

Resume

Name : Dr Jnanamay Das
(डॉ. ज्ञानमय दास)

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Date of birth : 2nd February 1967

Medical Council registration: Delhi Medical Council registration no 8276.

Profile: I am a dynamic consultant psychiatrist with more than 30 years of experience in psychiatry of which 24 years have been after passing MD. I deal with almost all types of psychiatric cases including epilepsy and I am trained in almost all modes of therapies and electroencephalography (EEG). I did post-graduation from a premier psychiatric institute of India and have all Indian postgraduate qualifications in psychiatry (MD, DNB, DPM) and 14 publications in indexed Indian and international journals.

Current status: At present, I am working as a Consultant Psychiatrist in Saroj Super Speciality Hospital, Sector -14, Rohini, Delhi – 85.

Professional Qualifications:

I did post-graduation in Psychiatry from the Central Institute of Psychiatry, Ranchi, a premier institute of Psychiatry in India which celebrated its centenary year in 2018. It is a tertiary referral centre for the whole Eastern India having 703 beds. (Institute Website: <http://www.cipranchi.nic.in>)

MD (Psychiatry): 3 years course, I passed in July 1998 at the first attempt. The topic of my MD thesis: Quantitative Electroencephalography and brain mapping in depression.

DNB [Diplomate of National Board] (Psychiatry): Conducted by the National Board of Examinations, New Delhi for maintaining the same standard all over India:- I passed in December 1998 at the first attempt.

DPM (Diploma in Psychological Medicine): 2 years course, I passed in July 1995 at the first attempt with the first rank.

Primary Medical Qualification: MBBS, I passed the final examination in May 1989. I passed 1st, 2nd and 3rd(final) professional MBBS in the first attempt.

Medical College: NRS Medical College of University of Calcutta, India, recognised by Medical Council of India.

Internship training (rotational): One year in NRS Medical College, Kolkata from 1st August 1989 to 31st July 1990.

Experience:

I am trained in both outpatient care and inpatient care related to Adult Psychiatry, Child & Adolescent Psychiatry, Drug de-addiction, Emergency Psychiatry, General Hospital Psychiatry and Liaison Psychiatry. I am an expert in all forms of therapies in Psychiatry like pharmacotherapy, electroconvulsive therapy, behaviour therapy and psychotherapy. I am trained in Neurology, Epilepsy, Electroencephalography (EEG) and brain mapping.

Training in Neurology: I was trained in **clinical Neurology** for 2 months in the Department of **Neurology** at another premiere institute - **Post Graduate Institute of Medical Education & Research, Chandigarh, India.**

Training in De-addiction: I did **WHO Fellowship in Drug and Alcohol Medicine** from the **New South Wales Institute of Psychiatry, Sydney, Australia** in 2009.

Consultancy in Psychiatry:

Last Post: I worked as a **Specialist and the Head of the Department of Psychiatry for 23 years** in ESI Corporation run by the Ministry of Labour, Government of India (from 9th December 1999 to 28 February 2023). I was posted at the ESIC Model Hospital, Rohini, Delhi for 18 years and thereafter, I was transferred to the ESIC Model Hospital, Noida, (in Delhi National Capital Region) where I worked as a **Consultant and the Head of the Department of Psychiatry** for 5 years till my voluntary retirement on 28 February 2023.

Both the hospitals are 300 bedded general hospitals having all basic specialities with a separate emergency unit. Patients are referred from various dispensaries located around the hospital in its catchment area for psychiatric consultation. Referrals also come to the Psychiatry Department from indoors and outdoors of other departments as well as emergency/casualty. I am responsible for managing all types of psychiatric problems in the hospital including general hospital psychiatry and liaison psychiatry apart from usual adult, child & adolescent and geriatric psychiatric cases with the help of pharmacotherapy, behaviour therapy and psychotherapy.

Teaching Experience in Psychiatry:

i) During my last employment as a specialist in Psychiatry for 23 years: I have been teaching the senior residents in Psychiatry all practical skills required to manage the department including discussions regarding difficult cases. I have been teaching the medical officers (MBBS) and DNB residents all basic clinical skills in Psychiatry.

ii) During my senior residency at the Central Institute of Psychiatry, Ranchi: I chaired various institute seminars, case conferences, journal clubs and conducted topic discussions apart from standard bedside clinical teaching of postgraduate students in psychiatry, clinical psychology and psychiatric social work. I delivered lectures to students of clinical psychology, psychiatric social work and psychiatric nursing.

iii) During my postgraduate courses (MD & DPM) as a junior resident at the Central Institute of Psychiatry, Ranchi for 5 years: I presented seminars, case conferences and journal clubs and took part in various topic discussions as a part of the teaching activities of the institute.

Experience as Resident:

I worked as a Resident in Psychiatry for 5 years during DPM & MD courses at the Central Institute of Psychiatry, Ranchi from 2nd August 1993 to 31st July 1998. I was involved in the management of all types of psychiatric cases in addition to various teaching activities.

I worked as a Residential House Physician at the Institute of Postgraduate Medical Education & Research, Kolkata in

Psychiatry: One year 5 months 23 days
From 1st August 1991 to 31st July 1992 &
From 8th August 1992 to 31st January 1993.

General Medicine: For 6 months
From 1st February 1991 to 31st July 1991.

