



The Ashtavakra

Vol 3 2017

# Ashtavakra

Rehabilitating Together



App by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Government of India

STATE NODAL AGENCY CENTRE, THE NATIONAL TRUST  
(Ministry of Social Justice & Empowerment, Govt. of India)

## विकलांगता

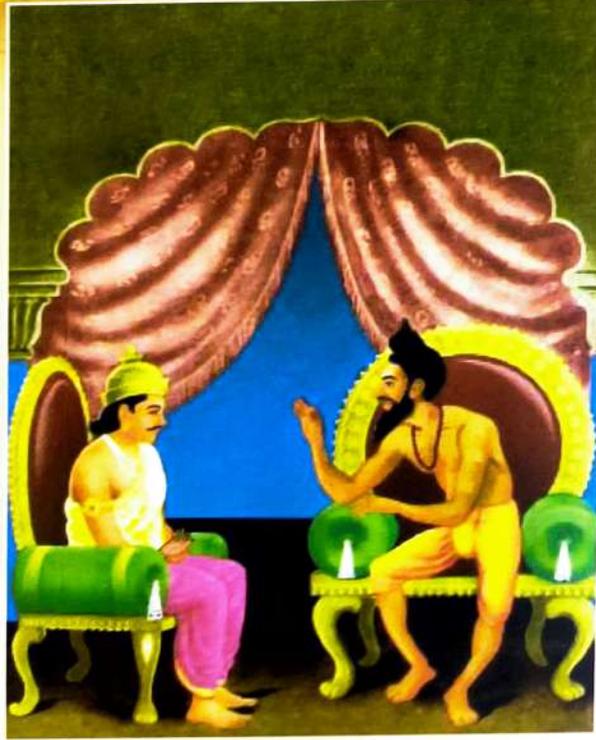
.... समृद्धि के पथ पर कोई रोक नहीं



# “अष्टावक्र”

एक ब्राह्मण ऋषि

सुजगुुरु



ज्ञानं इच्छेत् अलाशिवात् ।  
मीक्षं इच्छेत् जगार्दवात् ।

One day, kahola, father of Ashtavakra was reciting the Vedas but he pronounced it wrongly. Embryo informed Kahola that he had pronounced the syllable wrongly. Kahola cursed the fetus with eight deformities of the body. When the baby was born, it was crooked in eight places - the two feet, the two knees, the two hands, the chest and the head). He was named Ashtavakra, which means "one having eight bends".

Once kahola went to Janaka's court and challenged to a scriptural debate. There Vandin easily defeated Kahola and immersed the vanquished Kahola in under water. When Ashtavakra was twelve years old, he came to know the truth about his father Kahola from his mother. He decided to confront Vandin. Ashtavakra defeated Vandin in debate. Vandin then revealed that he was the son of Varuna (the Lord of all water bodies). Varuna brought all the sages to surface.

In the presence of Sujata, Kahola asked Ashtavakra to bathe in the river Samanga. When Ashtavakra entered the river, all his crooked limbs became straight.

एक दिन अष्टावक्र के पिता कहोड़ वेदो का उच्चारण करने में गलती कर रहे थे। गर्भ में उपस्थित अष्टावक्र ने पिता को उनकी गलती का अहसास कराया। पिता ने क्षुब्ध होकर अष्टावक्र को श्राप दे दिया कि तू आठ जगह से टेड़ा हो जायेगा - दो हाथ, दो घुटने, दो पांव, सीना और सिर। उनके नाम का अर्थ है आठ मोड़ वाला।

एक बार वंदिन नामक दानव राजा के दरबार में गया और शास्त्रीय वाद-विवाद के लिए राजा को ललकारा। वंदिन कहोड़ ने राजा को आसानी से पछाड़ दिया और उन्हे पानी के सागर में डुबा दिया। तभी अन्य सभी साम्राज्य के राजाओं द्वारा भी इस विपदा का हल नहीं निकल सका। 12 वर्ष की अल्प अवस्था में अष्टावक्र को अपनी माता से इस गाथा के बारे में पता चला। अष्टावक्र ने वंदिन कहोड़ को वाद-विवाद में परास्त उन्हे मात दे दी। तब वंदिन ने भेद खोला कि वास्तव में वह भगवान वरुण (जल देवता) के पुत्र हैं। भगवान वरुण ने उनकी ताकत, निर्भयता एवं बुद्धिमता को पहचान कर उन्हे आठों अंगों की विकलांगता से मुक्त किया तथा राजा जनक ने अष्टावक्र को अपने राज्य का राजगुरु मनोनीत कर राज्य पर आए हुए संकट एवं विपदा को दूर किया और राज्य में रामराज्य स्थापित किया।

यह भवन स्वर्गीय लाला मनीराम गुप्ता एवं स्वर्गीय शान्ती देवी की स्मृति में उनके पुत्र श्री राम कैलाश गुप्ता एवं पुत्र वधु श्रीमती कुसुम गुप्ता के द्वारा स्थापित किया गया है।

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## How to use this guide

This magazine is divided into four sections to help you find the information you need.

# 1

**Section 1:** From page 11 to 24  
Read about Ashtavakra Institute of Rehabilitation Sciences and Research. Its infrastructure, courses offered along with admission procedure and course details

# 2

**Section 2:** From page 25 to 30  
Read about The Ashtavakra School. Its infrastructure, features and services offered, Ashtavakra Vocational Institute and State Nodal Agency Centre-The National Trust

# 3

**Section 3:** From page 32 to 41  
Read about all the National & International Conferences organized by the Institute. Also the CRE programmes held and the report on 1st and 2nd Convocation.

# 4

**Section 4:** From page 42 to 52  
Read about all the past events of the Institute viz. Sports Meet, Awareness Programmes, Camps, Workshops, Educational visits etc.

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# Approvals, Affiliations & Recognitions



Approved By

**Rehabilitation Council Of India**  
A Statutory Body under Ministry of Social Justice and Empowerment Govt. of India



Affiliated To

**GGSIU University**  
New Delhi



**delhi.gov.in**  
Govt. of NCT of Delhi

Registered under

**PwD (Person with Disability) Act 1995**  
Department Of Social Welfare; Govt. Of NCT Delhi



Recognized from

**National Trust**  
Ministry of Social Justice and Empowerment  
Govt. of India



Learning Centre

**National Institute of Open Learning**  
Ministry of HRD, Govt. of India



# The Visionary

Sh. Ram Kailash Gupta, an Eminent Personality born on 5<sup>th</sup> Sept, 1952 to bless the people by facilitating education and support to needy ones.

This magnanimous and benign personality graduated himself in humanity stream after facing the vicissitudes of life. He started contributing in Educational Fields. This magnifico later realized that only providing prefulgency to one kind of education to seekers would not fulfill his heart desires. So he kept on putting his persistent efforts toward starting a number of exemplary Institutions in the Field of Advanced Studies, Medical and Technical Education and for the Children with special needs.



**Ram Kailash Gupta**  
**Chairman, Tecnia Group**

*An Educationist, Philanthropist and a Social Activist*



## DIRECTOR'S MESSAGE

*Ashtavakra  
an intersection  
where legacy,  
knowledge,  
experience &  
innovation  
come together  
for  
rehabilitation*

We live in an enlightened world of knowledge, where each and everyone is Special. Everyone has the Right to light their Future Bright. As the sun doesn't differentiate anyone in sharing the ray of Light, so do we. India is one of the few countries in the world that is blessed with rich cultural heritage, one of the oldest human civilizations, and highly hard working pool of young people seeking new knowledge and education to raise India's stature to the top three economies in the world. This requires the development and proliferation of quality higher educational systems in India.

Tecnia Group of Institutes has always been alive to the academic needs of the country, and has provided a visionary diversification in innovative education with global paradigms. The establishment of Ashtavakra reflects a positive strides in this direction aimed at producing quality rehabilitation professional capable of strengthening and broadening the base of rehabilitation education in India .

At Ashtavakra the guiding vision and mission is to pursue excellence constantly in all its endeavors while providing world class education to its students and producing rehabilitation professionals who can serve to reduce the mismatch between the availability and demand for skilled human resourses. Ashtavakra in the short span of two years has stirred up a new awakening in the field of rehabilitation and are being witnessed as a array of progress in the areas of rehabilitation, which have a direct bearing on the spectacular development in Rehabilitation field.

