



Ashtavakra Institute of Rehabilitation Sciences & Research

App.by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India
Affiliated to GURU GOBIND SINGH INDRAPRASHTHA UNIVERSITY

Ref. No : - AIRSR/2024-25/5064-A

Date: 20/03/2025

CIRCULAR

All students are hereby informed that the Eco-Club's awareness program titled "Nature Walk on World Forestry Day," which was earlier scheduled for Friday, 21st March 2025 at Yamuna Biodiversity Park, has been cancelled due to the unavailability of the venue on the aforementioned date.

The program has now been rescheduled to Tuesday, 25th March 2025, as permission has been granted for the new date.

Interested students are requested to submit their names and confirm their participation with Mr. Sandeep Tiwari (Eco-Club In-charge) by Saturday, 22nd March 2025.

We look forward to your enthusiastic participation.

Sandeep Tiwari
Eco-Club In-charge

Mrs. Sanjana Mittal
Deputy Director AIRSR



Address: - PSP, Institutional Area, Madhuban Chowk, Rohini Delhi-85,

Ph.: 011-27550012/13

Email: info rehab@tecnia.in

Website: www.rehab.tecnia.in



Ashtavakra Institute of Rehabilitation Sciences & Research

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Affiliated to GURU GOBIND SINGH INDRAPRASHTHA UNIVERSITY

Ref. No :- AIRSR/2024-25/5064

Date:- 19/03/2025

To
Director
Yamuna Bio- Diversity Park
Main Jagatpur Road, Wazirabad, New Delhi, Delhi 110084

Sub- Request for visit to Yamuna Bio-Diversity Park,

Respected, Sir/ Madom

We are one of the premium rehabilitation institute called **Ashtavakra Institute of Rehabilitation Science and Research (Formerly known as Special Art School)** located at 5 PSP Madhuban chowk Rohini Delhi affiliated to Guru Gobind Singh Indraprasth University Delhi. We offer bachelor degree in special education Hearing impairment (B.Ed. HI) Intellectual Disability (B.Ed. ID) Learning Disability (B.Ed. LD) visual impairment (B.Ed. VI) and Autism spectrum disorder (B.Ed. ASD) along with bachelor degree program our institute barrier free infrastructure provide access to all and ensure value based equality education training research and consultancy in the field of Rehabilitation.

As part of Eco-club activity on 21 March 2025 nature walk on world forestry day our institute wants to visit Yamuna Bio-Diversity park so as to provide with them the real inside of working procedure of a Bio-Diversity park, we here by request you to kindly accord permission to visit Bio-Diversity park on the day of **21st March 2025** or **24th March 2025**. There would be a total of student by a faculty member from our institute. The visit is aimed at enhancing the knowledge

I hope you will allow us the opportunity to visit your industry and meet your skill staff

We hereby request you to kindly occurred permission to visit Bio-Diversity Park, your positive social response in this regard will be highly solicited, waiting with Anticipation.

Mr. Sandeep Tiwari
Eco- Club In charge AIRSR

Mrs. Sanjana Mittal
Deputy Director AIRSR



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Ashtavakra Institute of Rehabilitation Sciences & Research

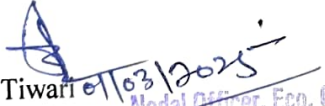
App.by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India
Affiliated to GURU GOBIND SINGH INDRAPRASHTHA UNIVERSITY

Ref. No :- AIRSR/2024-25/5042-A

Date:- 01/03/2025

CIRCULAR

All students are hereby informed that the Eco-Club is organizing an awareness program titled "**Nature Walk on World Forestry Day**" on **Friday, 21st March 2025**, at **Yamuna Biodiversity Park**. Interested students are requested to submit their names and confirm their participation with **Mr. Sandeep Tiwari (Eco-Club In-charge)** by **15th March Saturday 2025**.


