



Ashtavakra Institute of Rehabilitation Sciences & Research


App by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India
Affiliated to GURU GOBIND SINGH INDRAPRASHTHA UNIVERSITY

Ref. No :- AIRSR/2024-25/4975

Date:- 16/12/2024

CIRCULAR

All the students are hereby informed that **Eco- Club** is going to organize an awareness program on "National Energy Conservation Day" on 18th **December 2024**, Wednesday at 12:30 PM, at AIRSR Block A. The interested students can submit their Content (PPT, Poster, Slogans and Article) to Mr. Sandeep Tiwari (Eco Club In-charge) by 16th December 2024.


Sandeep Tiwari
Eco-Club Incharge


Mrs. Sanjana Mittal
Deputy Director

Copy to:

2. All Course Coordinators/Class In-charges
3. Student Welfare Dept.
4. Circular register/Notice Board



ASHTAVAKRA

Institute of Rehabilitation Sciences and Research
S, PSP Institutional Area Madhuban Chowk Rohini, Sector 14, Delhi-110085



ECO CLUB



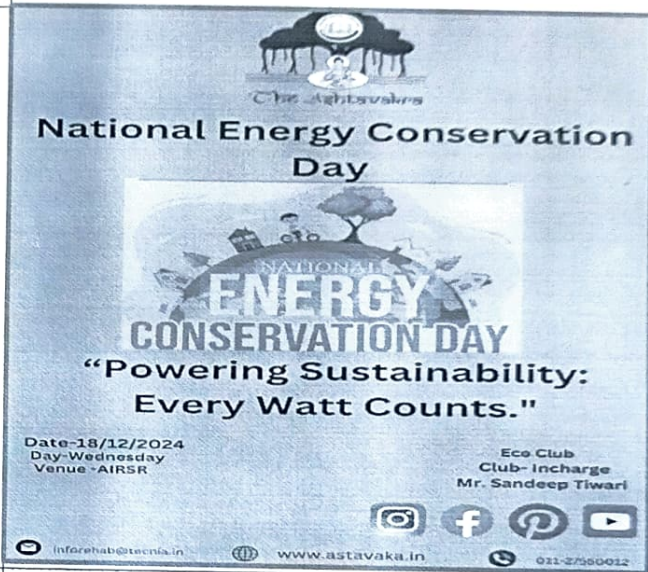
EVENT NAME :- National Energy Conservation Day

Title of Activity*	Energy Conservation
Values	Intrinsic
Learning Outcomes	<ul style="list-style-type: none"> Students will be able to comprehend the importance of energy conservation and its role in sustainable development. Students will be able to analyze personal and community energy consumption patterns to identify areas of wastage. Students will be able to evaluate various strategies and technologies used for energy conservation and their environmental impact. Students will be able to adopt and implement energy-saving practices in their daily lives to reduce energy wastage. Students will be able to advocate for the use of renewable energy sources to minimize dependence on non-renewable resources. Students will be able to design innovative solutions and campaigns to promote energy conservation and environmental sustainability.
Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)*	Organized by Eco club
Program Theme*	"Powering Sustainability: Every Watt Counts"
External Expert / Internal Expert	Mr. Sandeep Tiwari

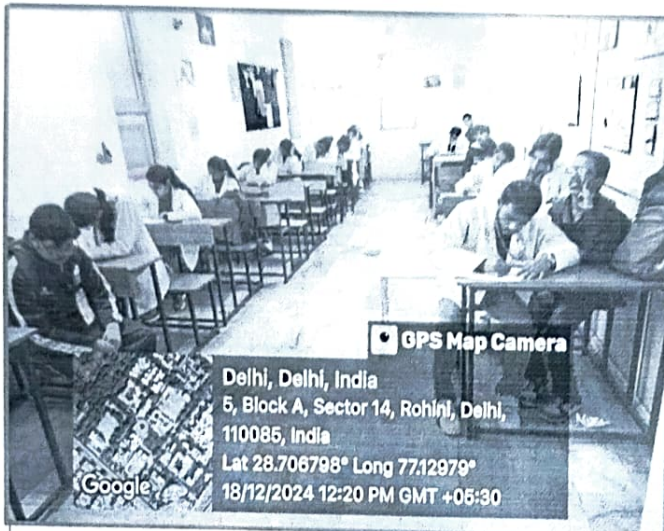
(Signature)

