**Event:** EBSB Food Activity  
**Convenor :** Ms. Ashfina Khanam  
**Beneficiaries :** Students of B.EDSE (HI)  
**Date :** 2<sup>nd</sup> January, 2023 (Monday)  
**Venue:** AIRSR, New Delhi  
**Timings :** 1:30 PM- 2:00 PM

## LEARNING OBJECTIVES –

1. To create awareness about the nutritional value of food of the paired state.
2. To understand the importance of healthy food
3. To enhance social interaction skills
4. To learn about the different food items available in paired state
5. To develop skills of participation
6. To groom the quality of collecting new information.

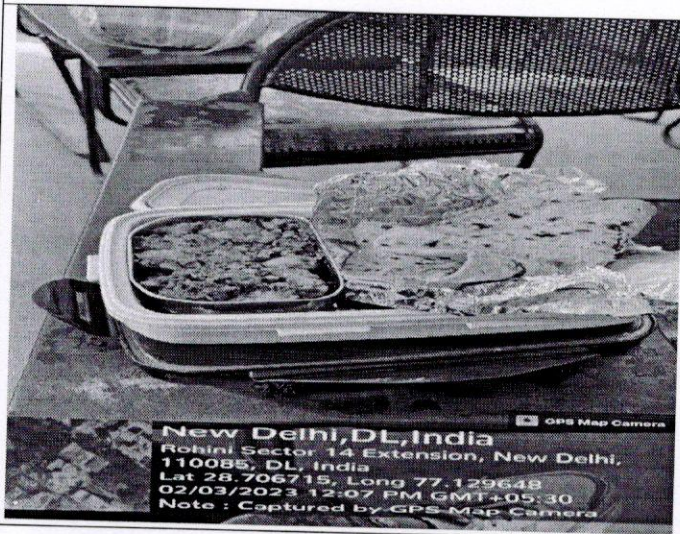
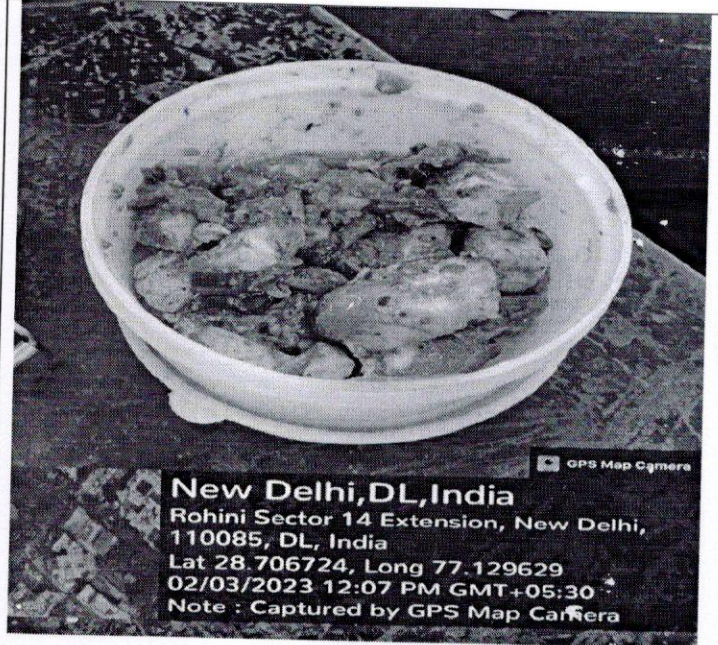
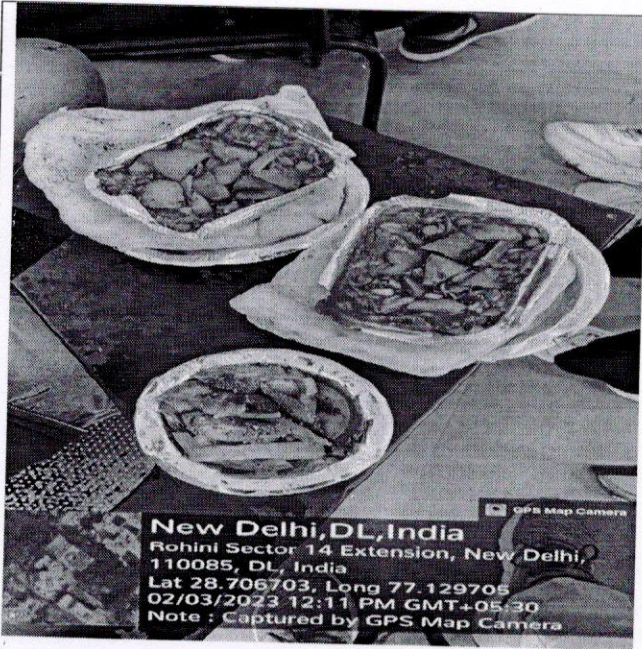
## REPORT

The Cooking video were shared with the paring institute SIST(Sikkim Institute of Science and Technology) state as per the mandate of the Govt. of India and directives of the UGC & AICTE. so that they can have understanding the different food of north India . Institute's EBSB Club is playing an important role in creating environmental awareness amongst the future generation. To create awareness among students AIRSR EBSB Club organized an event "Fireless cooking". The aim of the event was to provide a platform for students to showcase their talent and explore new areas of interest. It was organized by Ms Sanjana Mittal; Deputy Director AIRSR to encourage students to participate in this event. The participants prepared healthy dishes like Sandwiches, Salad, Cakes, Lemonade, Masala Paneer, Chole Kulche and many more using easy and quick recipes. They showed their dishes in an artistic and aesthetic way virtually which was most appealing. This event provided not only a platform for the students to foster their creativity and decision. making skills but also helped them to explore their hidden talent.





## GLIMPSES OF ACTIVITY:-



## LEARNING OUTCOMES

1. The students were able to learn about.
2. The students learnt to appreciate the food of other state
3. The students were able to enhance their social skills
4. The students learnt to present themselves in team







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### Name of Beneficiaries

S.NO	Enrollment	Students Name
1	00152312222	ASHUTOSH ANAND
2	00252312222	AKSHITA SINGH
3	00352312222	RISHA ALI ANSARI
4	00452312222	SANGEETA
5	00552312222	NEHA
6	00652312222	NITI
7	00752312222	RIYA VERMA
8	00852312222	DEEPTI
9	00952312222	SHIVANI SINGH
10	01052312222	AAKARSHAN CHOUDHARY
11	01152312222	SHUBHAM CHOUDHARY
12	01252312222	JASMIN
13	01352312222	ASMA
14	01452312222	MONIKA BAGHEL
15	01552312222	NEETU KASHYAP
16	01652312222	SWETA RANA
17	01752312222	HIMANSHU MATHUR
18	01852312222	NAVITA
19	01952312222	BHARTI
20	02052312222	SUNITA
21	02152312222	YASHPREET
22	35152312222	AMIT SINGH MOR
23	35252312222	DIVYA SHARMA
24	35352312222	BHUMIKA

