



ASHTAVAKRA

Institute of Rehabilitation Sciences and Research
5, PSP Institutional Area Madhuban Chowk Rohini, Sector-14, Delhi-110085



राष्ट्रीय सेवा योजना
National Service Scheme
युवा कल्याण और खेल मंत्रालय
Ministry of Youth Affairs and Sports
भारत सरकार
Government of India

EVENT NAME:- SWACHHATA HI SEVA

Title of Activity*

Watering Plants

Values

Social/civil

Learning Outcomes

Learning Outcomes of Watering Plants Under the Theme of Cleanliness

Watering plants, when integrated with the theme of cleanliness, helps instill several valuable lessons in students and participants. The process not only encourages environmental stewardship but also fosters personal and communal responsibility.

1.Awareness of Environmental Hygiene:

Students learn the importance of keeping the environment clean and green. Watering plants promotes an understanding of how cleanliness, both in maintaining surroundings and taking care of plants, contributes to a healthier ecosystem. The practice of watering and tending to plants emphasizes the significance of clean soil, water, and air for plant growth, connecting cleanliness to environmental well-being.

2.Sense of Responsibility:

Students develop a sense of responsibility towards maintaining their surroundings. Regularly watering plants helps students understand the care and dedication required to sustain life, reinforcing the need for consistent effort in keeping the environment clean.

3.Understanding Water Conservation:

Students learn about the importance of water conservation in relation to cleanliness and sustainable living. Watering plants with care teaches how clean water is essential for both plants and humans. It also highlights the necessity of managing water resources wisely, connecting cleanliness with sustainability.

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4. Connection Between Cleanliness and Healthy Growth:

Students understand how cleanliness impacts the healthy growth of plants. They observe that plants thrive in clean, unpolluted environments. This reinforces the concept that cleanliness is crucial not only for personal hygiene but also for a healthy environment conducive to growth.

5. Practical Application of Cleanliness:

Students apply the concept of cleanliness through practical activities. The act of watering plants requires maintaining clean surroundings, such as ensuring no litter in the garden or around the plants. This hands-on experience emphasizes the practical implications of cleanliness in everyday life.

6. Nurturing a Caring Attitude:

Students cultivate a sense of care and empathy towards living beings. By nurturing plants, students learn to care for their environment, leading to greater awareness of how their actions, such as keeping the environment clean, positively impact both plants and the broader ecosystem.


7. Promoting Personal and Public Hygiene:

Students recognize the link between cleanliness in the environment and public health. Keeping the area around plants clean, free from waste or pollution, reinforces the broader idea that maintaining cleanliness in our surroundings contributes to better public health and reduces the spread of diseases.

8. Collaboration and Teamwork:

Encourages collaboration and teamwork in maintaining a clean and green environment. In group activities, students can water and care for plants together, learning how collective efforts in cleanliness benefit everyone.

By involving students in the simple yet impactful task of watering plants under the broader theme of cleanliness, they not only

	learn key life skills but also develop an appreciation for how small acts of care and cleanliness can contribute to the overall health of their environment and community.
Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)*	NSS Cell
Program Theme*	Watering Plants(Theme-Cleanliness)
External Expert / Internal Expert	Ms. Neeti kaushik
Date*	18th Sept 2024.
Time*	1:30P.M – 2:30 P.M.
Venue	Outside area of AIRSR College
Poster/Flyer/Notice*	
Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	https://www.instagram.com/p/DAvIU0zpWuL/?igsh=MXZ0NXdkdzR5OTVxZg==
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	29
No. of Faculty* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	1
No. of External Participants (students + faculty) [write NA if not applicable]	NA
(Geotag) Photograph*	Photograph of the Event with the Caption

Program Officer (SFU)
 Neeti Kaushik
 Ashtavakra Institute of Sciences and Research
 Madhuban Ghosia, Road, Delhi-110085



Report: Description in (min 250 to max 800 words)*

On September 18th 2024 NSS club conducted activity of watering plants on the theme titled "Cleanliness" with a series of engaging and educational events aimed at raising awareness about cleanliness drive.

