



Ashtavakra Institute of Rehabilitation Sciences & Research

Formerly Special Art School

App. by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India
Affiliated to GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

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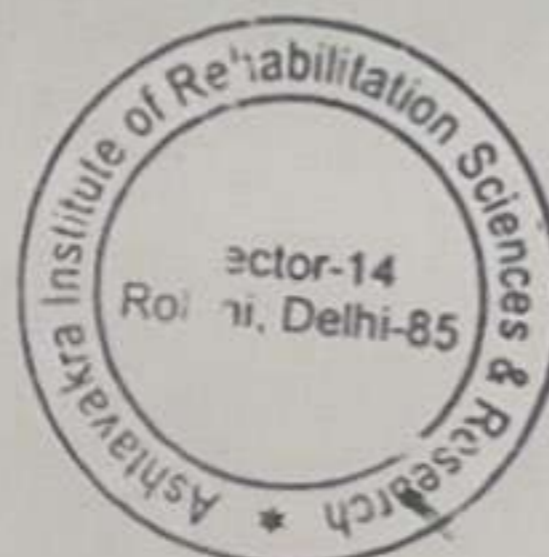
13th NATIONAL CONFERENCE (CRE Accredited)

“Behavior issues in the children with Disability and home Management”

Venue: Tecnia Auditorium, Madhuban Chowk, Rohini, Delhi

Objective of the Conference:

1. **Understanding the Root Causes**: Identify the underlying factors contributing to the behavior issues, whether they are related to the child's disability, environmental factors, communication difficulties, sensory sensitivities, or other challenges.
2. **Individualized Support Plans**: Develop individualized behavior support plans tailored to the specific needs and abilities of the child. These plans should be comprehensive and address various aspects such as communication strategies, sensory accommodations, and teaching alternative behaviors.
3. **Positive Behavior Reinforcement**: Focus on reinforcing positive behaviors through praise, rewards, and encouragement. By highlighting and reinforcing desirable behaviors, you can help the child learn and develop more adaptive ways of interacting with their environment.
4. **Teaching Coping Skills**: Teach the child coping skills and strategies to manage stress, anxiety, and frustration effectively. This may involve teaching relaxation techniques, social skills, problem-solving strategies, and emotional regulation skills.
5. **Collaboration with Parents and Caregivers**: Involve parents and caregivers in the behavior management process. Collaborate with them to understand the child's unique needs, preferences, and triggers, and work together to implement consistent strategies across different settings.
6. **Educating and Supporting Caregivers**: Provide education and support to parents, caregivers, and other individuals involved in the child's care. This may include training on behavior management techniques, communication strategies, and how to create a supportive home environment.
7. **Environmental Modifications**: Make necessary modifications to the home environment to accommodate the child's needs and reduce potential triggers for challenging behaviors. This may involve creating sensory-friendly spaces, establishing routines, and ensuring access to necessary resources and supports.



8. **Consistency and Structure**: Establish consistent routines, rules, and expectations within the home environment to provide structure and predictability for the child. Consistency is key for children with disabilities as it helps them feel secure and understand what is expected of them.

9. **Monitoring and Evaluation**: Regularly monitor the child's behavior and progress, and make adjustments to the support plan as needed. Evaluation should be ongoing to ensure that interventions are effective and responsive to the child's changing needs.

10. **Promoting Inclusion and Social Participation**: Encourage opportunities for the child to engage in meaningful activities, social interactions, and community participation. Promoting inclusion and providing opportunities for socialization can help enhance the child's self-esteem, social skills, and overall well-being.

On 27th May- 2024 evidenced the accomplishment of 13th National Conference organized by Ashtavakra Institute of Rehabilitation Science & Research on the topic **“Behavior issues in the children with Disability and home Management”** at Tecnia Auditorium. This 13th National Conference provided an appropriate platform to all academicians, intellectuals, researchers, professionals etc. for capturing and sharing expertise on the concept of Behavior issues in the children with Disability and home Management. They had a discussion on Understanding the Disability, Behavior Intervention Plans and Strategies for managing behavior issues at home. Apart from this there was focus on available Techniques of Behavioral Assessment and current available knowledge to improve Environmental Modifications and Strategies for managing behavior issues in the field of Special Education. The conference provided a learning platform to all participants (Professional delegates as well student delegates) across rehabilitation and disabilities. There was also a discussion on Family Support and Education & Behavior Intervention Plans among all Professional Rehab Persons users.



