

## Ashtavakra Institute of Rehabilitation Sciences & Research

App.by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India Affiliated to GURU GOBIND SINGH INDRAPRASHTHA UNIVERSITY

Ref. No: - AIRSR/2024-25/5042

Date:- 01/03/2025

#### **CIRCULAR**

All the students are hereby informed that **Eco-Club** is going to organize an awareness program on "Green Holi" on **11**<sup>th</sup> **March 2025**, Tuesday at 1:30 PM, at AIRSR Block A . The interested students can submit their Content (PPT, Poster, Slogans and Article, Nukkad Natak etc.) to Mr. Sandeep Tiwari (Eco Club In-charge) by 10<sup>th</sup> March 2025.

Snadeep Tiwari

Eco-Club Incharge Notal Officer, Eco. Club

Ashtavakra Institute of Behabilitation Sciences and Research Madhuban Chewk, Robini, Dahi-110085

Mrs. Sanjana Mittal

Deputy Director

Copy to:

2. All Course Coordinators/Class In-charges

3. Student Welfare Dept.

4. Circular register/Notice Board

Address: - PSP, Institutional Area, Madhuban Chownk, Rohini Delhi-85,

Ph.: 011-27550012/13 Email: inforehab@tecnia.in Website: www.rehab.tecnia.in



# ASHTAVAKRA Institute of Rehabilitation Sciences and Research 5. PSP Institutional Area Madhuban Chowk Rohini, Sector-14, Delhi-110085



### **EVENT NAME :- Green Holi**

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Title of Activity*	Green Holi		
Values	Intrinsic		
Learning Outcomes	<ul> <li>The Students and participants will be able to understand the impact of the harmful effects of synthetic colors, excessive water usage, and pollution caused during traditional Holi celebrations.</li> <li>Participants Learners will explore sustainable alternatives such as using natural colors, organic gulal, and water conservation techniques for an environmentally responsible Holi.</li> <li>Participants will be equipped to raise awareness about green initiatives among peers, family, and the wider community through discussions, and ongoing campaigns.</li> </ul>		
	<ul> <li>Participants will understand the health hazards of chemical-based colors and learn how to celebrate Holi in a way that is safe for people, animals, and nature.</li> <li>Students will gain hands-on experience in preparing organic colors using flowers, turmeric, and other natural ingredients, promoting sustainable and toxin-free celebrations.</li> <li>Learners will develop communication and advocacy skills by spreading awareness about Green Holi through campaigns, posters, and social media initiatives.</li> <li>Participants will cultivate a sense of environmental responsibility and commit to celebrating festivals in a way that respects nature and promotes sustainability.</li> </ul>		
Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)*	Eco club		
Program Theme*	"Holi with Nature - Organic, Safe, and Sustainable '		
External Expert / Internal Expert	Mr. Prabhat Ranjan		

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Date*	11 <sup>th</sup> March 2025	
Time*	01:30 PM to 2:30 PM	
Venue	AIRSR Block A Room no. 305	
Poster/Flyer/Notice*	Green Holi Celebration  Holi With Nature: Organic Safe and Sustainable  Date-11/03/2025 Day-Tuesday Time - 01:30 PM  Eco Club Club-Incharge Mr. Sandeep Tiwar	
Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	https://www.facebook.com/share/p/EqYQZDDL2gZebq/?mibextid=WC7FNehttps://www.instagram.com/p/DAYe4aLIpXL/?igh=dzVlcWZlMjFnaG9phttps://pin.it/meBMxsYdA	
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	31	
No. of Faculty* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	01	
No. of External Participants (students + Gaculty) [write NA if not applicable]	NA	
Geotag) Photograph*		

Model Officer, Feb. Chib Ashtevakra Institution September 1995 Madhaban September 1995

Photograph of the Event with the Caption



Introductory speech by B.Ed. Students (ECO Club)



Awareness regarding Green Customer by B.Ed. Students (ECO Club)



Club)