The various programmes offered at Institute are designed to be a gateway to achieve success and overcome global scarcity of skilled and trained human resource in field of Rehabilitation. However we strive towards making learning a continuous which helps generate fresh idea and exudes enthusiasm. Besides latest academic inputs, the students are also given full fledged clinical exposure through various projects, visits & guest lectures and this keep them in sync with the practicalities of the world. All this is done in a congenial atmosphere which accelerates the student's growth process and paves the way for them to become skilled professionals .

It provides friendly and inviting atmosphere in the classroom where students are comfortable in sharing their thoughts, opinions, and questions with the class teacher as well as among themselves. Faculty fosters the interdisciplinary approach to teaching and learning in the class room and prepares students for future challenges and aims to unleash the hidden talent and develop the full potential of the Special.

In order to achieve our goal of spreading the ray of Hope and Happiness, we have five specialized wings.

1. The Ashtavakra School
2. Ashtavakra Institute of Rehabilitation Sciences and Research
3. Ashtavakra Vocational Institute
4. Ashtavakra Sur Aradhana
5. Ashtavakra Rehabilitation Centre

Indeed a fascinating world! Thats the world of Ashtavakra an intersection where legacy, knowledge, experience and innovation come together to draw a blueprint of a world more cohesive in terms of understanding past and future knowledge, frontiers explored and unexplored, opportunities seized and invented for rehabilitation.

**Dr Anmol Arora**  
Medical Director



## PRINCIPAL'S MESSAGE

At The Ashtavakra School, which has been established to meet the requirements of children with special education needs the guiding vision and mission is to pursue excellence constantly in all its endeavors while providing world class education to its students and training rehabilitation professionals to bridge the gap between the availability and demand for skilled human resources. Our moto is "living with and loving our children with Divyang needs".

We help children with challenges and their care givers, by accessing the information to support and provide services that they need to conquer the challenges. We create and disseminate knowledge on intellectual and developmental challenges through class room teaching, regular publications, as well as through major projects, seminar, national and international conferences etc. Thus, we are focused to the change the public and policy disclosure around intellectual and development challenges. Our efforts have already satisfied hundreds of young people across Delhi and the country in general.

The Ashtavakra School is making dedicated efforts towards building a community of children with challenges, parents, care givers and volunteers to advocate their cause not only in India but across the world.

The publication of the third addition of this magazine is highly appreciated and I am sure that this will be yet another feather in the cap at Ashtavakra School by providing important knowledge about the rehabilitation course and the special efforts being made by them.

I wish the Special School GLORY AND FAME in pursuing the noble cause.

**Menu Jain**  
Principal  
The Ashtavakra School

वेणु राजामणि  
राष्ट्रपति के प्रेस सचिव

*Venu Rajamony*  
*Press Secretary to the President*



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*New Delhi-110004*



### **MESSAGE**

The President of India, Shri Pranab Mukherjee, is happy to know that the Ashtavakra Institute of Rehabilitation Sciences and Research, Delhi is bringing out its Magazine "ASHTAVAKRA - rehabilitating together".

The President extends his warm greetings and felicitations to all those associated with the Institute and sends his best wishes for their future endeavours.

Press Secretary to the President



भारतीय पुनर्वास परिषद्



सत्यमेव जयते

भारतीय पुनर्वास परिषद्

(सामाजिक न्याय और अधिकारिता मंत्रालय,  
विकलांगजन सशक्तिकरण विभाग के अधीन एक सांविधिक निकाय)

**REHABILITATION COUNCIL OF INDIA**

(A Statutory Body under the Ministry of Social Justice and Empowerment,  
Department of Empowerment of Persons with Disabilities)

No.5-77(1)/2015-RCI

11<sup>th</sup> February, 2016



### MESSAGE

It gives me immense pleasure to know that Ashtavakra Institute of Rehabilitation Sciences & Research is bringing out the next issue of their magazine "The Ashtavakra".

I am confident that the various job oriented programmes which the institution is offering will empower the students at large through appropriate skill development leading to gainful employment.

I take this opportunity to convey my best wishes and congratulations to the Management, Staff and Students of the Institute for an outstanding success in their endeavor.

(S.K. Srivastava)  
Member Secretary



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*Professor Anil K. Tyagi*

Ph.D., F.N.A. Sc., F.A. Sc., F.N.A.

**Vice Chancellor**



### MESSAGE

It is heartening to learn that Ashtavakra Institute of Rehabilitation Sciences and Research is coming up with the third edition of their Institute magazine "The Ashtavakra".

I am not surprised for your success as you deserved it with your positive attitude and never stopping efforts. I expect that Ashtavakra Institute of Rehabilitation Sciences and Research will continue to strive hard to maintain the spirit and find sky its limit.

My sincere and best wishes to the success of entire endeavor.

**(Prof. Anil K. Tyagi)**



# TESTIMONIALS



Had heard a lot about The Ashtavakra School and the visit was surely a very pleasant one.

**Indu Chaswal**  
Consultant, ASD



Nice to visit Ashtavakra Institute of Rehabilitation Sciences & Research. I wish this will take a new innovation in the field of Special Education and Rehabilitation of differently abled.

**Dr. Arun Banik**  
Director, National Centre for Disability Studies IGNOU



The Institute is really doing a very great job. It reflects their hard work and dedication in the field of special education.

**P.R. Meena IAS**  
Director, Deptt. of Social Welfare Govt. of NCT Delhi



I would like to thank and congratulate Ashtavakra Institute of Rehabilitation Sciences and Research to take up the cause and help to build equal and happy society.

**Dr. Manoj Sharma**  
Sr. Orthopaedic and Spine Surgeon  
Jaipur Golden Hospital



I am sure that the various Special Education Programmes which the Institute is offering will empower the students through appropriate skill development.

**Dr. Anil Kumar Kansal**  
Associate Director & Unit Head  
Department of Brain & Spine Surgery  
Max Healthcare



Splendidly knowledgeable. Good effort done in the field of Rehabilitation. My best wishes to the success of entire endeavor.

**Sharmistha Mukerjee**  
Eminent Dance Exponent



I feel glad for the success and expect that the Institute will continue to strive hard to maintain the spirit.

**Vinod Aggarwal IAS**  
Ministry of Social Justice and Empowerment, Govt of India



I take this opportunity to convey my best wishes and congratulations to the Management, Staff and Students of the Institute for an outstanding success in their endeavor.

**P.K. SINGH IBS**  
Deputy Director General  
Doordarshan



I am sure the vision of its chairman, Sh. R.K. Gupta and the zeal of the Medical Director Dr. Anmol Arora will bring about welcome change in the attitude towards the persons with Special needs.

**Dr. Achal Gulati**  
Director Principal  
Dr. Baba Saheb Ambedkar  
Medical College & Hospital



I congratulate the management on their initiatives in this field and wish them success in all such endeavors in future also.

**Dr. Puneeta Mahajan**  
Medical Superintendent  
Dr. BSA Hospital



Campus for  
Post Graduate  
Courses

## Ashtavakra Institute of Rehabilitation Sciences & Research (AIRSR)

**A**shtavakra Institute of Rehabilitation Sciences & Research was established in year 2009 and is approved by Rehabilitation Council of India. The Institute aims to provide trained and qualified personnel in the field of Special Education to meet the requirements of pupils with Special Educational needs.

With a contemporary approach to study, work and innovation, AIRSR adapts to educate professionals in the field of Special Education to meet the global demand.

True to our slogan "Rehabilitating Together" we combine academic study with practical experiences to deliver useful courses to help drive you towards your career goals.

It has a team of highly qualified staff members and specialists in various

disciplines. The Institute is a super specialized Centre where children with orthopedic impairment, hearing-impairment, vocal impairment and mental retardation are given special education and training at its special wing 'The Ashtavakra School'.

The plan what we envisaged is to impart higher educational courses and vocational courses through its special wing where the pupils could opt for a rewarding career as a Rehabilitation Professional.