Saraswati Vandana by Siddhi HI Dept



1st Day 27 May 2024

Inaugural Session

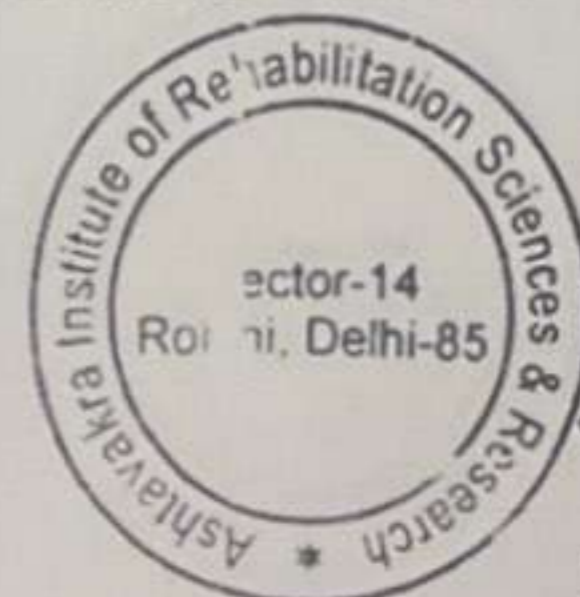
The 13th National Conference was inaugurated by Chief Guest Dr. Ram Kailash Gupta Chairman, Tecnia Group of Institution along, with the guest of honors Dr. Anjali Shokeen, Associate Professor(DU) , Prof. Anupama M. Hasija from Shaheed Bhagat Singh College, The Lamp lighting session was done by our eminent chief guest, guest of Honors along with Dr. R. K. Gupta, Chairman, Tecnia Group of Institution, Ms. Manjula Rathi, Secretary AICB, Ms. Sanjana Mittal, Deputy director, Ashtavakra Institute of Rehabilitation Sciences & Research .On the occasion, all guest of honors.



Lamp lightening Chief Guest by Chief Guest Dr. Ram Kailash Gupta Chairman, Tecnia Group of Institution along, with the guest of honors Dr. Anjali Shokeen, Associate Professor(DU) , Prof. Anupama M. Hasija from Shaheed Bhagat Singh College.



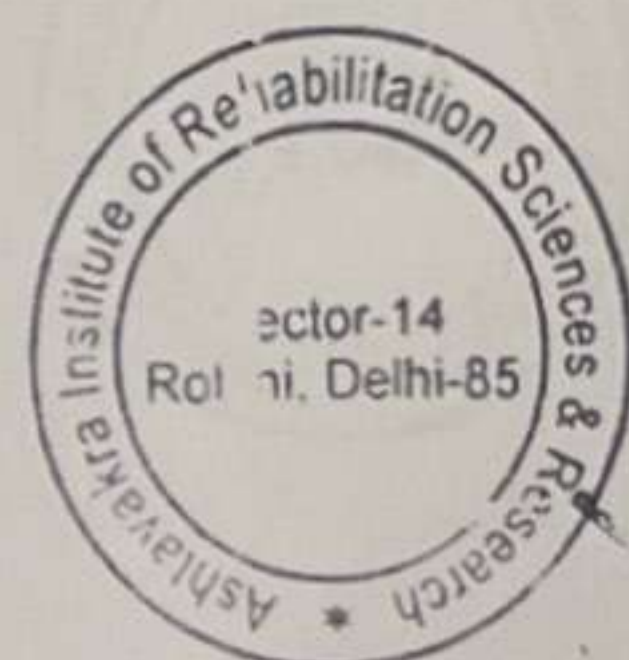
Ms. Sanjana Mittal, Deputy director, Ashtavakra Institute of Rehabilitation Sciences & Research



Prof. Anupama M. Hasija lectured the Understanding disability involves recognizing its diversity and the various challenges individuals face due to physical, cognitive, or sensory impairments. She discussed about cross disability and questioned students about the understanding of cross disability. Prof. Anupama M. Hasija told that we shouldn't differentiate among disabilities. Next she discussed about 'early intervention', identification and providing effective early support to children and young adults who are at risk of poor outcomes.



Dr. Anjali Shokeen addressed about 'mental health'. The mental health includes our emotional, psychological and social well-being. She elaborated that it affects the way think, feel and act. Certain genes may increase your risk of developing mental illness, and your life situation may trigger it. Environmental exposures before birth. Exposure to environmental stressors, inflammatory conditions, toxins, alcohol or drugs while in the womb can sometimes be linked to mental disorder.



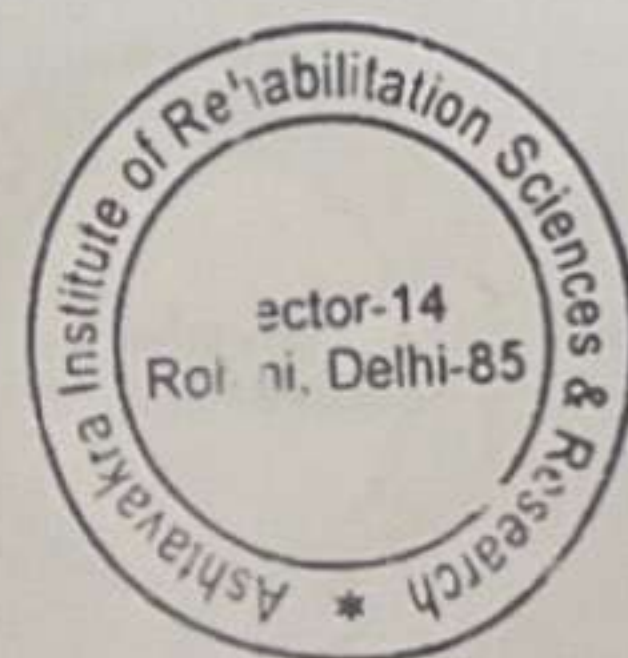
Prof.(Dr.) Bharti Sharma (Faculty of Education, Jamia Milia Islamia)quoted that **DISABILITY IS NOT INABILITY BECAUSE THEY HAVE DIFFERENT ABILITY**. She talked about Identifying community resources and support networks that can provide additional assistance and guidance for managing behavior issues in children with disabilities.