Nodal Officer, Eco. Club

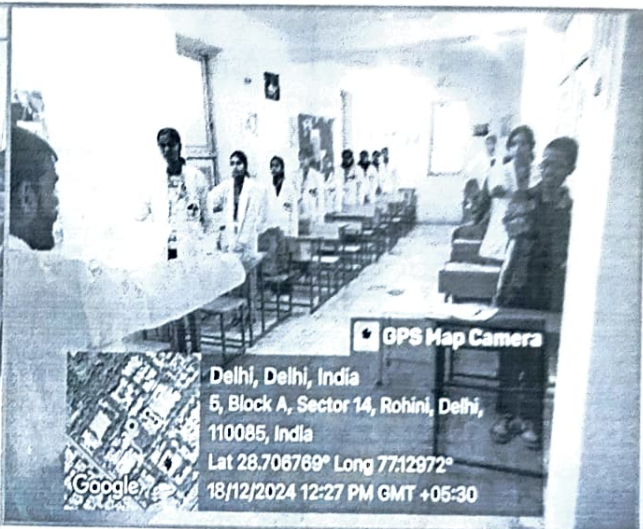
Ashtavakra Institute of Rehabilitation Sciences and Research
Madhuban Chowk, Rohini, Delhi-110085

Date*	18 th December 2024
Time*	12:30 PM to 1:30 PM
Venue	AIRSR Block B
Poster/Flyer/Notice*	 <p>The poster for National Energy Conservation Day features a central illustration of a globe with a tree and a house, surrounded by energy-related icons. The text on the poster includes: 'National Energy Conservation Day', '“Powering Sustainability: Every Watt Counts.”', 'Date-18/12/2024', 'Day-Wednesday', 'Venue-AIRSR', 'Eco Club', 'Club-Incharge Mr. Sandeep Tiwari', and social media links for Facebook, Instagram, and Pin. It also includes contact information for inforehab@tecnia.in and www.astavaka.in.</p>
Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	https://www.facebook.com/share/1EvZmVzHWw/?mibextid=wwXlfr https://www.facebook.com/share/v/19hz5GqsvD/?mibextid=wwXlfr https://www.instagram.com/reel/DD6gC_I4G6/?igsh=aDBzc2ZjYTE3cWJx https://pin.it/52aW7VL9w
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	24
No. of Faculty* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	02
No. of External Participants (students + faculty) [write NA if not applicable]	NA
(Geotag) Photograph*	
Photograph of the Event with the Caption	

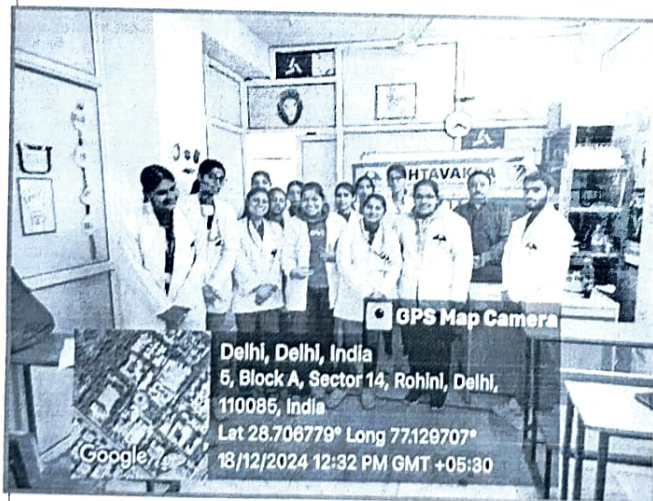

Nodal Officer, Eco. Club
 Ashitavakra Institute of Environmental Sciences and Research
 Madhavpur, Gandhinagar, Dist. 388005



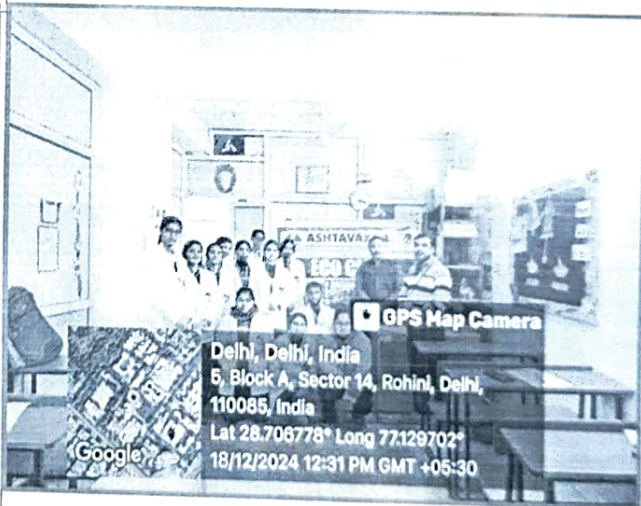
Writing Eassy On Energy Audit By AIRSR Students