### Post Graduate Courses Offered

1. B.Ed Special Education (HI)
2. B.Ed Special Education (MR)
3. B.Ed Special Education (ASD)
4. BASLP
5. B.Ed Special Education (VI)\*
6. B.Ed Special Education (LD)\*
7. M.Ed Special Education\*

# INFRASTRUCTURE

Our campus offers a safe and motivating environment within reach of all season address residential. The institute has been built in picturesque surroundings. The infrastructure is specially designed keeping in mind the learner first accessibility and is well connected by Delhi Metro Rail.

## Classrooms

Centers are valuable educational tools that teachers can incorporate into their classroom. An effective center provides an educational activity to supplement classroom instruction. Centers allow students to work independently or together in small groups at various stations set up around the classroom.

## Lecture Hall

Multi-media rich, pleasantly furnished, spacious, well lit lecture halls provides appropriate environment for studies.

## Computer Hall

The Computer Lab is ably supported with fully equipped computers having state-of-the-art computing resources providing one-to-one access to students. The Lab is ably provided with latest software applications. The computer center is air conditioned and is backed up by high caliber UPS to ensure uninterrupted operations. The Computer Lab has more than 20 latest computers and dedicated broadband internet connectivity. Moreover, the computer center is upgraded from time to time to ensure that the facilities remain at par with the latest technology. The computer center is geared to provide a specialist environment for the student to accomplish their assigned task.

## Library

The Library is the brain of an institution. Our library fosters the pursuit of academic excellence. The mission of the library is to connect people to the world of information and ideas. This library has a huge collection of books. More than 1000 books are available in the campus library. About 50 Journals, periodicals and magazines on various topics and 10 News papers are regularly subscribed by the library.

Reference section is well stocked with Encyclopedias, books on General Knowledge & Competitive exams, Dictionaries, Indian standard codes etc. In order to enrich this library, a large number of valuable books on varied topics of study and interest are added every year.

## Auditorium

The Institute has a well equipped centrally air conditioned Auditorium with latest Audio Visual & Projection facility. The state-of-the-art auditorium has a seating capacity of over 250 persons. This auditorium provides a great opportunity to conduct Seminars, Conferences, Corporate Meet, Convention, Cultural Programmes and other interactive sessions.





### Audiology Lab

Audiological assessment is done in the Out Patient Department (OPD) for the persons with hearing impairment by the highly qualified and experienced professionals and provided appropriate guidance to the persons for better management of his/her hearing.



### Speech Therapy Lab:

Highly qualified and experienced professionals are available for conducting the speech and language assessment for the persons who need it. Speech therapy is also available in the Out Patient Department.



### Ear Mould Laboratory

An ear mould laboratory which is fully equipped with modern technology available in the Out Patient Department (OPD) for providing the support services.



### Psychology Lab

Psychological services include a wide spectrum of assessment that includes cognitive, behavioral, emotional and also assessment of learning disabilities. Facilities available are IQ testing, Neuro Psychological Evaluation, Educational, Developmental & Social Adaptive Evaluation.



### Occupational Therapy Lab

The Institute has a occupational therapy lab where the children are assisted to gain the skills they need to live full meaningful lives. The Occupational therapist work with innovative tools and methods to help them perform valued activities.



### Physiotherapy Lab

The Institute has a well equipped Physiotherapy lab that provide services to help achieve optimal recovery of functional movement. Physiotherapy services include developing treatment programmes and rehabilitating patients.



### Conference Room

The Institute has a well equipped Conference room fitted with mikes and LCD projectors for carrying out interactive discussions and presentations.



### Resource Room

The Institute has a well stocked Resource Room with teaching aids and models. These aids are used to give instructions and academic remediation to the students with specific learning disabilities as defined by the student's Individualized Education Program (IEP).



### Canteen

Cafeteria is situated in Block A in the campus for students and faculty. High quality meals, refreshments and snacks are available at reasonable rates.



## B.Ed. Special Education (Autism Spectrum Disorder)

### Semester Wise Paper Distribution

S.No	Course Code	Name of the paper
<b>Semester 1</b>		
1.	BEDSE100101	Human Growth & Development
2.	BEDSE100103	Contemporary India and Education
3.	BEDSE100105	Introduction to Sensory Disabilities (VI, HI, Deaf-blind)
4.	BEDSE100107	Introduction to Neuro Developmental Disabilities (LD, ID MR, ASD)
5.	BEDSE100109	Introduction to Locomotor & Multiple Disabilities (Deaf- Blind, CP, MD)
6.	BEDSELD123111	Assessment and Identification of Needs
7.	BEDSE100151	Practical Cross Disability and Inclusion
<b>Semester 2</b>		
1.	BEDSE100102	Learning, Teaching and Assessment
2.	BEDSE1001040608	Mathematics, Science, Social Science (ANY ONE)
3.	BEDSE100110 112	English, Hindi (ANY ONE)
4.	BEDSE100114	Inclusive Education
5.	BEDSELD123152	Curriculum Designing, Adaptation and Evaluation
<b>Semester 3</b>		
1.	BEDSELD123201	Intervention and Teaching Strategies
2.	BEDSELD123203	Psycho Social and Family Issues
3.	BEDSE100207	Reading and Reflecting on Texts (EPC)
4.	BEDSE100209	Performing and Visual Arts
5.	BEDSELD123251	Practical Disability Specialization
6.	BEDSELD123253	Main disability special school (Related to Area C)
<b>Semester 4</b>		
1.	BEDSE100208	Community Based Rehabilitation
2.	BEDSE100226	Vocational Training, Transition and Job Placement
3.	BEDSE100228	Basic Research & Basic Statistics
4.	BEDSE100252	Practical Cross Disability and Inclusion
5.	BEDSELD123254	Practical Other disability special school
6.	BEDSE100256	Practical Inclusive school



#### Eligibility

The eligibility for this B.Ed. course is B.A/ B.Sc/ B.Com with minimum of 50% marks in aggregate in 10+2+3 pattern or equivalent thereto.

#### Mode of Selection

CET (GGSIPU)

#### Duration

The duration of the course is two academic year.



## B.Ed. Special Education (Hearing Impairment)

### Semester Wise Paper Distribution

S.No	Course Code	Name of the paper
<b>Semester 1</b>		
1.	BEDSE100101	Human Growth & Development
2.	BEDSE100103	Contemporary India and Education
3.	BEDSE100105	Introduction to Sensory Disabilities (VI, HI, Deaf-blind)
4.	BEDSE100107	Introduction to Neuro Developmental Disabilities (LD, ID / MR, ASD)
5.	BEDSE100109	Introduction to Locomotor & Multiple Disabilities (Deaf- Blind, CP, MD)
6.	BEDSEHI122111	Assessment and Identification of Needs
7.	BEDSE100151	Practical: Cross Disability and Inclusion B
<b>Semester 2</b>		
1.	BEDSE100102	Learning, Teaching and Assessment
2.	BEDSE100104/06/08	Mathematics / Social Science / Science (Any One)
3.	BEDSE100110/112	English / Hindi (Any One)
4.	BEDSE100114	Inclusive Education
5.	BEDSEHI122116	Curriculum Designing, Adaptation and Evaluation
6.	BEDSEHI122152	Practical: Disability specialization
<b>Semester 3</b>		
1.	BEDSEHI122201	Intervention and Teaching Strategies
2.	BEDSEHI122203	Technology and Disability
3.	BEDSEHI122205	Psycho Social and Family Issues
4.	BEDSE100207	Reading and Reflecting on Texts (EPC)
5.	BEDSE100209	Performing and Visual Arts
6.	BEDSEHI122251	Practical: Disability Specialization
7.	BEDSEHI122253	Main disability special school (Related to Area C)
<b>Semester 4</b>		
1.	BEDSE100202	Guidance and Counseling
2.	BEDSE100220	Communication Options: Manual (Indian Sign Language)
3.	BEDSE100228	Basic Research & Basic Statistics
4.	BEDSE100252	Practical: Cross Disability and Inclusion
5.	BEDSEHI122254	Practical: Other disability special school
6.	BEDSE100256	Practical: Inclusive school



#### Eligibility

The eligibility for this B.Ed. course is B.A/ B.Sc/ B.Com with minimum of 50% marks in aggregate in 10+2+3 pattern or equivalent thereto.