Ms. Mandeep Kaur Psychologist presented her paper on **"Behavior Intervention Plans (BIPs)"**. BIP refers to Developing individualized BIPs tailored to the child's needs, focusing on positive reinforcement, coping strategies, and behavior modification techniques. Also talked about 'Personal Skills, Social Skills, and Academics.

Ms. Neha Gupta presented her paper on **"Collaboration with Professionals"**. She elaborated the tips for collaborating with teachers, therapists, and other professionals involved in the child's care to develop a cohesive approach to behavior management across settings.

Ms. Virender Kumar presented paper on **"Understanding the Disability"**. He discussed the techniques to identify the specific disability or disabilities present in the child, including its characteristics, challenges, and potential impacts on behavior.

2nd Day 28May2024

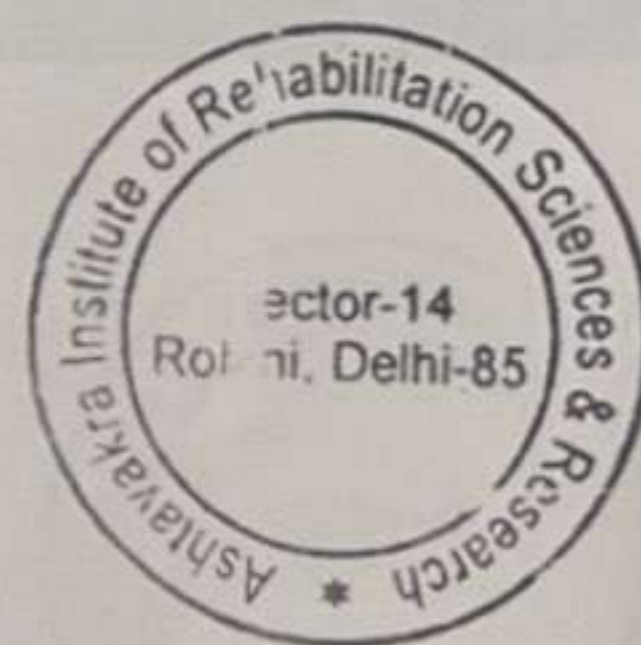


Ms. Neema Chauhan (Physiotherapist): presented her paper on the topic “**Techniques of Behavioral Assessment**” displayed an organized plan or set of standards or learning outcomes that defines the content to be learned in terms of clear, definable standards of ‘what the student should know and be able to do’. Techniques for conducting behavioral assessments to identify triggers, patterns, and underlying factors contributing to the child's behavior that all will succeed if all are held to high expectations. what to do next to improve child’s behavior.

Ms. Monika Kumari, Psychologist elaborated on the subject about” **Family Support and Education**”. Providing support and education for family members to help them understand the child's disability, manage behavior effectively, and foster positive relationships within the family. She told the role of family and caregivers in managing behavioral issues in children with disabilities is multifaceted and crucial. Effective family involvement includes creating a supportive and structured environment, engaging in consistent and positive parenting practices, and collaborating closely with professionals. By leveraging support systems and community resources, families can enhance their capacity to manage behavioral challenges and support their child's development and well-being.



Ms. Anupama Gupta presented paper on the topic “**Self-Care for Caregivers**”. Recognizing the importance of self-care for caregivers and providing strategies for managing stress, seeking support, and maintaining balance while caring for a child with disabilities. She told emotional support for parents. Recognizing and managing parental stress and burnout. Strategies for self-care and resilience, accessing mental health resources and counseling, building a support network among parents



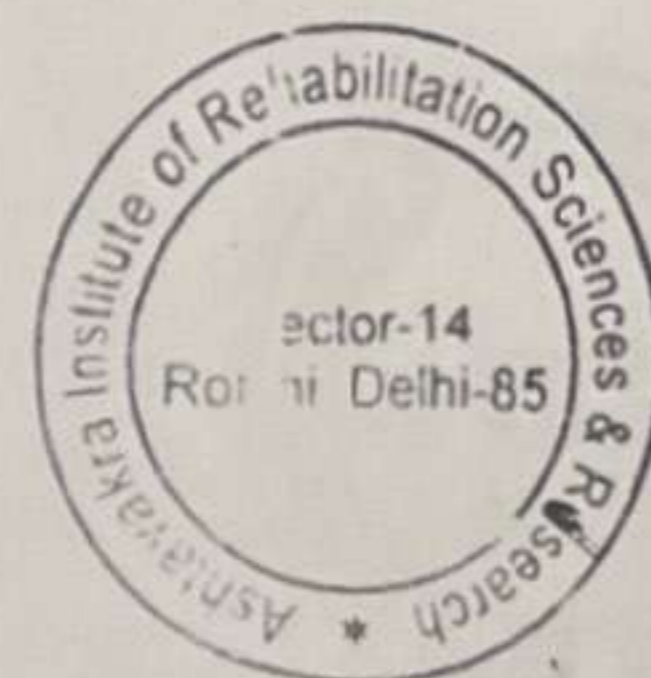


Felicitation of Mr. Saurabh Mishra Assistant Prof.