Sandeep Tiwari
Eco-Club Incharge
Nodal Officer, Eco. Club
Ashtavakra Institute of Rehabilitation Sciences and Research
Madhuban Chowk, Rohini, Delhi-110085


Mrs. Sanjana Mittal
Deputy Director
Sector-16
Rohini, Delhi-85


Copy to:

2. All Course Coordinators/Class In-charges
3. Student Welfare Dept.
4. Circular register/Notice Board



sandeep tiwari <sktiwari905@gmail.com>

(no subject)

Yamuna BiodiversityPark <ybpnatureeducation@gmail.com>
To: sandeep tiwari <sktiwari905@gmail.com>

Thu, Mar 20, 2025 at 3:33 PM

Respected Sir,

As per our telephonic conversation we have a group tomorrow. You are requested to kindly book afternoon slot in next week. We have available slot on tuesday at 2:30 pm. Kindly mention the number of students and confirm the date.

with regards

Ms. Preeti Vohra

Nature Education Officer

Yamuna Biodiversity Park

9899055001

On Thu, Mar 20, 2025 at 3:17 PM Yamuna Biodiversity Park <yamunabiodiversitypark@gmail.com> wrote:

Yamuna Biodiversity Park
Jagatpur Village Main Road
Wazirabad
Delhi-110084
09899055001

----- Forwarded message -----

From: sandeep tiwari <sktiwari905@gmail.com>

[Quoted text hidden]

[Quoted text hidden]

Permitted to go along.
With one more
additional teacher.

Sandeep
20/3/2025/

Nodal  Eco. Club
Ashtavakra Institute
Medanpur, Chauri, Noida, Delhi-110086



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Precautionary Measures for Visit to Yamuna Biodiversity Park

This is to inform all students and staff participating in the educational visit to **Yamuna Biodiversity Park** that certain precautionary measures must be strictly followed to ensure safety, hygiene, and environmental responsibility during the visit.

Precautionary Guidelines:

1. **Wear Comfortable Clothing and Footwear:**
 - ✓ Dress in light, breathable clothes with full sleeves.
 - ✓ Wear comfortable walking shoes or sports shoes
2. **Carry Water Bottles:**
 - ✓ Bring your own reusable water bottle to stay hydrated.
 - ✓ Avoid using single-use plastic bottles.
3. **Cap/Hat and Sunscreen:** Use a cap or hat and apply sunscreen to protect yourself from sun exposure.
4. **Carry an Umbrella (if needed):** In case of uncertain weather, carry appropriate.
5. **Avoid Littering:**
 - ✓ Do not throw waste in the park. Use designated dustbins.
 - ✓ Maintain cleanliness and respect the natural surroundings.
6. **Do Not Pluck Flowers or Harm Flora and Fauna:** Maintain ecological balance by not disturbing plants or animals.
7. **Follow Instructions:**
 - ✓ Follow all instructions given by the accompanying teachers/guides.
 - ✓ Stay with the group at all times.
8. **Personal Medication:** Those under medication must carry their necessary medicines and inform the concerned teacher in advance.
9. **Carry a Small Bag/Backpack:** To keep essentials like water, hand sanitizer, tissues, snacks etc.
10. **Emergency Contact:** Keep the contact number of the assigned teacher or coordinator saved for any emergencies.

Your cooperation is essential in making this visit a meaningful and safe learning experience. We look forward to your active participation and responsible behavior during the trip.

MR. Sandeep Tiwari

Nodal Officer Eco-Club

Contact No. 9910964699

Nodal Officer, Eco-Club

Ashtavakra Institute of Rehabilitation Sciences and Research
Madhuban Chowk, Rohini, Delhi 110085

Address: - PSP, Institutional Area, Madhuban Chowk, Rohini Delhi-85,

Ph.: 011-27550012/13

Email: info@rehab.tecna.in

Website: www.rehab.tecna.in



ASHTAVAKRA
Institute of Rehabilitation Sciences and Research
S, PSP Institutional Area Madhuban Chowk Rohini, Sector-14, Delhi-110085



ECO CLUB



EVENT NAME :- World Forestry Day

Title of Activity*

Nature Walk On World Forestry Day

Values

Intrinsic

Learning Outcomes

- Students will be able to identify and describe different plant and animal species found in the Yamuna Biodiversity Park. and their role in supporting biodiversity and ecological balance.
- Students will understand the role of forests in maintaining ecological balance, including carbon sequestration, oxygen production, habitat conservation, and observe the interdependence of flora and fauna within the park's ecosystem..
- Students will recognize the threats to biodiversity (such as pollution, deforestation, and climate change) and discuss ways to protect natural habitats and the importance of wetlands in water purification, flood control, and supporting diverse wildlife.
- Students will identify key indigenous and medicinal plant species and their significance in traditional and modern medicine.
- Students will analyze the effects of urbanization and industrialization on local biodiversity and suggest eco-friendly practices.
- Students will develop personal and collective action plans for promoting afforestation, reducing waste, and participating in conservation initiatives.

Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)*

Organized by Eco club

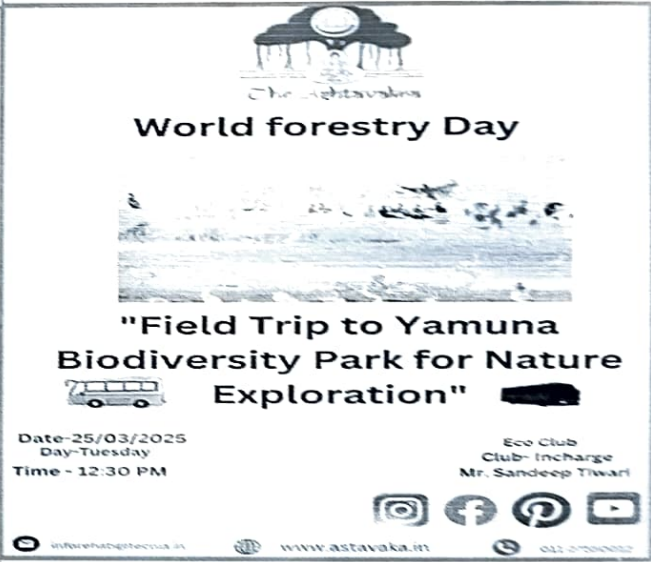
Program Theme*

"Nature Walk On World Forestry Day"

External Expert / Internal Expert

Mr. Sandeep Tiwari, Mr. Ramtirath Prajapati

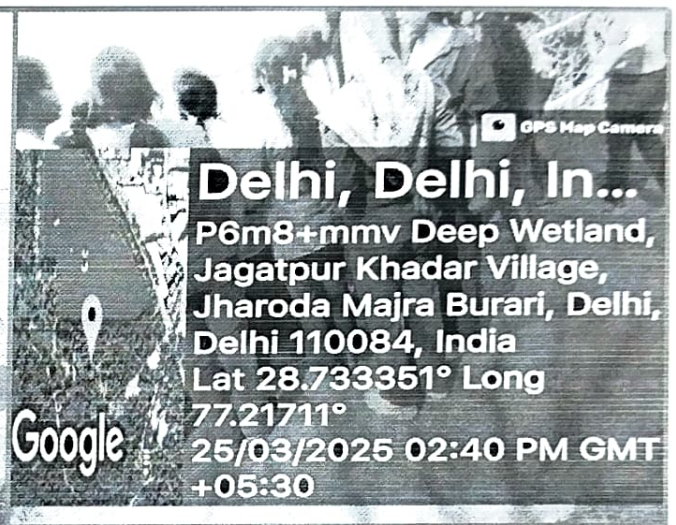
Nodal Officer, Eco Club
Ashitavakra Institute of Rehabilitation Sciences and Research
Madhuban Chowk, Rohini, Delhi 110085

Date*	25 th March 2025
Time*	12:30 PM to 5:00 PM
Venue	Yamuna Biodiversity Park Wazirabad, New Delhi
Poster/Flyer/Notice*	
Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	https://www.facebook.com/share/p/18ovUWkpUo/?mibextid=wwXlfr https://www.instagram.com/p/DIBNKqqJ2Jp?igsh=NTM1djY5aWRvMTAz
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	30
No. of Faculty* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	02
No. of External Participants (students + faculty) [write NA if not applicable]	
(Geotag) Photograph*	
Photograph of the Event with the Caption	


 North Campus Eco Club
 Ashitankya Institute of Management, Health Science and Research
 Kirti Nagar, New Delhi-1100385



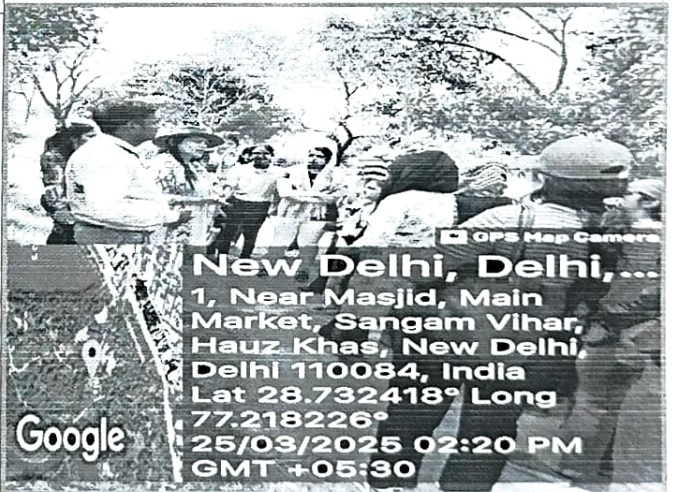
**Introductory speech by Pritee Vorah Ma'am Head
"Visitor Coordinator"**