#### Mode of Selection

CET (GGSIPU)

#### Duration

The duration of the course is two academic year.



## B.Ed. Special Education (Mental Retardation)

### Semester Wise Paper Distribution

S.No	Course Code	Name of the paper
<b>Semester 1</b>		
1.	BEDSE100101	Human Growth & Development
2.	BEDSE100103	Contemporary India and Education
3.	BEDSE100105	Introduction to Sensory Disabilities (VI, HI, Deaf-blind)
4.	BEDSE100107	Introduction to Neuro Developmental Disabilities (LD, ID / MR, ASD)
5.	BEDSE100109	Introduction to Locomotor & Multiple Disabilities (Deaf- Blind, CP, MD)
6.	BEDSEMR121111	Assessment and Identification of Needs
7.	BEDSE100151	Practical: Cross Disability and Inclusion B
<b>Semester 2</b>		
1.	BEDSE100102	Learning, Teaching and Assessment
2.	BEDSE100104/06/08	Mathematics / Social Science / Science <b>(Any One)</b>
3.	BEDSE100110/112	English / Hindi <b>(Any One)</b>
4.	BEDSE100114	Inclusive Education
5.	BEDSEMR121116	Curriculum Designing, Adaptation and Evaluation
6.	BEDSEMR121152	Practical: Disability specialization
<b>Semester 3</b>		
1.	BEDSEMR121201	Intervention and Teaching Strategies
2.	BEDSEMR121203	Technology and Disability
3.	BEDSEMR121205	Psycho Social and Family Issues
4.	BEDSE100207	Reading and Reflecting on Texts (EPC)
5.	BEDSE100209	Performing and Visual Arts
6.	BEDSEMR121251	Practical: Disability Specialization
7.	BEDSEMR121253	Main disability special school (Related to Area C)
<b>Semester 4</b>		
1.	BEDSE100208	Community Based Rehabilitation
2.	BEDSE100226	Vocational Training, Transition and Job Placement
3.	BEDSE100228	Basic Research & Basic Statistics
4.	BEDSE100252	Practical: Cross Disability and Inclusion
5.	BEDSEMR121254	Practical: Other disability special school
6.	BEDSE100256	Practical: Inclusive school



### Eligibility

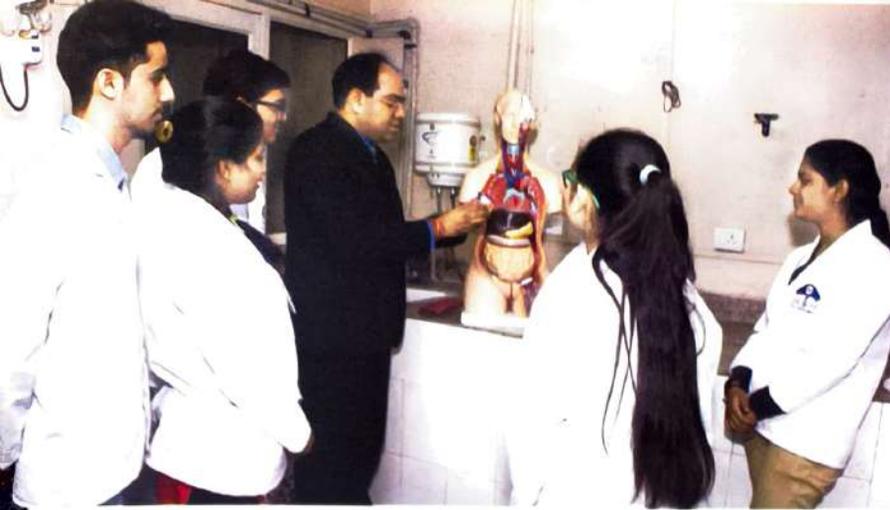
The eligibility for this B.Ed. course is B.A/ B.Sc/ B.Com with minimum of 50% marks in aggregate in 10+2+3 pattern or equivalent thereto.

### Mode of Selection

CET (GGSIPU)

### Duration

The duration of the course is two academic year.



# Bachelor in Audiology & Speech Language Pathology (BASLP)

## Year Wise Paper Distribution

S.No	Course Code	Name of the paper
<b>1st Year</b>		
1	BASLP-101	Introduction to Speech and Language Pathology
2	BASLP-102	Introduction to Audiology
3	BASLP-103	Basic Human, Anatomy and Physiology
4	BASLP-104	Basic Acoustic & Electronics
5	BASLP-105	Introduction to Linguistics
6	BASLP-106	Psychology related to Speech & Hearing
7	BASLP-151	Clinical Practicum Speech Pathology
8	BASLP-152	Clinical Practicum Audiology
<b>2nd Year</b>		
1	BASLP-201	Childhood Communication Disorder
2	BASLP-202	Articulation & Phonological Disorder
3	BASLP-203	Voice & Laryngectomy
4	BASLP-204	Diagnostic Audiology
5	BASLP-205	Amplification & Assistive Devices for the Hearing Impaired
6	BASLP-206	Educational Audiology
7	BASLP-207	(a) Otorhinolaryngology (b) Community Oriented Professional Practices in Speech Language Pathology
8	BASLP-208:	Basic Statistics & Research Methods in Speech – Language Pathology and Audiology
9	BASLP-251	Clinical Practicum Speech Pathology
10	BASLP-252	Clinical Practicum Audiology
<b>3rd Year</b>		
1	BASLP-301	Fluency and its Disorders
2	BASLP-302	Adult Neurocommunication Disorders
3	BASLP-303	Neuromotor Speech Disorder
4	BASLP-304	Rehabilitative Audiology
5	BASLP-305	Noise Measurement & Hearing Conservation
6	BASLP-306	Paediatric Audiology
7	BASLP-351	Clinical Practicum Speech Pathology
8	BASLP-352	Clinical Practicum Audiology



Guest faculty Mr J. C Gupta,  
Lecturer cum Asst Director NIHH.

### Eligibility

Pass in 12th Class of 10+2 of CBSE or equivalent with a min. aggregate of 50% marks in Phy, Chem & Bio and have passed in English (core or elective or functional) as a subject.

### Mode of Selection

Entrance Exam

### Duration

The duration of the course is four academic year.

# Campus for Under Graduate & Diploma Courses



## Courses Offered

1. D.Ed Special Education (HI)
2. D.Ed Special Education (MR)
3. D.Ed Special Education (ASD)
4. D.Ed Special Education (VI)
5. D.Ed Special Education (CP)
6. D.Ed Special Education (DB)
7. D.Ed Special Education (MD)\*

## Ashtavakra Institute of Rehabilitation Sciences & Research

### Career Oriented Courses

The Institute's strong research and affiliations ensure course material are always up to date and relevant to what's happening in the real world.

### High level of professional accreditation

Ashtavakra Institute of Rehabilitation Sciences & Research places a strong emphasis on professional accreditations, hence the courses meet the needs of industry and professional organisations.

### Balance of Industry and practical learning

Nearly all courses have practical components, so you will have plenty of opportunities to gain hands-on experience in real life situations through case studies or practical work in our state-of-the-art facilities.

### Teaching students skills for life

You will be encouraged to adopt an independent, critical and analytical approach to each subject area. We encourage students to monitor new developments and to be adaptable to lifelong learning.

### Industry trained academic staff

Our industry trained academics are in touch with the professional world and help provide you with the best possible resources to succeed in your studies.