Mr. Saurabh Mishra presented his paper on "Community Resources". Identifying community resources and support networks that can provide additional assistance and guidance for managing behavior issues in children with disabilities. He guides the various aspects of parental involvement and training necessary for effectively managing behavior issues in children with disabilities, emphasizing practical strategies, emotional support, and collaboration with professionals.



Felicitation of Ms. Simran



Ms. Simran presented on “**Communication Strategies**”. Techniques for improving communication with children with disabilities to understand their needs, preferences, and feelings, which can prevent and manage behaviours. Effective management of behaviours often involves collaboration with various professionals, including:

- Educators and special education teachers.
- Therapists, such as speech, occupational, and behavioural therapists.
- Healthcare providers, including paediatricians and psychologists.

Dr. Sudeep kumar Dubey elaborating “**Collaboration with Professionals**”. Importance for collaborating with teachers, therapists, and other professionals involved in the child's care to develop a cohesive approach to behavior management across settings. He told real-life examples can provide practical insights and inspiration.

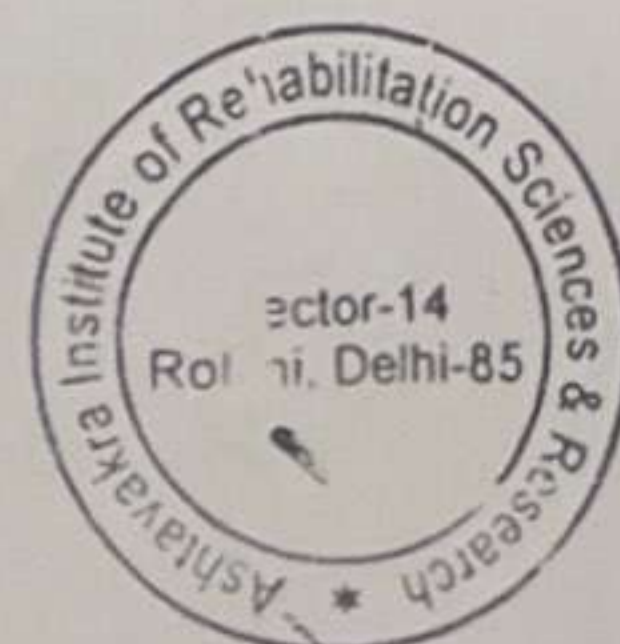
1. Success stories and practical tips from families.
2. Common challenges and effective solutions.
3. Lessons learned from diverse family experiences.

By engaging in comprehensive training and actively participating in their child's care, parents can make a significant positive impact on their child's behavior and overall well-being.

3rd Day 29 May.202



Lamp lightning ceremony





Ms. Shweta spoke that teachers and parents can help CWSNs having Intellectual disorder by reducing visual (environmental) distractions. Moreover, they can simplify the work or activities for children with Intellectual disorder. She explained "Family Support and education". Educating family members to understand the child's disability, manage behavior effectively, and foster positive relationships within the family.



Ms. Anjali highlighted that “**Environmental Modifications**” Strategies for creating an environment at home that supports positive behavior and minimizes potential stressors or triggers. She explained modifying the environment, parents and caregivers can create a supportive setting that helps children with disabilities thrive. These adjustments, tailored to the individual needs of the child, can make a significant difference in managing behavior issues and promoting positive development.

Mr. Narender Jha elaborating about “**Understanding the disability**” is the cornerstone of effectively managing behavior issues in children with disabilities. By recognizing the unique challenges and strengths associated with each disability, caregivers and educators can implement tailored strategies that promote positive behavior, enhance communication, and create a supportive environment. Comprehensive assessment, individualized planning, and collaboration with professionals are essential components of this process, ensuring that children with disabilities receive the support they need to thrive.