The event was started with the introductory speech of Ms. Neeti kaushik, Nodal Officer of NSS. In her speech she discussed the importance of cleanliness.

Students: The activity saw active participation from students. Students were divided into small groups; each assigned a specific area with plants and gardens to take care of.

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Details of the Activity:

- 1. Plant Care and Watering:**
The students were provided with watering cans/bottles and were guided on how to water the plants effectively while minimizing water waste. They were also educated on the benefits of watering plants at the right time of day and using the right amount of water.
- 2. Cleanliness around the Plants:**
Besides watering, students were tasked with cleaning the areas around the plants. This included removing litter, dead leaves, and any other waste that could harm plant growth. The importance of keeping the garden areas clean was emphasized as a way of promoting both plant health and environmental cleanliness.
- 3. Educational Session:**
An informative session was held by Nodal officer, where students learned about the link between maintaining green spaces and the broader concept of cleanliness. They discussed how plants contribute to cleaner air, reduce pollution, and help manage water efficiently.

Impact of the Activity:

- The activity highlighted the vital role that plants play in enhancing the cleanliness and health of the environment.
- Students demonstrated enthusiasm and commitment, working together to water plants, clean up their surroundings, and ensure proper waste disposal.
- The event fostered a sense of environmental responsibility and a deeper appreciation for nature, with students learning practical ways to care for plants while conserving water.

Conclusion: The plant-watering activity was a success, serving as an engaging way to merge the themes of cleanliness and environmental care. Through hands-on participation, the event encouraged a cleaner, greener community and reinforced the idea that small acts of care, such as watering plants, can significantly contribute to a cleaner and healthier environment.

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Research

Recourse Person	
Attendance Sheet*	NA
Feedback	Attached at the end of Report
Report Submitted by Convener (write faculty coordinator name)	Event was full of joy, productive and interactive.
For Office Use	
Signature of Event Coordinator <i>Neelish</i>	Signature of School/Department Head (With Seal)
<u>List of Beneficiary</u>	

Fields marked with '*' are mandatory

LIST OF STUDENT PARTICIPANTS

S. No.	Name	Course
1.	Garima	D.Ed SE IDD
2.	Himani Solanki	D.Ed SE IDD
3.	Manisha	D.Ed SE IDD
4.	Nisha	D.Ed SE IDD
5.	Harshita Rathore	D.Ed SE IDD
6.	Samriddhi	D.Ed SE IDD
7.	Jiya khatri	D.Ed SE IDD
8.	Chetna Rohilla	D.Ed SE IDD
9.	Bhumika	D.Ed SE IDD
10.	Vanshika	D.Ed SE IDD
11.	Muskan	D.Ed SE IDD

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12.	Tanya	D.Ed SE IDD
13.	Kareena Solanki	D.Ed SE IDD
14.	Vanshika	D.Ed SE IDD
15.	Vansh Khatri	D.Ed SE IDD
16.	Dev joon	D.Ed SE IDD
17.	Dimple Bhardwaj	D.Ed SE IDD
18.	Manoj	D.Ed SE IDD
19.	Prateek rana	D.Ed SE IDD
20.	Madhuri	D.Ed SE IDD
21.	Shivansh	D.Ed SE IDD
22.	Piyush Dabas	D.Ed SE IDD
23.	Aditya Khatri	D.Ed SE IDD
24.	Chirag	D.Ed SE IDD
25.	Shreya	D.Ed SE IDD
26.	Neetu Jha	D.Ed SE IDD
27.	Kanishka	D.Ed SE IDD
28.	Jyoti	D.Ed SE IDD
29.	Neha	D.Ed SE IDD
30.	Ms. Neeti kaushik	Faculty

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