## D.Ed. Special Education (Autism Spectrum Disorder)

### Year Wise Paper Distribution

S.No	Name of the paper	
<b>COMMON PAPERS</b>		<b>(First Year)</b>
1.	Introduction to Disabilities (Common Paper)	
2.	Educational Psychology (Common Paper)	
<b>DISABILITY SPECIFIC PAPERS</b>		
1.	Autism Spectrum Disorders: Nature, Needs & Etiology	
2.	Assessment & Teaching Methods for Children with ASD	
3.	ASD & Associated Conditions	
4.	Methodology for Practicum- Development of Independent Living Skills & Teaching Learning Material	
<b>COMMON PAPERS</b>		<b>(Second Year)</b>
1.	Education in the emerging Indian society and school administration (Common Paper)	
2.	Inclusive Education for Children with Disabilities (Common Paper)	
<b>DISABILITY SPECIFIC PAPERS</b>		
1.	Therapeutics & Interventions in ASD -I	
2.	Therapeutics & Interventions in ASD -II	
3.	Curriculum & Educational Program	
4.	Adulthood, Family & Community Needs	
<b>Practical</b>		<b>(First Year) &amp; (Second Year) Both</b>
1.	Assessment & Individualized Education Program	
2.	Group Teaching & Peer Observation: Curricular Activities	
3.	Group Teaching & Peer Observation: Co-Curricular Activities	
4.	Therapeutics & Management of Behavior	
5.	Career education & Transition Plan	
6.	Preparation of Teaching Aids & Adaptive Devices	



#### Duration of the Course

The duration of the course will be two years (four semesters) (220 days consisting of 1320 hrs. each year, thus having a total of 440 days consisting of 2640 hours for theory and practicum)

#### Eligibility

Students who have passed 10+2 or equivalent from a recognized Board of Education in any stream with minimum 50% of marks.

#### Examination Scheme

As per RCI's Scheme of Examination.



## D.Ed. Special Education (Cerebral Palsy)

### Year Wise Paper Distribution

S.No	Name of the paper	
<b>COMMON PAPERS</b> (First Year)		
1.	Introduction to Disabilities (Common Paper)	
2.	Educational Psychology (Common Paper)	
<b>DISABILITY SPECIFIC PAPERS</b>		
1.	Physical and Functional Management of Cerebral Palsy	
2.	Communication, Hearing, Language & Speech	
3.	Education for Children with Cerebral Palsy	
<b>COMMON PAPERS</b> (Second Year)		
1.	Education in the emerging Indian society and school administration (Common Paper)	
2.	Inclusive Education for Children with Disabilities (Common Paper)	
<b>DISABILITY SPECIFIC PAPERS</b>		
1.	Communication Intervention: AAC	
2.	Towards Independence and Empowerment: Pre vocational, Vocational, Employment and Leisure	
3.	Increasing Participation of Children with CP	
<b>Practical</b> (First Year)		
1.	Assessment & Individualized Education Program	
2.	Group Teaching & Peer Observation: Curricular Activities	
3.	Therapeutics & Management of Behavior	
4.	Preparation of Teaching Aids & Adaptive Devices	
<b>Practical</b> (Second Year)		
1.	Assessment & Individualized Education Program	
2.	Group Teaching & Peer Observation: Co-Curricular Activities	
3.	Career education & Transition Plan	
4.	Preparation of Teaching Aids & Adaptive Devices	



#### Duration of the Course

The duration of the course will be two years (four semesters) (220 days consisting of 1320 hrs. each year, thus having a total of 440 days consisting of 2640 hours for theory and practicum)

#### Eligibility

Students who have passed 10+2 or equivalent from a recognized Board of Education in any stream with minimum 50% of marks.

#### Examination Scheme

As per RCI's Scheme of Examination.



## D.Ed. Special Education Deafblind (DB)

### Year Wise Paper Distribution

S.No	Name of the paper	
<b>COMMON PAPERS</b>		<b>(First Year)</b>
1)	Introduction to Disabilities (Common Paper)	
2)	Educational Psychology (Common)	
<b>DISABILITY SPECIFIC PAPERS</b>		
1)	Assessment and Communication	
2)	Augmentation and Alternative Communication	
3)	Educational Strategies and Intervention	
4)	Partnerships with Families and Early Intervention	
<b>COMMON PAPERS</b>		<b>(Second Year)</b>
1)	Education in the emerging Indian society and school administration (Common Paper)	
2)	Inclusive Education for Children with Disabilities (Common Paper)	
<b>DISABILITY SPECIFIC PAPERS</b>		
1)	Integrating Activities Into Practice	
2)	Play and Leisure	
3)	Preparing For Adult Life	
4)	Strategies and Settings for Education	
<b>Practical</b>		<b>(First Year)</b>
1)	Communication	
2)	Practice Teaching	
3)	Orientation and Mobility	
4)	Use of aids and appliances	
5)	Preparing Needs based Teaching-Learning Material (TLM)	
<b>Practical</b>		<b>(Second Year)</b>
1)	Case Study	
2)	Assessment and Evaluation	
3)	Developing IEP	



#### Duration of the Course

The duration of the course will be two years (four semesters) (220 days consisting of 1320 hrs. each year, thus having a total of 440 days consisting of 2640 hours for theory and practicum)

#### Eligibility

Students who have passed 10+2 or equivalent from a recognized Board of Education in any stream with minimum 50% of marks.

#### Examination Scheme

As per RCI's Scheme of Examination.



## D.Ed. Special Education (Hearing Impairment)

### Semester Wise Paper Distribution

S.No	Name of the paper	
<b>Theory Paper</b>		
		<b>Semester - I</b>
1.	Introduction to Disabilities (Common Paper)	
2.	Education of children with hearing impairment	
3.	Language and Communication	
4.	Fundamentals of Hearing, Hearing Impairment & Audio logical Management	
<b>Theory Paper</b>		
		<b>Semester - II</b>
1.	Educational Psychology (Common)	
2.	Fundamentals of Speech and Speech Teaching	
<b>Theory Paper</b>		
		<b>Semester - III</b>
1.	Education in the emerging Indian society and school administration (Common Paper)	
2.	Curricular Strategies and Adaptations of lessons for children with hearing impairment	
3.	Content and methodology of Teaching Science and Mathematics	
4.	Content and Methodology of Teaching Social Science	
<b>Theory Paper</b>		
		<b>Semester - IV</b>
1.	Inclusive Education	
2.	Family, Community and the children with hearing impairment	
<b>Practical</b>		
		<b>Semester - I &amp; II</b>
1.	Practical area -1 (Teaching Practice)	
2.	Practical area -2 (Communication options)	
3.	Practical area -3 (Skill Development)	
4.	Practical area -4 (Audiology , Speech and Language)	
<b>Practical</b>		
		<b>Semester - III &amp; IV</b>
1.	Practical area -1 (Teaching Practice)	
2.	Practical area -2 (Communication options)	
3.	Practical area -3 (Skill Development)	
4.	Practical area -4 (Psychology)	
5.	Practical area -5 (Full time Teaching Practice)	



#### Duration of the Course

The duration of the course will be two years (four semesters) (220 days consisting of 1320 hrs. each year, thus having a total of 440 days consisting of 2640 hours for theory and practicum)

#### Eligibility

Students who have passed 10+2 or equivalent from a recognized Board of Education in any stream with minimum 50% of marks.

#### Examination Scheme

As per RCI's Scheme of Examination.



# B.Ed. Special Education (Mental Retardation)

## Semester Wise Paper Distribution

S.No Name of the paper

### Theory Paper

Semester - I

1. Introduction to Disabilities (Common Paper)
2. Human growth development & life span approach
3. Educational assessment, Teaching strategies and Material Development
4. Training adaptive skills and functional academics

### Theory Paper

Semester - II

1. Educational Psychology (Common)
2. Therapeutics

### Theory Paper

Semester - III

1. Education in the emerging Indian society and school administration (Common Paper)
2. Persons with mental retardation and associated disabilities
3. Curricular strategies
4. Family and community

### Theory Paper

Semester - IV

1. Inclusive Education for Children with Disabilities (Common Paper)
2. Teaching Methodology Subjects

### Practical

Semester - I

1. Assessment and Individualized Educational Programme (1 IEP – mild case)
2. Group Teaching Curricular Activities (8 lesson plans)
3. Group Teaching Co-curricular Activities (8 lesson plans)
4. Therapeutics & Behavior Modification (BM)
5. Information and communication technology

1. Assessment and IEP (2 IEPs moderate and severe case)
2. Group Teaching Curricular Activities (7 lesson plans)
3. Therapeutics (OT, PT & ST)
4. Teaching Learning Material (TLM)

Semester - II

1. Assessment and Individualized Educational Programme for associated disabilities (Autistic & CP child – 2 IEPs)
2. Work education and programming for transition
3. Group Teaching curricular and co-curricular activities for associated disabilities (11- lesson plans)

Semester - III

1. Assessment and Individualized Educational Programme for associated disabilities (Multi disabled child -1 IEP)
2. Preparation of Project
3. Group Teaching of Social Science and Maths (5 each on each subject total 10 lesson plans)

Semester - IV



### Duration of the Course

The duration of the course will be two years (four semesters) (220 days consisting of 1320 hrs. each year, thus having a total of 440 days consisting of 2640 hours for theory and practicum)

### Eligibility

Students who have passed 10+2 or equivalent from a recognized Board of Education in any stream with minimum 50% of marks.