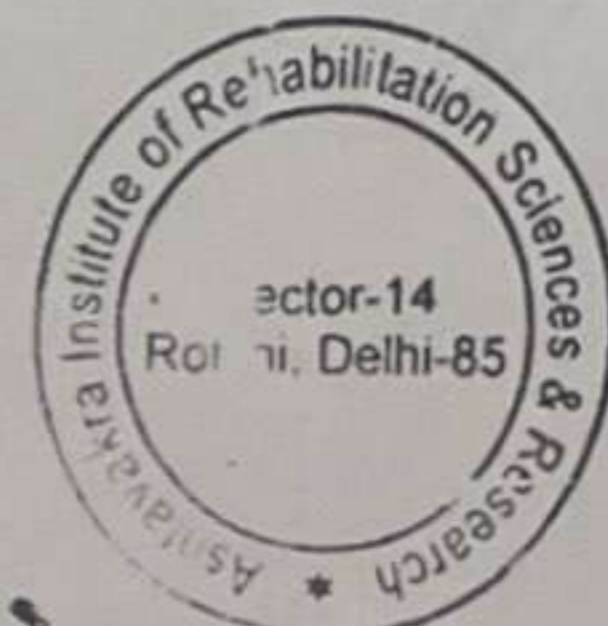


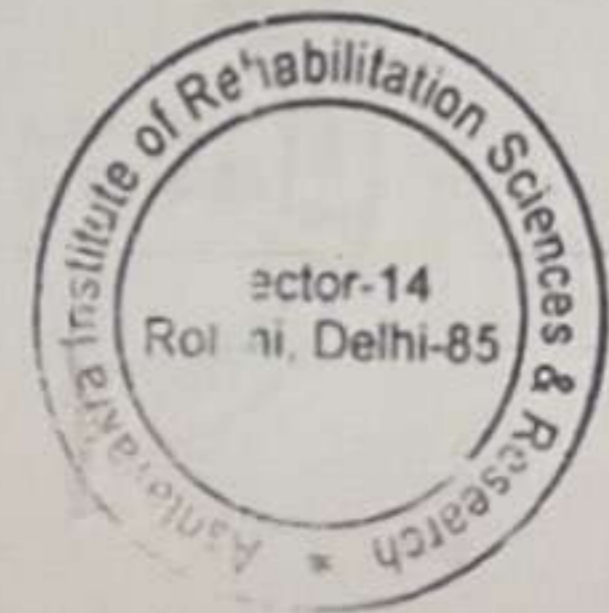
Mr. Sandesh Kapoor: highlighted those factors Contributing to “Behavioral Issues”. He told Environmental modifications are adjustments made to the physical or social environment to better support children with disabilities and manage behavior issues. These modifications aim to create a more accommodating and structured setting, reducing stressors and promoting positive behaviors. Tailoring the environment to meet a child’s unique needs can lead to significant improvements in behavior and overall quality of life.



Ms. Monika Arora presented her paper on “Strategies for managing behavior issues at home”. She told techniques for challenging situations at home, including calming strategies and safety protocols. By integrating these strategies, parents can create a supportive and structured home environment that helps manage behavior issues in children with disabilities. Consistency, patience, and collaboration with professionals are key components in fostering positive behavioral outcomes.

Graphics of CRE participate

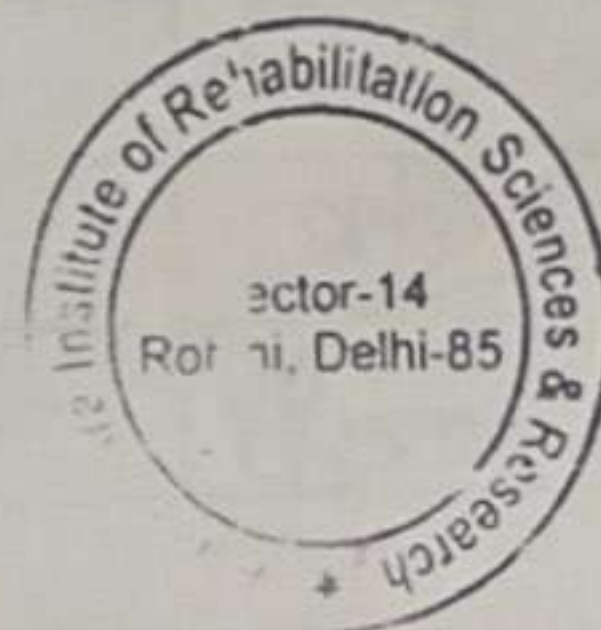






Participants attending the National Conference

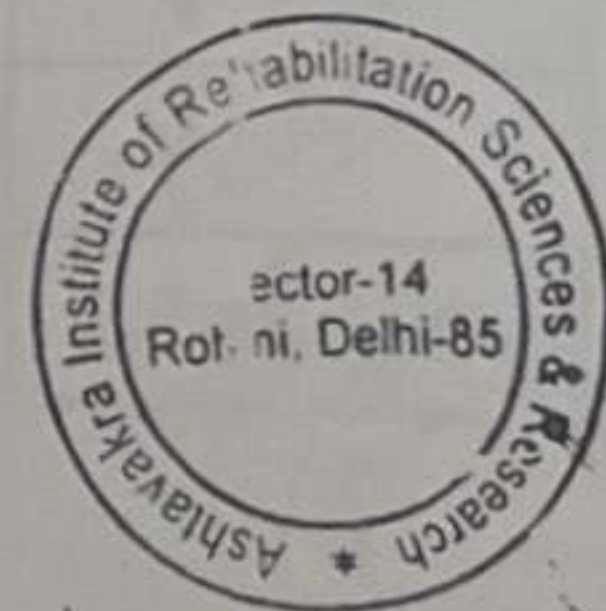
Thank You with Regards
Anupama Gupta
(CRE Coordinator)
Asst.Prof. (Dept.A.S.D.)