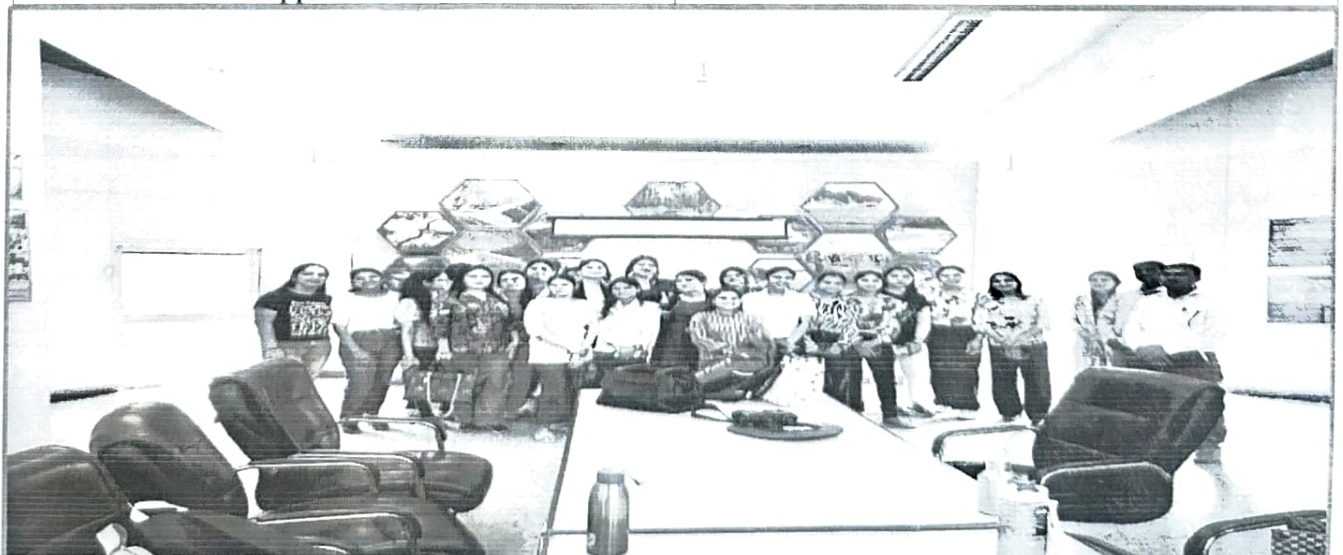
**AIRSR Students Seeing Wetland area And Water
Birds through Binocular"**



**Students documented various medicinal plant species,
evaluating their traditional and pharmacological
applications.**



**Thank you Speech By Eco Club Nodal Officer
Mr. Sandeep Tiwari**



Group Photograph

Admission Card No. 110085

Report: Description in (min 150 to max 800 words)*

On the occasion of **World Forestry Day**, AIRSR students visited **Yamuna Biodiversity Park** as part of an educational nature walk organized by the Eco Club. This nature walk was organized to educate and sensitize students about the **importance of biodiversity, environmental conservation, and sustainable practices**. The central objective of this initiative was to enhance awareness regarding the **role of forests in ecosystem services**, including **carbon sequestration, oxygen production, habitat conservation, and climate regulation**.

Upon arrival at the **Visitor Meeting Hall**, **Ms. Pritee Vorah, Head Visitor Coordinator**, warmly welcomed us and delivered an **introductory speech**. She emphasized the **importance of biodiversity, forests' role in ecological balance, and the need to preserve native flora and fauna**. Highlighting forests as the **lungs of our planet**, she discussed their role in **oxygen production, carbon sequestration, and climate regulation**. She also urged community involvement in conservation through **tree planting, waste reduction, and awareness campaigns**.


Thereafter, **Ms. Ranjeeta Sharma** led an **interactive guided tour**, where students explored the diverse ecosystems of **Yamuna Biodiversity Park** and learned about various **plant, bird, and animal species**.



