



Ashtavakra Institute of Rehabilitation Sciences & Research

Formerly Special Art School

App. by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India
Affiliated to GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

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Ref no: AIRSR/2023-24/4524-A

Date: 10/11/2023

Circular

All the students are here by informed that NSS is organizing an awareness rally on "world diabetes day" on 14th November 2023. It is mandatory for all the students to participate in the event.

Program Officer, NSS (SEH)
Ashtavakra Institute of Rehabilitation Sciences and Research
Madhuban Chowk, Delhi-110085

Ms. Anupama Gupta
NSS Program Officer


Copy to:

1. Student Welfare Dept
2. All Department HOD's
3. Notice Board
4. IT Department

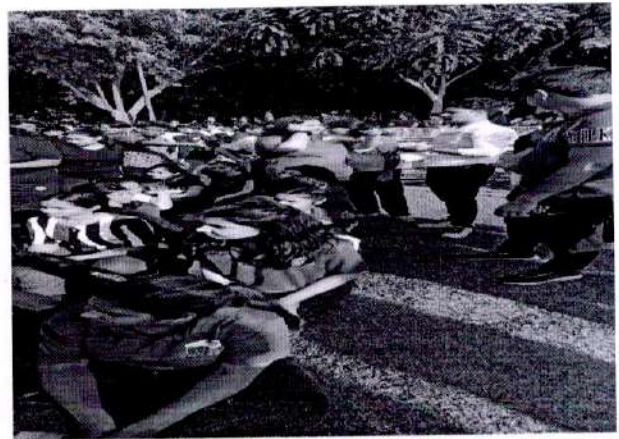
**ASHTAVAKRA**Institute of Rehabilitation Sciences and Research
5, PSP Institutional Area Madhuban Chowk Rohini, Sector-14, Delhi-110085

EVENT NAME		World Diabetes day
Title of Activity*	"Know your risk, Know your response."	
Values	Social	
Learning Outcomes	<ul style="list-style-type: none">• The students gained comprehensive understanding of diabetes, its causes, symptoms, and risk factors.• The students will be able to increase awareness about the different types of diabetes and their management.• The students will be able to improve knowledge on the importance of early detection and regular screening for diabetes.• The students will be able to increase awareness about the potential complications of diabetes.• The students will be able to monitoring glucose levels, medication management, and lifestyle adjustment.	
Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)*	NSS	
Program Theme*	Awareness campaign	
External Expert / Internal Expert	Ms. Anupama Gupta	

Anupama
Program Officer, NSS (SFU)
Ashtavakra Institute of Rehabilitation Sciences and Research
Madhuban Chowk, Rohini, Delhi-110085

Date*	14 th November 2023
Time*	10:00A.M. –12 P.M.
Venue	District Park, Sector-14, Rohini
Poster/Flyer/Notice*	 <p>World Diabetes Day 14 th November</p> <p>/ashtavakra.in</p>
Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	https://fb.watch/o0ByNegoFZ/?mibextid=cr9u03
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	28
No. of Faculty* (only no. to be written , list in excel or word should be maintain at department level as proof for any further requirement)	04
No. of External Participants (students + faculty) [write NA if not applicable]	
(Geotag) Photograph*	
Photograph of the Event with the Caption	
Glimpses of depicting awareness in society	

Program Officer, NSS (SFU)
Ashtavakra Institute for Sciences and Research
Madhuban Chowk, Rohini, Delhi-110085



Report: Description in (min 250 to max 800 words)*

Report

The awareness program conducted on World Diabetes Day aimed to educate and empower individuals and communities and diabetes prevention, management and the importance of a healthy lifestyle.

The event began with introductory speech by Ms. Anupama Gupta ; Lecturer(ASD Dept.) in college. She explained issue of growing diabetic patients in our country. Ms. Sanjana Mittal Deputy Director explained importance of making changes in lifestyle to prevent diabetes. There after students visited to park to spread awareness on diabetic day. The event was successful in creating awareness amongst the students and society.

This program successfully educated and empowered the community to take proactive steps in diabetes prevention and management. By fostering a sense of community support and providing practical tools for lifestyles changes, the program aimed to contribute to the overall well being of individuals at risk or living with diabetes. Continued efforts and follow-up initiatives were discussed to maintain the momentum generated during the awareness program

Recourse Person	NA
Attendance Sheet*	<i>Attached at the end of Report</i>
Feedback	<i>Sample feedback Attached at the end of Report</i>
Report Submitted by Convener (write faculty coordinator name)	
For Office Use	
Signature of Event Coordinator	Signature of School/Department Head (With Seal)
List of Beneficiary	

Fields marked with '*' are mandatory

LIST OF STUDENT PARTICIPANTS

S. No.	NAME	IPU En. No.
1	Urmi Agrawal	00352312520
2	Deepika	01252312520
3	Ruhi	01952312520
4	Bhawna	01152312520
5	Ankur Bhardwaj	00652312520
6	Aashima Agarwal	00852312520
7	Himanshi Dhingra	01852312520
8	Ankit Chhikara	00152312520
9	Nikita Arora	00952312520
10	Tannu Malik	01452312520
11	Parul Jindal	00552312520
12	Uma Kumari	01352312520
13	Sakshi	00452312520
14	Manasvi	00252312520
15	Muskan Rana	01752312520
16	Manisha	02352312520
17	Himani Beniwal	01552312520
18	Minku	02252312520
19	Aashima Nanda	01052312520
20	Indu Nigam	02052312520
21	Shivani	35252312520
22	Vandana Sharma	35152312520
23	Sanchita Khanna	01652312520
24	Shrishti Singhal	00352312420

25	Vanshika	01052312420
26	Manisha Tiwari	00452312420
27	Monika Sharma	01252312420
28	Jyoti Naharia	00652312420
29	Parvesh Gahlwat	Faculty
30	Anupama Gupta	Faculty
31	Harish Kumar	Faculty
32	Dinesh Bindal	Faculty

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