Total Experience in Psychiatry: 31 years (After passing MD: 24 years)

Research Experience:

Publications:

	Year of publication	Type of publication	Article name	Journal Details	Type of Journal	Authorship
1	July 2022	Original article	Comorbidities of Female Patients with Sexual Dysfunction in a Psychiatry Clinic: A Cross-Sectional Study.	Journal of Psychosexual Health. May 22 2022; 4(3) page162–170, :26318318221089269	Indexed: DOAJ	1st + Corresponding Author
2	Jan-Jun 2022	Original Article	Comorbidities of male patients with sexual dysfunction in a psychiatry clinic: A study on industrial employees.	Industrial Psychiatry Journal. Jan-Jun 2022;31:81-8.	Indexed: Pubmed	1st + Corresponding Author
3	March 2021	Original Article	Resting state quantitative electroencephalogram gamma power spectra in patients with first episode psychosis: an observational study.	Asian Journal of Psychiatry. 2021 Mar 1;57:102550.	Indexed: Embase, Scopus, Medline/ Pubmed	4th + Corresponding Author
4	January-February 2020	Original Article	Resting State Quantitative Electroencephalogram Power Spectra in Patients with Depressive Disorder as Compared to Normal Controls: An Observational Study	Indian Journal of Psychological Medicine Volume 42 Issue 1 January-February 2020 page 30-38	Indexed: Pubmed	1st + Corresponding Author
5	2018	Case Report	Psychiatric morbidity in a case of encephalomalacia.	Santosh University Journal of Health Sciences 2018;4(1):56-57	Indexed: Index Copernicus	1st + Corresponding Author
6	July-Dec 2018	Case report,	Psychosis in a case of encephalomalacia	Industrial Psychiatry Journal July-Dec 2018;27:293-295	Indexed: PubMed Central, Index Copernicus	1st + Corresponding Author

7	October 2018	Original article	Perceived burden and therapist attitude in caregivers of schizophrenic women	Delhi Psychiatry Journal, October 2018 Vol. 21 No. 2 Page 377-385	Indexed: Index Copernicus	2nd + Corresponding Author
8	October 2018	Original article	A Study of Psychiatric Aspects of Non-ulcer Dyspepsia.	Delhi Psychiatry Journal. October 2018 Vol. 21 No. 2 Page 366-371	Indexed: Index Copernicus	2 nd Author
9	2001	Original article	First care givers of mentally ill patients: A multicenter study.	Indian Journal of Medical Sciences, 2001, Vol. 55, No 4, pp 203-208.	Indexed: PubMed, MEDLINE/Index Medicus, EMBASE/Excerpta Medica, Index Copernicus and SCOPUS	4 th Author
10	1999	Original article	Obsessive compulsive disorder with psychotic features: A phenomenological study	Hong Kong Journal of Psychiatry, 1999 Vol. 9, No. 1, pp 21-25 (Currently: East Asian Archives of Psychiatry)	Indexed: MEDLINE/Index Medicus, EMBASE/Excerpta Medica, SCOPUS, EBSCO, Index Copernicus	2nd Author
11	1998	Original article	Comorbidity in children with mental retardation.	Indian Journal of Psychiatry 1998, Vol. 40, No. 3, pp 289-294.	Indexed: Pubmed	5 th Author
12	1998	Original article	A comparative study of life events in depression and mania.	Indian Journal of Psychiatry 1998, Vol. 39, No.4, pp 370-375.	Indexed: Pubmed	2nd Author

13	1998	Case Report	Dandy-Walker syndrome with epilepsy and psychosis: An atypical presentation	Indian Journal of Psychiatry, 1998, Vol. 40, No. 2, pp 189-191	Indexed: Pubmed	2nd + Corresponding Author
14	1997	Original article	Four year follow-up of first episode manic patients	Indian Journal of Psychiatry 1997, Vol. 39, No. 2, pp 160-165	Indexed: Pubmed	2nd Author
15	1993	Case Report	Myocardial decompensation in heroin addicts.	Journal of association of Physicians of India 1993, Vol. 41, No. 3, page 180	Indexed: Pubmed	2nd Author

Apart from these, I presented various research papers at the Annual National Conferences of the Indian Psychiatric Society and various international conferences.

Membership / Affiliations of professional bodies:

- a) I am a life fellow of the Indian Psychiatric Society (FIPS).
- b) I am a life member of
 - i) Indian Association of private psychiatry
 - ii) Indian Association for Child and Adolescent Mental Health.
 - iii) Indian Epilepsy Association.
- c) I am a member of
 - i) South Asian Society for Sexual Medicine
 - ii) International Society of Sexual Medicine

DELHI MEDICAL COUNCIL

(Constituted under the Delhi Medical Council Act, 1997)

Certificate of Registration



Registration No. 8276 - Original Registration Date - 27 October, 2000

Name, Father's Name & DOB	Address	Qualifications with Year	Name of College	Name of University	Validity of Certificate
Dr. JNANAMAY DAS (MALE)	135, Modern Apartments, , Sector-15, Rohini, Delhi, 110089	M.B.B.S. - 1990		Calcutta University	This Certificate is valid upto - 09 July, 2028
GOKULESWAR DAS		D.P.M - 1995		Ranchi University	
02 February, 1967		M.D. (PSYCHIATRY) - 1998		Ranchi University	
		D.N.B. (PSYCHIATRY) - 1998		National Board of Examinations	



DR. GIRISH TYAGI
REGISTRAR

Dated The: 16 June, 2023

IMPORTANT NOTICES

- Every Registered Medical Practitioner should be careful to send to the Registrar's immediate notice of any change in his address and also answer all enquiries that may be sent to him by the Registrar in regard thereto in order that his correct address may be duly inserted in the State Medical Register.
- MD (Physician) qualification awarded by various medical universities/institute outside India is equivalent to MBBS qualification in India.
- This is computer generated certificate. You may scan the QR Code from your mobile and check the credentials of this certificate at www.delhimedicalcouncil.org