Key Highlights of the Visit:

1. **Plant Diversity:** Special attention was given to the **Bajr-danti plant**, known for its medicinal properties. Students also learned about various medicinal plants and their applications in traditional and modern medicine.
2. **Bird and Animal Sightings:** The group observed local and migratory bird species, understanding their ecological significance. Various small mammals, butterflies, and aquatic species were also spotted, emphasizing the importance of wetland conservation.
3. **Ecosystem Interactions:** Students learned how different organisms interact within the biodiversity park's ecosystem, including pollination, food chains, and habitat conservation. Discussions were held on the impact of deforestation, climate change, and urbanization on biodiversity.

At the conclusion of the visit, **Eco Club Nodal Officer, Mr. Sandeep Tiwari**, summarized the key takeaways and delivered a vote of thanks to all participants. He encouraged everyone to actively contribute towards environmental conservation and reaffirmed the importance of preserving forests and biodiversity for future generations.

Thank you once again, and let's continue our efforts to protect and cherish our invaluable ecosystems.


Nodal Officer, Eco Club
Ashtavakra Institute for Science and Research
Madhuban Chowk, Rohini, Delhi-110086

Recourse Person	NA
Attendance Sheet*	<i>Attached at the end of Report</i>
Feedback	Students are an integral part of our team and the future of our nation. Their enthusiasm and positive attitude have kept us all motivated. Through this program, they gained valuable knowledge and a deeper understanding of the significance of wetland ecosystems.
Report Submitted by Convener (write faculty coordinator name)	Sandeep Tiwari
For Office Use	
 Node Officer, Eco. Club Ashtavakra Institute of Rehabilitation Sciences and Research Madhuban Enclave, Rohini, Delhi-110085 Signature of Event Coordinator	 Signature of School/Department Head
<u>List of Beneficiary</u>	

Fields marked with '*' are mandatory


Node Officer, Eco. Club
Ashtavakra Institute of Rehabilitation Sciences and Research
Madhuban Enclave, Rohini, Delhi-110085

LIST OF STUDENT PARTICIPANTS

S.No.	Name of Volunteer	Class/ Enrollment
1.	SARASWATI DASS	00252312423 B.ed . ASD
2.	MANSI GUPTA	00352312423 B.ed . ASD
3.	PAYAL JAIN	00452312423 B.ed . ASD
4.	KHUSHI AHUJA	00552312423 B.ed . ASD
5.	TANNU SHOKEEN	00652312423 B.ed . ASD
6.	SHIWANI	00752312423 B.ed . ASD
7.	ANSHIKA	00852312423 B.ed . ASD
8.	KAVITA	00952312423 B.ed . ASD
9.	JYOTI YADAV	01052312423 B.ed . ASD
10.	GITIKA	01152312423 B.ed . ASD
11.	TANU BAISOYA	01552312423 B.ed . ASD
12.	CHANCHAL	01652312423 B.ed . ASD
13.	AKANKSHA GANGULY	01752312423 B.ed . ASD
14.	JASPREET KAUR	01852312423 B.ed . ASD
15.	KALYANI	35152312423 B.ed . ASD
16.	VARSHA	00152312624 B.ed . VI
17.	HARSHITA GUPTA	00252312624 B.ed . VI
18.	KIRTI SINGH	35152312624 B.ed . VI



Nodal Officer, Eco. Club

Ashtavakra Institute of Education Sciences and Research
Medhvan Chok, Rohini, Delhi-110085

19.	RITIKA	3525312624 B.ed . VI
20.	PRENA	35352312624 B.ed . VI
21.	VANSHIKA GOYAL	00252312424 B.ed . ASD
22.	KIRTI GOEL	00352312424 B.ed . ASD
23.	YASH	00452312424 B.ed . ASD
24.	KARISHMA KUMARI	00552312424 B.ed . ASD
25.	BHAWANA	00652312424 B.ed . ASD
26.	ARCHANA KUMARI	00752312424 B.ed . ASD
27.	RUPAL	00852312424 B.ed . ASD
28.	PREKSHA GUPTA	35152312424 B.ed . ASD
29.	SIMPLE SOLANKI	35252312424 B.ed . ASD
30.	MANSI SOLANKI	35352312424 B.ed . ASD

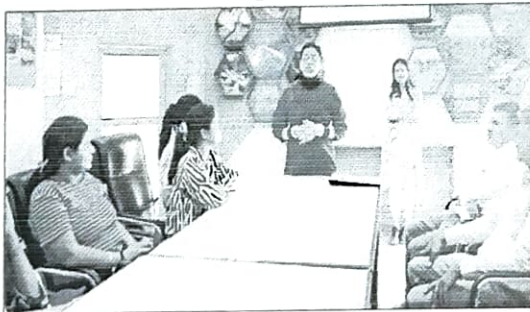
Node Officer, Eco. Club
 Ashtavakra for C.C.T. for Science and Research
 Education Bureau, New Delhi 110005

