

Dr. Sashi Bhushan Kumar Gupta

C/19, Rose Apartment, Rohini sector 14,
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PROFESSIONAL SUMMARY

Passionate, credible Psychiatrist with over 10 years of clinical experience and advanced medical degrees dedicated in detecting mental illnesses and providing appropriate management as continuous care plans. Expert in the areas of Adolescent mental health, counselling, deaddiction, anger management, marital counselling and personality assessment. Success working alongside top medical professionals consistently reputed as a high-level, respected, tireless leader.

EMPLOYMENT HISTORY

Consultant Psychiatrist, Head of Department, Shree Aggarsain International Hospital. Delhi, Delhi
Sep. 2022 - Present

- Teach, take continuing education classes, workshops for school and college students, attend conferences or seminars, to increase understanding of mental, emotional, or behavioral states or disorders.
- Workshop and awareness program for teachers for identification of adolescents in need for mental health services.
- Counsel outpatients or other patients during office visits.
- Prescribe, direct, or administer psychotherapeutic treatments or medications to treat mental, emotional, or behavioral disorders.
- Review and evaluate treatment procedures and outcomes of other psychiatrists or medical professionals.

- Promotion of Adolescent mental health.
- Mental Health Camps in hospital premises for free evaluation and management of people in need of mental health services.

Consultant Psychiatrist, Saroj Superspeciality Hospital. Rohini, New Delhi
Mar. 2023 - Present

- Prescribe, direct, or administer psychotherapeutic treatments or medications to treat mental, emotional, or behavioral disorders.
- Collaborate with physicians, psychologists, social workers, psychiatric nurses, or other professionals to discuss treatment plans and progress.
- Collaborate with physicians, neurologist and other professionals to discuss treatment plans and progress for holistic care of out patients and inpatients.

Consultant Psychiatrist, Saroj Medical Institute. Rohini, New Delhi
Jul. 2022 - Present

- Counsel outpatients or other patients during office visits.
- Provide counselling to patients at time of discharge to increase adherence with the medical team.
- workshops for medical professionals and nursing staffs to identify sign of mental illness in inpatient facility and provide proper care.

Visiting Psychiatrist, Manas Foundation. Delhi, New Delhi
Jan. 2023 - Present

- Prepare and submit case reports or summaries to government or mental health agencies.
- Evaluate Children in conflict with law for mental health issues and providing assistance along with child counsellors in rehabilitation of the child.
- Provide assistance to children in observation homes for mental and physical wellbeing.
- Collaborate with psychologists, social workers, psychiatric nurses, and other professionals to discuss treatment plans and progress.
- awareness program for children on various relevant topics

Guest lecturer, Ashtavakra Institute of Rehabilitation Sciences, Rohini, New Delhi
Jul. 2023 - Present

- Prepare and deliver lectures to postgraduate or graduate students on topics related to psychology, counselling and mental illness.
- Provide training for assessment to psychology students during internship program
- OPD facility

EDUCATION AND AWARDS

Royal College of Psychiatry, London, London
MRCPsych, Psychiatry, Present

Spandana Nursing Home, Bangalore, Karnataka
DNB, Psychiatry, Jun. 2022

Central Institute of Psychiatry, Ranchi, Jharkhand
DPM, Psychiatry, Jul. 2016

1. **Book review- Surviving Suicide Loss** in Indian Journal of Private Psychiatry as Primary author. The book Surviving Suicide Loss is written by Nandini Murali after suicide of her husband Dr. Murali (Renowned Urologist of South India). She explains about what all is faced by people who are left in family after suicide. This is few books of Indian publication on topic of suicide survivors.
2. **Movie Review- Joji** in Indian journal of Private Psychiatry (Corresponding Author) The malyalam movie is about the authoritarian patriarchal family and its consequences.
3. **Brief Research Communication - Long Covid Syndrome- How long?** (Primary Author) The article focus on the high prevalence of non specific symptoms in patients who have survived covid-19 infection.
4. **A case report on Neuropsychiatric sequele of SLE- when to attribute** (primary author) in Indian Journal of private psychiatry
5. **Original Article- Covid-19 related psychosocial information: findings from a public online search** engine (Corresponding Author) has been accepted..undergoing revision. Indian jornal of private psychiatry
6. **Review Article- Effect of child abuse** (Primary author)
7. **Movie Review- A peep into the society through a kitchen.** (Co-Author) The article is on Malyalam movie the great Indian kitchen.
8. Completed Neuroconnect Programme by American College of Physicians in 2022
9. Completed a course on Migraine Management under Migraine Expert Academy
10. Qualified for TYSA south Zone in 2021
11. Qualified for IPL by Alkem pharmaceuticals in 2021 and 2022
12. Global healthcare award on occasion of Doctors day 2023.

DELHI MEDICAL COUNCIL

(Constituted under the Delhi Medical Council Act, 1997)

Certificate of Registration



Registration No. 89758 - Original Registration Date - 03 June, 2019

Name, Father's Name & DOB	Address	Qualifications with Year	Name of Collage	Name of University	Validity of Certificate
Dr. SASHIBHUSHAN KUMAR GUPTA (MALE)	C -19, Rose Apartment, Near Rohini Court Complex, Rohini	M.B.B.S. - 2013 D.P.M - 2016	Patna Medical College, Patna	Aryabhata Knowledge University, Patna	This Certificate is valid upto - 02 June, 2024
PARAS NATH SHAH	14, New Delhi, 110085		Central Institute of Psychiatry, Ranchi	Ranchi University	



DR. GIRISH TYAGI
REGISTRAR

Dated The: 08 September, 2022

This doctor has done this : D.P.M : qualification separately through the service of the Addqual.

IMPORTANT NOTICES

- Every Registered Medical Practitioner should be careful to send to the Registrar's immediate notice of any change in his address and also answer all enquiries that may be sent to him by the Registrar in regard thereto in order that his correct address may be duly inserted in the State Medical Register.
- MD (Physician) qualification awarded by various medical universities/institute outside India is equivalent to MBBS qualification in India.
- This is computer generated certificate. You may scan the QR Code from your mobile and check the credentials of this certificate at www.delhimedicalcouncil.org