### Examination Scheme

As per RCI's Scheme of Examination.



## D.Ed. Special Education (Visually Impaired)

### Semester Wise Paper Distribution

S.No	Name of the paper	
<b>Theory Paper</b>		
		<b>Semester - I</b>
1.	Introduction to Disabilities (Common Paper)	
2.	Implications of Visual Impairment	
3.	Teaching of Expanded Core Curriculum	
4.	Pedagogy of Environment Science (EVS) and Social Science Education	
		<b>Semester - II</b>
1.	Educational Psychology (Common)	
2.	Education of Children with Low Vision	
3.	Pedagogy of Science Education	
		<b>Semester - III</b>
1.	Education in the emerging Indian society & school administration	
2.	Education of Visually Impaired Children with Additional Disabilities	
3.	Pedagogy of Hindi/State Language and English Education	
		<b>Semester - IV</b>
1.	Inclusive Education for Children with Disabilities (Common Paper)	
2.	Early Childhood Care and Education (Visual Impairment)	
3.	Pedagogy of Mathematics Education	
<b>Practical</b>		
		<b>Semester - I</b>
1.	English Braille	
2.	Orientation and Mobility	
3.	Use of Special Appliances	
4.	Practice Teaching	
		<b>Semester - II</b>
1.	Braille—Hindi/State language	
2.	Orientation and Mobility	
3.	Preparation of low cost TLM	
4.	Practice Teaching	
5.	Information and communication technology	
		<b>Semester - III</b>
1.	Braille	
2.	Use of Special Appliances	
3.	Orientation and Mobility	
4.	Preparation of Teaching Learning Material	
5.	Practice Teaching	
6.	Project Work	
7.	Preparation of Tactile/Audio Maps	
		<b>Semester - IV</b>
1.	Practice Teaching	
2.	Teaching of Expanded Core Curriculum (ECC) Skills	
3.	Braille	
4.	Use of Special Appliances	
5.	Teaching and organizing co-curricular activities for visually impaired children	
6.	Community Work	



### Duration of the Course

The duration of the course will be two years (four semesters) (220 days consisting of 1320 hrs. each year, thus having a total of 440 days consisting of 2640 hours for theory and practicum)

### Eligibility

Students who have passed 10+2 or equivalent from a recognized Board of Education in any stream with minimum 50% of marks.

### Examination Scheme

As per RCI's Scheme of Examination.

# The Ashtavakra Special School

(School for Differently Abled)

Recognised from National Institute of Open Schooling, Ministry of HRD Govt of India  
Recognised from National Trust, Registered under PWD Act 1995

Class I - VIII

Class X-XII (From NIOS)



Mental Retardation	Autism Spectrum Disorder
Hearing Impairment	Visual Impairment
Deafblind	Cerebral Palsy

**A**shtavakra School, a special school meant for serving differently abled. The foundation stone of this Institute was laid down by His Holy highness Sri Sri Ravi Shankar ji, (Founder-Art of Living Foundation) on 28th March 2008. The school has been dedicated to Lala Mani Ram Foundation, which is running under the Chairpersonship of Smt. Kusum Gupta, a kind hearted and firm lady. The Chief Patron of the Institute is Shri R.K. Gupta, a well-known philanthropist and an ideal visionary. The Institute aims to provide education to differently abled children from Pre-primary to senior secondary level. The School is a model training school created solely for the purpose of making each special child a responsible citizen. Our main motto is to achieve full productive and equal participation of differently abled children / adults living in the society/community.



## Method of Teaching

The teaching method are adapted to the requirement of children, therefore the child learns in an environment which is free from fear and pressure. At The Ashtavakra School, all the teachers are specially trained and equipped to give their best services to the child and the individual attention in a classroom situation takes care of their personal and social development.

As the main aim of a special educator is to make the child independent according to his capacity, the concepts which have functional use are applied. Training is given according to the level of the individual child ability and therefore a curriculum is designed which best suits the child specific need. We at School for Handicapped ensure creative training procedure and also provide children with vocational training in order to enable them to become economically independent and self reliant.



## Our services includes

- Occupational Therapy
- Physiotherapy
- Speech Therapy
- Audiological Assessment
- Language Development
- Parents Infants Programs (PIP)
- Early Intervention Wing
- Special Schooling Training (Pre Vocational, Remedial Class, Pre-school Training)
- Remedial classes and inclusion promotion
- NIOS classes
- TEACHC program (Treatment and Education of Autistic and related Communication Handicapped Children).
- Applied Behavior Analysis (ABA) and Verbal Behavior Analysis (VBA)
- Picture Exchange and Communication System (PECS) and Alternate Augmentative Communication (AAC) programme.
- Psychological Therapies, Behavior Therapy and Cognitive Behavior Therapy.
- Daily Activities (Eating, dressing, grooming and toilet habits)
- Pharmacotherapy (Medications)
- Play, Drama and Music Therapy
- Yoga and Sports
- Computers
- Brain Gym exercise
- Vocational Rehabilitation
- Pre-vocational training
- Community based Rehabilitation
- Vocational Training and On the job Training Programme for Work Behaviours
- Guidance and Counseling
- Inclusive Hobby Classes
- Outreach Extension Services

## Disable friendly Infrastructure

### Ramp

Accessible ramp with slopes 1:16 to move. Taprails & Handrails along one side of the ramp which continues to ramp and landing. The ramps and platform have a nonskid surfaces.

### Disabled friendly Toilet

The toilet is non slippery with light weight PVC door. The W.C. seat is 500 mm with vertical handrail.

### Stairs with Flourescent tapes

Steps and stairs are carefully designed & detailed with accompanying handrails and flourescent tapes for the benefit of visually impaired.



## Sports at The Ashtavakra School





# Ashtavakra Vocational Institute

The primary purpose of vocational training is to prepare individuals especially the youth in the age group of 15-25 years for the world of work and make them employable for a broad group of occupation.

The School doubles up as a Rehabilitation Centre by rendering Rehabilitative Services. We ensure that each child in our school is being imparted with a particular Vocational Skill that will facilitate him/her to earn their own livelihood and be independent.

With this thought in mind Ashtavakra Vocational Institute opens up the path of employment for specially challenged by providing following Courses.



Accredited Vocational Institute of  
**National Institute of Open Schooling**  
Ministry of HRD, Government of India

SNo.	Name of the Course	Duration
1	Certificate in Libraray Science	1 Year
2	Certificate in Computer Applications	1 Year
3	Secretarial Practice	1 Year
4	Sarala Sangeeta Shiksha (Caranatic Music)	6 Months
5	Computer & Office Applications	6 Months

## Short Term Summer Courses

SNo.	Name of the Course	Duration
1	Art and Craft	3 Months
2	Beauty Culture	3 Months
3	Bakery	3 Months
4	Home Science (Cookery)	3 Months
5	Music & Dance	3 Months
6	Cutting and Tailoring	3 Months
7	Embroidery	3 Months
8	3D Printing	3 Months
9	Jewelry Making	3 Months

# Meet Our Team Ashtavakra

*“We are very proud of all of our staff who work very hard to serve the students and children with special needs to build confidence in achieving their innate potential at Ashtavakra Institute of Rehabilitation Sciences & Research”*



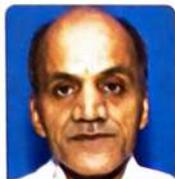
## Mrs. Kusum Gupta

President  
Handicapped Women Welfare Association



**Dr. Anmol Arora**

Medical Director



**Jai Prakash Sharma**

Special Educator (HI)