Awareness Pledge regarding Green Initiatives (ECO Celebrating Green holi Staff Members AIRSR (ECO



Celebrating Green Holi AIRSR Students and Ashtavakra Special School Students and Teachers



Report: Description in (min 250 to max 800 words)\*

An awareness program on Green Holi was organized to educate the community about the environmental impact of traditional Holi celebrations and promote eco-friendly practices. The program highlighted the harmful effects of synthetic colors, excessive water usage, and pollution, while encouraging sustainable alternatives like organic colors and water conservation techniques. It also aimed to empower participants to advocate for eco-friendly Holi celebrations and foster a sense of environmental responsibility.

The event commenced with an introductory speech by Mr. Prabhat Ranjan, emphasizing the importance of sustainable Holi celebrations and their role in protecting nature.

there after B.Ed. LD students Pawan conducted an engaging workshop introducing the concept of Green Holi and the importance of choosing natural, non-toxic, and biodegradable colors over synthetic ones. Participants learned about safe and sustainable ways to celebrate Holi while protecting nature.

A B.Ed. LD students give A live demonstration was held where students and faculty members showcased how to make organic colors using flowers, turmeric, and other natural ingredients. This session encouraged participants to adopt safe, toxin-free alternatives for future celebrations.

A presentation was given on the importance of water conservation during Holi. It highlighted practical strategies for minimizing water wastage and promoting dry Holi celebrations without compromising the festive spirit.

The event concluded with all participants taking a pledge to celebrate Holi responsibly, use eco-friendly products, and spread awareness in their communities.

Mr. Prabhat Rnjan, the event coordinator, expressed his gratitude and encouraged everyone to continue advocating for a greener and healthier environment through sustainable festive celebrations.

Thank you once again, and let's keep working together for a cleaner and greener future!

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Recourse Person	NA	
Attendance Sheet*	Attached at the end of Report	
Feedback	The students are an essential part of our team, and their positive attitude has kept us all motivated in this program. They have gained an understanding of Green Consumerism and are not only prepared to adopt it themselves but also to spread awareness among others.	
Report Submitted by Convener (write faculty coordinator name)	Sandeep Tiwari	
For Office Use		
Signature of Eventse Coordinator Sciences and Research Ashtavard Research Medhuban Chows, Rolling, Bothi-110085  List of Beneficiary	Signature of School/Department Head  (With Sector)  (With Sector)  (With Sector)	

Fields marked with '\*' are mandatory

### LIST OF STUDENT PARTICIPANTS

S.No.	Name of Volunteer	Class/ Enrollment
1.	NIDHI	00152312324
2.	ARYAN DABAS	00252312324
3.	ANKITA RAWAT	00352312324
4.	PARUL SAINI	00452312324
5.	RIYA RANA	00552312324
6.	ANANYA BAWA	00652312324
7.	POOJA CHAHAL	00752312324
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8.	JYOTI	00852312324
9.	RIYA SARASWAT	00952312324
10.	. ALISHA MALIK	01052312324
11.	RIDHIMA PANDEY	01152312324
12.	RIYA GIRSA	01252312324
13.	MAHIMA RAJPUT	01352312324
14.	PAWAN KUMAR	01452312324
15.	POOJA	01552312324
16.	ADITI GAUR	50152312324
17.	KOMAL	35152312324
18.	LAXMI	35252312324
19.	HARSHITA	35352312324
20.	AYUSHI GAUR	35352312423
21.	TANISHQ KHANNA	00152312623
22.	VANSHIKA GOYAL	00252312424
23.	KIRTI GOEL	00352312424
24.	YASH	00452312424
25.	KARISHMA KUMARI	00552312424
26.	BHAWANA	00652312424
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27.	ARCHANA KUMARI	00752312424
28.	RUPAL	00852312424
29.	PREKSHA GUPTA	35152312424
30.	SIMPLE SOLANKI	35252312424
31.	MANSI SOLANKI	35352312424

Model Officer, Eco. Club

Model Officer, Eco. Club

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