Ashtavakra Institute of Rehabilitation Sciences and research ,Rohini, Delhi -110085
 CRE topic - Behavior issues in the children with Disability and home management
 State Level CRE Dated on -27,28 &29 may 2024

List of Resource Persons

S. No.	Name of the resource person	CRR No.	Signature
1.	Prof.(Dr.) Bharti Sharma	A17831	
2.	Ms. Mandeep Kaur	A68050	
3.	Ms. Virender Kumar	A04505	
4.	Mr. Rajesh Kumar Trivadi	A04565	
5.	Ms. Neha Gupta	A59432	
6.	Ms. Anjali	B64398	
7.	Ms. Monika Kumari	A73666	
8.	Ms. Anupama Gupta	A65835	
9.	Dr. Sudeep kumar dubey	A00825	
10.	Ms. Simran	B68626	
11.	Mr. Saurabh K. Mishra	A39092	
12.	Mr. Sandesh Kapoor	A54388	
13.	Mr. Vikas Kumar	B46520	
14.	Ms. Anoushka Sharma	A83259	
15.	Ms. Monika Arora	B43910	
16.	Mr. Narender Jha	A05259	
17.	Mr. Harish Kumar	A81852	
18.	Mr. Sandeep Upadhyay	A68433	
19.	Mr. Dinesh Bindal K.	A55576	
20.	Mr. Sudhanshu Ranjan Sahu	B78438	



Attendance sheet of CRE- 27 to 29 May 2024

ASHTAVAKRA INSTITUTE OF REHABILITATION and Sciences & Research, ,5 PSP Institutional Area,
Sector-14, Madhuban Chowk, Rohini, Delhi-110085

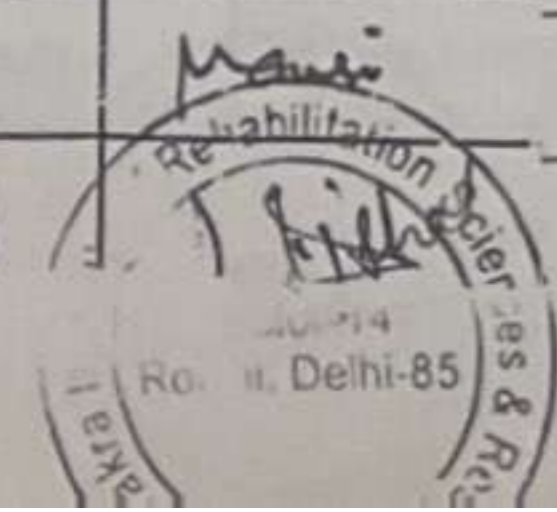
Sr No.	CRR No.	Name	27-05-2024	28-05-2024	29-05-2024
1	A24794	GEETA . Sharma	Geeta	Geeta	Geeta
2	A25732	DEEPTI DAYANAND KRISHNA	Dee	Dee	Dee
3	A36546	MEENU JAIN .	Meenu	Meenu	Meenu
4	A37990	MEERA MINZ	Meera	Meera	Meera
5	A39654	KUSUM . GUPTA	Kusum	Kusum	Kusum
6	A43221	ANOOP	Anoop	Anoop	Anoop
7	A47513	Twarita Singh Rawat	Twarita	Twarita	Twarita
8	A47787	Neha . Sharma	Neha	Neha	Neha
9	A49955	SONALI ANAND	Sonali	Sonali	Sonali
10	A62945	DIVYA . VATS	Divya	Divya	Divya
11	A64739	REKHA . DABAS	Rekha	Rekha	Rekha
12	A65341	ANIL KUMAR MAURYA	Anil	Anil	Anil
13	A65376	Uma . Rani	Uma	Uma	Uma
14	A65598	SEETA . .	Seeta	Seeta	Seeta
15	A68049	Ruchi Garg	Ruchi	Ruchi	Ruchi
16	A73419	Akshay Malik	Akshay	Akshay	Akshay
17	A73769	Bhanu Bhasin	Bhanu	Bhanu	Bhanu
18	A79172	Bhagwati	Bhagwati	Bhagwati	Bhagwati
19	A79183	SHEETAL	Sheetal	Sheetal	Sheetal
20	A81375	Neetu kabra	Neetu	Neetu	Neetu
21	A81612	Bhavya Saluja	Bhavya	Bhavya	Bhavya
22	A82164	RITIKA . RIKHI	Ritika	Ritika	Ritika
23	A83795	shivani yadav	Shivani	Shivani	Shivani
24	A83856	Vibha Gupta	Vibha	Vibha	Vibha
25	A84028	LAKSHMI HARIKA AKEY	Lakshmi	Lakshmi	Lakshmi
26	A84064	Shelika Madan	Shelika	Shelika	Shelika