**R K Sharma**

Dy. Director



**Amjad Hussain**

HOD (HI)



**Ms Meenu Jain**

Principal Ashtavakra School



**Ms Sanjana Mittal**

Dy. Director



**Anupama Gupta**

HOD (ASD)



**Harish Kumar**

HOD (DB)



**Amit Kumar**

HOD (CP)



**Sandeep Upadhayay**

Lecturer (VI)



**Ramesh Srivastava**

Lecturer (HI)



**Dr. Irina Phoolwal**

Lecturer (VI)



**J.C. Gupta**

Visiting Faculty



**Dr Bijender Sindhu**

Physiotherapist



**Shilpa Jharia**

Lecturer (HI)



**Dhirender Pal**

Lecturer (CP)



**Mohd. Haseeb**

Psychologist



**Prashant Solanki**

Lecturer (ASD)



**Gangotri**

Lecturer (DB)



**Farheen**

Special Educator (VI)



**Taramani**

Special Educator (DB)



**Pinky**

Lecturer (HI)



**Debosree Das**

Lecturer (MR)



**Divya Batra**

Special Educator (DB)



**Himani Jain**

Faculty (ASD)



**Khyati Kohli**

Faculty (MR)



**Pratibha**

Special Educator (CP)



**Kishan Lal Bairwa**

Asst. Professor (MR)



**Ram Tirath Prajapati**

Lecturer (VI)



**Parul Tyagi**

Faculty (MR)



**Naresh Kumar**

Incharge-Admn.



**Vikas Kataria**

Sr. Accounts Officer



**K C Satwanti**

Accounts Officer



**Ashima Dhingra**

Counsellor



**Kavita Mehta**

Counsellor



**Ranjana Jaggi**

Receptioist



**Liladhar**

Special Educator (MR)



**Tripta Rani**

Special Educator (HI)



**Sarita**

Special Educator (MR)



**Sulekha**

Special Educator (ASD)



**Vikas Kumar**

Special Educator (DB)



**Pradeep**

Special Educator (HI)



**Sonu Kumari**

Special Educator (HI)



**Manish Kant Rai**

Special Educator (MR)



**Sneh Lata**

Special Educator (DB)



**Priyanka Pandey**

Research Officer



**Sana Afreen**

Asst. Professor (HI)



**Rohitashwa Singh**

Visiting Faculty



**Sanjay Kumar**

Audiologist



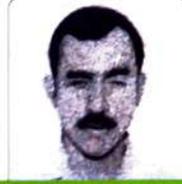
**Manisha Verma**

Special Educator (VI)



**Gulab Singh**

Special Educator (VI)



**Santosh Kumar**

Special Educator (VI)



**Anju**

Special Educator (DB)



**Akansha Singh**

Special Educator (CP)



**Himanshu Verma**

Faculty (ASLP)



**Balvinder Kaur**

Special Educator (CP)



**Subhash Prajapati**

Special Educator (CP)



**Srikant Mishra**

Lecturer (DB)



**Roopesh Kr Atteri**

Special Educator (VI)



**Poonam Goyal**

Special Educator (VI)



**Soniya Dahiya**

Librarian



**Gayatri**

Librarian



**Vikas Kumar**

Special Educator (DB)



**Jyoti Shah**

Faculty (ASLP)



**Divya Chauhan**

Faculty (ASLP)



**Saquib Hussian**

Faculty (ASLP)



**Yogesh Rajain**

Lecturer



**Lata Singh**

Lecturer



**Priyanka Singh**

Lecturer (MR)



**Virender Kumar**

Special Educator (DB)



**Dhurub Jyoti**

Special Educator (HI)



**Nisha Malhotra**

General Physician



# Ashtavakra Institute of Rehabilitation Sciences & Research

## STATE NODAL AGENCY CENTRE : THE NATIONAL TRUST

(Ministry of Social Justice & Empowerment, Govt. of India)

### Available Schemes

## Disha

*Early Intervention and School Readiness Scheme*



This is an early intervention and school readiness scheme for children upto 10 years with the disabilities covered under the National Trust Act.

## Vikaas

*Day Care*



A day care scheme for persons with autism, cerebral palsy, mental retardation and multiple disabilities, above 10 years for enhancing interpersonal and vocational skills.

## Samarth

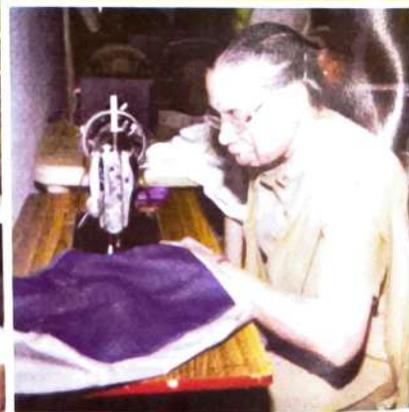
*Respite Care*



A scheme to provide respite home for orphans, families in crisis, Persons with Disabilities (PwD) from BPL, LIG families with at least one of the four disabilities covered under the National Trust Act.

## Gharaunā

*Group Home for Adults*



This scheme provides housing and care services throughout the life of the person with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities.

# Niramaya

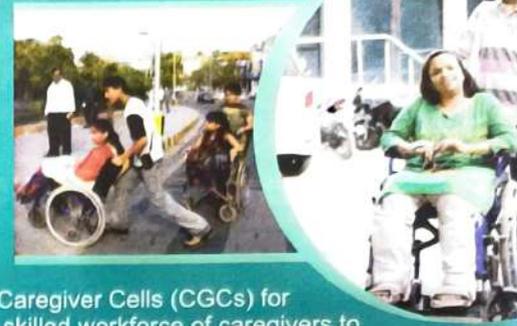
Health Insurance Scheme



This scheme is to provide affordable Health Insurance to persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities.

# Sahyogi

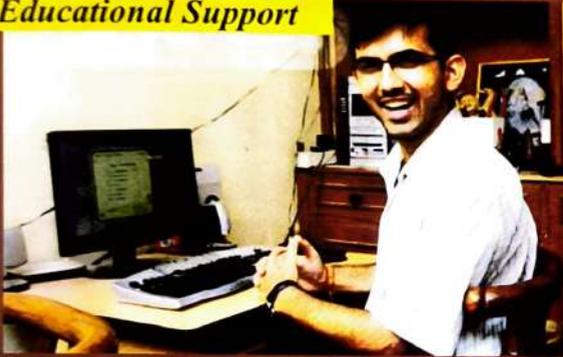
Care Associate Training Scheme



A scheme to set up Caregiver Cells (CGCs) for training and creating skilled workforce of caregivers to care for Person with Disabilities (PwD) and their families.

# Gyan Prabha

Educational Support



A scheme to encourage people with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities for pursuing educational/ vocational courses.

# Prerna

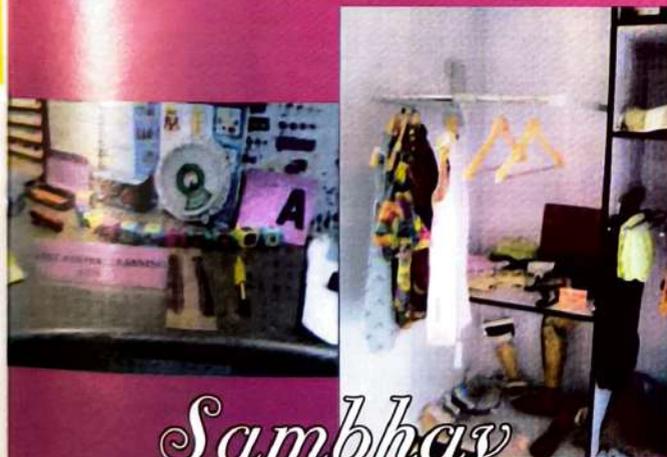
Marketing Assistance



A marketing scheme to create viable & wide spread channels for sale of products and services produced by persons with autism, cerebral palsy, mental retardation and multiple disabilities.

# Sambhav

Aids and Assistive Devices



This is a scheme to setup additional resource centres in each city, to collate and collect the Aids, software and other form of assistive devices.