दिल्ली न्यूज़ 7

सबके साथ सबकी बात

गुरुवार, 3 अप्रैल 2025 ई-मेल : dillinews7editor@gmail.com www.dillinews7.in

अष्टावक्र इंस्टीट्यूट ऑफ रिहैबिलिटेशन साइंसेज एंड रिसर्च के छात्रों ने यमुना बायोडायवर्सिटी पार्क में शैक्षिक भ्रमण किया



गहिणी (संवाददाता)।



अष्टावक्र इंस्टीट्यूट ऑफ रिहैबिलिटेशन साइंसेज एंड रिसर्च, नई दिल्ली के बी.एड. विशेष शिक्षा के छात्रों ने विश्व वानिकी दिवस के अवसर पर यमुना बायोडायवर्सिटी पार्क का शैक्षिक भ्रमण, 25 मार्च 2025 को किया। इस शैक्षिक यात्रा का आयोजन अष्टावक्र इंस्टीट्यूट की की उप निदेशक श्रीमती संजना मिनल के निर्देशन में तथा इको क्लब प्रभागी संदीप तिवारी के मार्गदर्शन में किया गया।

इस विशेष अवसर पर यमुना बायोडायवर्सिटी पार्क की नजर एजुकेशन ऑफिसर श्रीमती प्रीती बाहग मैम ने उद्यान का परिचय देते हुए इसकी महत्वपूर्ण विशेषताओं पर प्रकाश डाला। उन्होंने जैव विविधता के संरक्षण, पर्यावरण संतुलन और वनों के महत्व के बारे में छात्रों को जागरूक किया। इसके बाद, श्रीमती रंजीता शर्मा



मैम ने एक इंटरएक्टिव गाइडेड टूर का नेतृत्व किया, जहां छात्रों ने यमुना जैव विविधता उद्यान के विभिन्न पारिस्थितिक तंत्रों का अन्वेषण किया और विभिन्न वनस्पति, पक्षी और जीव-जंतुओं तथा पारिस्थितिक तंत्र की जानकारी दी।

भ्रमण का प्रमुख विशेषताएँ: वनस्पति विविधता: छात्रों का विशेष ध्यान वज्र-दंती पौधे पर केंद्रित रहा, जो अपनी औषधीय गुणों के लिए

प्रसिद्ध है। इसके साथ ही, उन्होंने विभिन्न औषधीय पौधों और उनके पारंपरिक तथा आधुनिक चिकित्सा में उपयोग के बारे में भी जानकारी प्राप्त की।

पक्षी एवं वन्यजीव अवलोकन: समूह ने स्थानीय और प्रवासी पक्षी प्रजातियों को देखा और उनकी पारिस्थितिक भूमिका को समझा। इसके अलावा, छोटे स्तनधारी जीव, तितलियाँ और जलीय जीवों का भी अवलोकन किया गया, जिससे आर्द्रभूमि (wetland) संरक्षण के महत्व पर जोर दिया गया।

पारिस्थितिक तंत्र की परस्पर क्रियाएँ: छात्रों ने बायोडायवर्सिटी

पार्क में विभिन्न जीवों के आपसी संबंधों जैसे परागण (pollination), खाद्य श्रृंखला (food chain), और आवास संरक्षण (habitat conservation) के बारे में सीखा। इसके साथ ही, वनों की कटाई, जलवायु परिवर्तन और शहरीकरण के जैव विविधता पर प्रभाव पर भी चर्चा की गई। छात्रों ने इस यात्रा के दौरान पर्यावरण संरक्षण और जैव विविधता के महत्व को समझा और वन संरक्षण के प्रति अपनी जिम्मेदारी को महसूस किया। इस भ्रमण का उद्देश्य न केवल ज्ञानवर्धन था, बल्कि छात्रों को प्रकृति से जोड़ने और सतत विकास की दिशा में प्रेरित करना भी था। इस तरह, यह शैक्षिक यात्रा छात्रों के लिए एक अनुभवपरक शिक्षण (experiential learning) का बेहतरीन अवसर साबित हुई, जिसमें उन्होंने पुस्तक ज्ञान से परे जाकर प्रकृति और पर्यावरण को निकट से समझा।

Model Office, Fee, Club

Ashwakra Foundation for Education and Research
Plot No. 1, Chandra, D-11, Delhi-110085