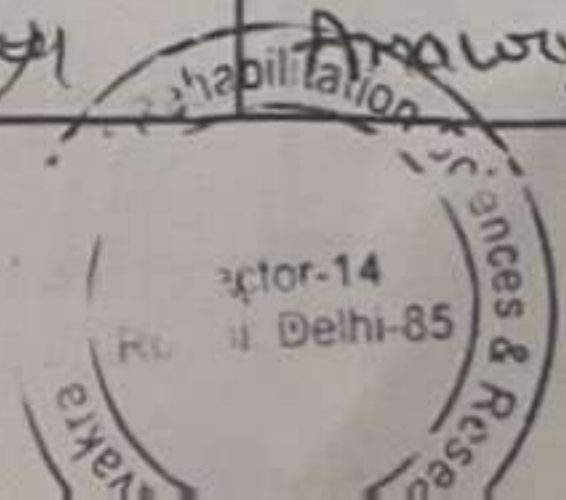
27	A84240	KAJOL KARALA	Kajol	Kajol	Kajol
28	A84401	MAYANK . .	Mayank	Mayank	Mayank
29	A84751	Shivani	Shivani	Shivani	Shivani
30	A85101	Priyanka Sharma	Priyanka	Priyanka	Priyanka
31	A85358	Teena Khanna	Teena	Teena	Teena
32	A86241	Deepika	Deepika	Deepika	Deepika
33	A87179	TANNU MALIK	Tannu	Tannu	Tannu
34	A87684	Sakshi	Sakshi	Sakshi	Sakshi
35	A89721	Bhavika . .	Bhavika	Bhavika	Bhavika
36	A90674	PAYAL NAGPAL	Payal	Payal	Payal
37	A92102	VIDHI	Vidhi	Vidhi	Vidhi
38	A92189	POOJA BHASIN	Pooja	Pooja	Pooja
39	A92191	MOHIT MANN	Mohit Mann	Mohit Mann	Mohit Mann
40	A92724	MUSKAN	Muskan	Muskan	Muskan
41	A93315	Sidhika Gupta	Sidhi	Sidhi	Sidhi
42	A93603	khushboo sharma	Khushboo	Khushboo	Khushboo
43	A93751	AARTI	Aarti	Aarti	Aarti
44	B102428	Preeti	Preeti	Preeti	Preeti
45	B106180	ISHIKA	Ishika	Ishika	Ishika
46	B109527	Vishal Bhardwaj	Vishal	Vishal	Vishal
47	B109533	Nikita	Nikita	Nikita	Nikita
48	B109537	Shivani Rathore	Shivani	Shivani	Shivani
49	B109585	ISHA	Isha	Isha	Isha
50	B113465	Neetu Solanki	N. Solanki	N. Solanki	N. Solanki
51	B36344	KAMAL . VERMA	Kamal	Kamran	Kamal
52	B42754	MANOJ . *	Manoj	Manoj	Manoj
53	B47301	NEHA . SHARMA	Neha	Neha	Neha
54	B50472	RAMAN . MALIK	Raman	Raman	Raman
55	B58299	DIKSHA	Diksha	Diksha	Diksha
56	B58374	SONALI	Sonali	Sonali	Sonali



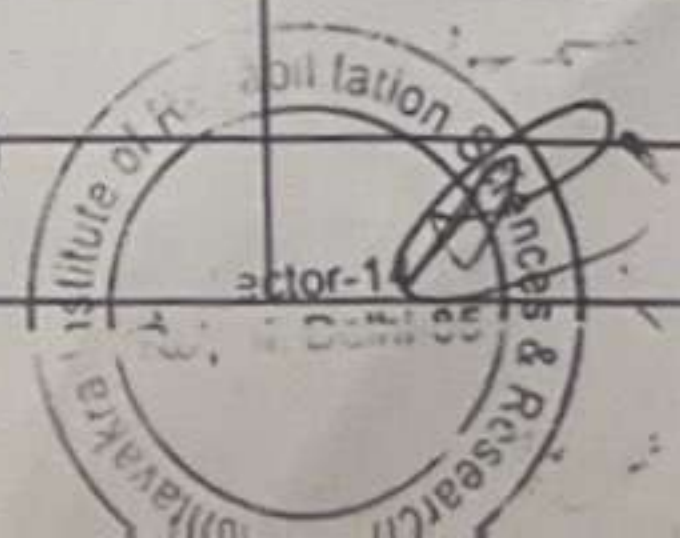
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59	B62683	BHUMIKA	Bhumika	Bhumika	Bhumika
60	B63140	YASHIKA	Yashika	Yashika	Yashika
61	B63339	ARCHITAA MEHRA	Architaa	Architaa	Architaa
62	B63346	DISHA MANN	Disha	Disha	Disha
63	B63480	SAHIL NA	Sahil	Sahil	Sahil
64	B64390	BHAVYA	Bhavya	Bhavya	Bhavya
65	B65537	YOGINDER . KUMAR	Yoginder	Yoginder	Yoginder
66	B66576	JOHNY ..	Johnny	Johnny	Johnny
67	B66796	BHARAT . BHALLA	Bharat	Bharat	Bharat
68	B66804	ANJU ..	Anju	Anju	Anju
69	B67296	RISHAB ..	Rishab	Rishab	Rishab
70	B67344	VINAY ..			
71	B67801	MANISHA ..	Manisha	Manisha	Manisha
72	B68267	MANSI ..	Mansi	Mansi	Mansi
73	B68350	SAHIL ..	Sahil	Sahil	Sahil
74	B68545	AAKRITI ..	Aakriti	Aakriti	Aakriti
75	B68784	Munmun ..	Munmun	Munmun	Munmun
76	B69093	PRACHI ..	Prachi	Prachi	Prachi
77	B70000	Shweta ..	Shweta	Shweta	Shweta
78	B70186	PRINCE	Prince	Prince	Prince
79	B70632	HARSHITA . KABRA	Harshita	Harshita	Harshita
80	B71398	NISHA ..	Nisha	Nisha	Nisha
81	B71486	Anjeet . Tushir	ANJEET	ANJEET	ANJEET
82	B71487	RITU ..	Ritu	Ritu	Ritu
83	B72656	SHIVANI . KHOBA	Shivani	Shivani	Shivani
84	B73740	SHALOO . VERMA	Shaloo Verma	Shaloo Verma	Shaloo Verma
85	B73937	Mansi . Thakur	Mansi	Mansi	Mansi
86	B74789	vishal . malik	Vishal	Vishal	Vishal