Taking Oath For Energy Conservation By AIRSR Students



Awareness regarding Energy Conservation By AIRSR Students



Awareness Regarding Energy Conservation by AIRSR Students and Eco Club Nodal Officer

A
Nodal Officer, Eco. Club
Ashitavata Institute of Technology in Science and Research

Report: Description in (min 250 to max 800 words)*


Nodal Officer, Eco. Club
Institute of Rehabilitation Sciences and Research
Kirti Chowk, Rohini, Delhi-110085

On the occasion of National Energy Conservation Day, the Ashtavakra Institute of Rehabilitation Science and Research organized a comprehensive program to raise awareness about the significance of energy conservation among students, teaching staff, and non-teaching staff. The event aimed to instill a sense of responsibility toward energy conservation and promote sustainable practices within the institute and beyond.



The program began with an awareness session led by energy Mr. Sandeep Tiwari. They explained the significance of National Energy Conservation Day, its historical context, and practical ways to reduce energy wastage. real-life examples made the session engaging and informative.

A group of enthusiastic students conducted an energy audit across various sections of the institute, including classrooms, offices, and common areas. The audit involved identifying energy consumption patterns, detecting areas of excessive usage, and suggesting measures for improvement and write the report, highlighting actionable steps to reduce energy consumption.

All participants, including students, teaching staff, and non-teaching staff, collectively took an oath to adopt energy-efficient practices in their daily lives. The oath emphasized:

- Switching off lights and electrical appliances when not in use.
- Utilizing natural lighting and ventilation wherever possible.
- Promoting the use of renewable energy sources.
- Educating others about the importance of energy conservation.

The programme was came to end by vote of Thanks by Mr. Leela Dhar Upreti.

Recourse Person	NA
Attendance Sheet*	<i>Attached at the end of Report</i>
Feedback	The students are a valuable member of our team and nation for future, and their positive attitude has helped us all continue to feel motivated, this type of program not only benefits the immediate community but also contributes to building a more sustainable and environmentally aware society for the future.
Report Submitted by Convener (write faculty coordinator name)	Sandeep Tiwari
For Office Use	
 Nodal Officer, Eco. Club Ashtavakra Institute of Rehabilitation Sciences and Research Adhunan Chowk, Rohini, Delhi-110085 Signature of Event Coordinator	 Signature of School/Department Head (With Seal)
<u>List of Beneficiary</u>	


Fields marked with '*' are mandatory

LIST OF STUDENT PARTICIPANTS

S.No.	Name of Volunteer	Class/ Enrollment
1.	MANSI GUPTA	00352312423 B.ed . ASD
2.	GITIKA	01152312423 B.ed . ASD
3.	NIDHI DUTTA	01252312423 B.ed . ASD
4.	PARUL BHATIA	01352312423 B.ed . ASD
5.	MAITREYI	01452312423 B.ed . ASD
6.	TANU BAISOYA	01552312423 B.ed . ASD
7.	CHANCHAL	01652312423 B.ed . ASD


Nodal Officer, Eco. Club
 Ashtavakra Institute of Rehabilitation Sciences and Research
 Adhunan Chowk, Rohini, Delhi-110085

8.	AKANKSHA GANGULY	01752312423 B.ed . ASD
9.	JASPREET KAUR	01852312423 B.ed . ASD
10.	KALYANI	35152312423 B.ed . ASD
11.	SIMRAN	35252312423 B.ed . ASD
12.	AYUSHI GAUR	35352312423 B.ed . ASD
13.	ANJALI KAUR	02252312422 B.ed . ASD
14.	MANIKA	02352312422 B.ed . ASD
15.	NIKITA	02452312422 B.ed . ASD
16.	SUKSHAM	BED/SER/LD/2022-24/45
17.	SHIVANI	BED/SER/LD/2022-24/44
18.	DEEPANSHI	BED/SER/LD/2022-24/31
19.	SHIKHA	BED/SER/LD/2022-24/43
20.	Diksha	00952312523 B.Ed.ID
21.	BHAVNA THAPLIYAL	01052312523 B.Ed.ID
22.	Tanu Bharti	01152312523 B.Ed.ID
23.	RITIKA GOEL	01352312523 B.Ed.ID
24.	PRAPTI MISHRA	01452312523 B.Ed.ID


 Ashvakra Institute of Education, Science and Research
 Wazirpur, New Delhi 110005