87	B75044	Rohini	Rohini	Rohini	Rohini
88	B75136	USHA	Usha	Usha	Usha
89	B75139	JYOTI SHARMA .	Jyoti	Jyoti	Jyoti Sharma
90	B75171	Gauri Tyagi	Gauri	Gauri	Gauri
91	B75304	ISHIKA . JHA	Ishika	Ishika	Ishika
92	B75385	Akanksha Jain	Akanksha	Akanksha	Akanksha
93	B75522	MOHIT	Mohit	Mohit	Mohit
94	B75542	lovelesh	Lovelesh	Lovelesh	Lovelesh
95	B75699	Abhishek Drall	Abhishek	Abhishek	Abhishek
96	B75720	VARNIKA	Varnika	Varnika	Varnika
97	B75850	Shivani Tiwari	Shivani	Shivani	Shivani
98	B75895	Pallavi Tiwari	Pallavi	Pallavi	Pallavi
99	B75940	Shalini Rai	Shalini	Shalini	Shalini
100	B77183	PARUL MIGLANI	Parul	Parul	Parul
101	B77592	ADITI PANWAR	Aditi	Aditi	Aditi
102	B77681	PANKAJ KUMAR	Pankaj	Pankaj	Pankaj
103	B77986	Minakshi devi	Minakshi	Minakshi	Minakshi
104	B79602	TUBA SEENEEN	Tuba	Tuba	Tuba Seeneen
105	B79607	SHUMAILA ANSARI	Shumaila	Shumaila	Shumaila
106	B80171	VINAY YADAV	Vinay Yadav	Vinay Yadav	Vinay Yadav
107	B80261	PRACHI	Prachi	Prachi	Prachi
108	B80905	AKANSHA MITTAL	Akanksha	Akanksha	Akanksha
109	B81918	Deepesh Lakra	Deepesh	Deepesh	Deepesh
110	B82627	Nancy Saini	Nancy	Nancy	Nancy
111	B83178	Sheetal	Sheetal	Sheetal	Sheetal
112	B83425	Bharti	Bharti	Bharti	Bharti
113	B83763	PREETI	Preeti	Preeti	Preeti
114	B84091	Anjali	Anjali	Anjali	Anjali
115	B84156	poornima meena	Poornima	Poornima	Poornima
116	B85147	ABHISHEK MAURYA	Abhishek	Abhishek	Abhishek



117	B85200	TANISHA DABAS	Tanisha	Tanisha	Tanisha
118	B85921	Lalita Kumari	Lalita	Lalita	Lalita
119	B87442	poonam	Poonam	Poonam	Poonam
120	B87500	ISHA AGGARWAL	Isha	Isha	Isha
121	B88119	TUSHAR	Tushar	Tushar	Tushar
122	B88249	Deepika Bhardwaj	Deepika	Deepika	Deepika
123	B88920	RITIKA KHATRI	R. Khatri	R. Khatri	R. Khatri
124	B89219	DEEPSHIKHA	Deepshikha	Deepshikha	Deepshikha
125	B89898	Riya Tawar	Riya	Riya	Riya
126	B91205	Renuka	Ranuka	Ranuka	Ranuka
127	B91513	Sunena Madan	Sunena	Sunena	Sunena
128	B91885	Jyoti Rani	Jyoti	Jyoti	Jyoti
129	B91907	Manisha	manisha	manisha	manisha
130	B92041	Urvashi Jain	Urvashi Jain	Urvashi Jain	Urvashi
131	B92932	RAHUL SINGH	Rahul	Rahul	Rahul
132	B92933	RAJ SINGH	Raj Singh	Raj Singh	Raj Singh
133	B93762	SAKSHI	Sakshi	Sakshi	Sakshi
134	B95931	Tanu Tehlan	Tanu	Tanu	Tanu
135	B96396	ABHISHEK YADAV	ABHISHEK	ABHISHEK	ABHISHEK
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141	B98100	VAISHNAVI SRIVASTAVA	Vaishnavi	Vaishnavi	Vaishnavi
142	B98110	MANSI	Mansi	Mansi	Mansi
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145	B98836	Tisha			
146	B98841	ANAS			



147	B99425	VINEET KUMAR	Vineet	Vineet	Vineet
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