# Badhte Kadam

Awareness, Community Interaction and Innovative Projects



## The National Trust

for the welfare of Persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities  
Department of Empowerment of Persons with Disabilities (Divyangjan)  
Ministry of Social Justice & Empowerment, Govt. of India



## National Conference On Innovative Approach for Teaching Visually Impaired in Inclusive Era

*"Let your fingers do the talking!"*  
Lynn Braille



(From L to R) Mr. Harish Kumar (HOD Deafblind) Mrs. Renu Mohan (HOD Visual Impairment) Mr. Sandeep Upadhyay, Lecturer Visual Impairment, Dr. Sudeep Kumar Dubey, Assistant Professor, Durgabai Deshmukh College of Special Education, Delhi University, Mr. Ram Kailash Gupta, Chairman, Tecnia Group of Institutions

Ashtavakra Institute of Rehabilitation Sciences & Research organised a one day National Conference on the topic "INNOVATIVE APPROACH FOR TEACHING VISUALLY IMPAIRED IN INCLUSIVE ERA" at Tecnia Auditorium. The main goal of this one day national conference was designed solely to understand innovative approach for teaching children with visual impairment in inclusive era.

The conference provided an appropriate platform to all Academicians, Intellectuals, and Researcher and, Scientists for capturing & sharing expertise on the concept of Visual Impairment.

The national conference was inaugurated by Mr. Ram Kailash Gupta, Chairman, Tecnia Group of Institutions along with chief guest Dr. Sudeep Kumar Dubey, Assistant Professor, Durgabai Deshmukh College of Special Education, Delhi University and Dr. Anmol Arora, Medical Director AIRSR. More than 500 participants including students, special educators, professionals and experts attended the conference.

Delivering the opening remarks Dr. Anmol Arora highlighted the need for early intervention and explained the concept of impairment, disability and handicapped. He emphasized on primary prevention keeping in view the early identification and intervention of children with visual impairment. Welcome address was followed by key note address given by chief guest Dr. Sudeep Kumar Dubey. His thought provoking address set a perfect platform for speakers to deliver their presentations in the areas of inclusive education. The presentation and discussion during the technical session brought out various facts, figures, and practices in the inclusive classrooms. It touched upon the concept of Visual Impairment along with its types, characteristics and educational implication and management.

Lastly Mr. Amjad Hussain extended a very hearty vote of thanks to all speakers for gracing their important work and sharing their findings and opinions in the conference.



# 10<sup>th</sup> National Symposium on CEREBRAL PALSY: "A Developmental Disability - It's Treatment and Rehabilitation"

Tecnia Auditorium, Madhuban Chowk, Delhi



10<sup>th</sup> National Symposium was organized by Ashtavakra Institute of Rehabilitation Sciences & Research on the topic "Cerebral Palsy: A Developmental Disability- It's Treatment and Rehabilitation".

The main goal of this National Symposium was solely to understand the concept of developmental disabilities specifically cerebral palsy and to discern its treatment and rehabilitation procedures. The symposium provided an appropriate platform to all Academicians, Intellectuals, Research Scholars & Scientists for capturing & sharing expertise on the concept of developmental disabilities specifically cerebral palsy along with its treatment and rehabilitation procedures.

The symposium was inaugurated by Mr. Ram Kailash Gupta, Chairman, Tecnia Group of Institutions along with chief guest Dr. Manoj Sharma from Jaipur Golden Hospital, and guest of honor Dr. J. C. Gupta and Dr. Anil Kansal. More than 200 participants comprising delegates, special educators, professionals, and expert from the field of academia attended the Symposium.

After the ceremonial lamp lighting and Saraswati Vandana, the event started with an opening speech by Dr. Anmol Arora, Medical Director, AIRSR, where he talked about the vision, strengths and achievements of the institute. Dr. Manoj Sharma, MD, Jaipur Golden Hospital, Delhi, focused on tuning the system for inclusive education. For this to happen he emphasized on guiding parents for their support to make inclusion successful. Dr. J.C. Gupta, Controller Examination, RCI and Ex. Asst. Director of AYJNIHH-NRC, Delhi exhorted all delegates to be focused on inclusion. He urged rehab professionals to come forward to make inclusion successful with their collaborative efforts. Dr. Anil Kansal, from Fortis Hospital, discussed about the management and prevention of people with cerebral palsy and also talked about the disabilities associated with it.

The Symposium opened with plenary session where renowned persons from the field presented their papers and also discussed the strengths, weaknesses, opportunities and threats involved in



Dr. J.C. Gupta, addressing the delegates



Lighting of the ceremonial lamp by Dr. Manoj Sharma md, Jaipur Golden Hospital



Mr. Ram Kailash Gupta, Chairman Tecnia Group welcoming Chief Guest of Dr. Manoj Sharma

innovative teaching practices for children with Cerebral Palsy.

Lastly Mrs. Sanjana Mittal, Sr. Co-ordinator, AIRSR extended a very hearty vote of thanks to all speakers for gracing their important work and sharing their findings and opinions in the Symposium.



Mr. Ram Kailash Gupta, Chairman Tecnia Group welcoming Guest of Honour, Dr. J.C. Gupta



Dr. Manoj Sharma

Dr. Rachna Bhardwaj



Dr. Anmol Arora, welcoming Shri. P.R. Meena IAS, Director Social Welfare, Govt of NCT Delhi

(Rehabilitation Council of India - CRE Status Accredited)

# International Conference on Innovative Practices in Management of Persons with Special Needs

Tecnia Auditorium, Madhuban Chowk, Delhi



(From Left to Right) Mrs. Sanjana Mittal, Senior Coordinator (AIRSR), Dr. Anmol Arora, Medical Director (AIRSR), Dr. J.P. Singh, Former Member Secretary (RCI), Mr. Satya Bhushan Jain, President (Working), International Vaish Federation, Shri Ram Kailash Gupta, Chairman, Tecnia Group of Institutions, Dr. Puneeta Mahajan, Medical Superintendent, Dr. Baba Saheb Ambedkar Hospital, Mr. Imraan Noorani, Senior Psychologist, Sir Ganga Ram Hospital, Dr. Raj Sharma, Senior Audiologist, Priority Hearing Ltd. Fortis Hospital, Sh. P. Ananda Rao, Social Welfare Officer, (DSW:GNCTD), Dr. Aarti Anand, Psychologist, Sir Ganga Ram Hospital, Dr. Rachna Bhardwaj, Centre Superintendent, Asha Kiran, Mrs. Meenu Jain, Principal, The Ashtavakra School

The International conference was inaugurated by hon'ble Mr. Ram Kailash Gupta, Chairman, Tecnia Group of Institutions along with hon'ble chief guest Dr. Puneeta Mahajan Medical Superintendent, Dr. B.R.Ambedkar Hospital, GNCTD and Dr. Anmol Arora, Medical Director, Ashtavakra Institute of Rehabilitation Sciences and Research.

It was followed by traditional lamp lightening ceremony and Saraswati Vandana to evoke the presence of Lord Almighty. Special Students of Ashtavakra School presented Ganesh Vandana which was well applauded by one & all present there. More than 500 participants comprising of delegates, special educators, professionals and experts from the field of academia attended the international conference.

Ms. Sanjana Mittal, Senior Coordinator, Ashtavakra Institute of Rehabilitation Sciences and Research welcomed all the guests, participants and organizing team

members. She also gave an overview of the conference. Dr. Anmol Arora, Medical Director of Ashtavakra Institute of Rehabilitation Sciences and Research delivered the opening remarks for the conference which set the platform to learn many new facts and information about the management of persons with special needs. Dr. Anmol Arora highlighted the need for early intervention and insisted on research and training on innovative practice in management of persons with special need. All the guests were presented mementoes and bouquets as a token of gratitude.

Felicitation ceremony was followed by key note address presented by guest of honor Dr. J.P. Singh, Former Member Secretary, Rehabilitation Council of India, Ministry of Social Justice and Empowerment. He focused on tuning the system for inclusive education. For this to happen he emphasized on



Guest of Honor, Dr. J.P. Singh, Former Member Secretary (RCI) being felicitated by Shri Ram Kailash Gupta, Chairman, Tecnia Group and Dr. Anmol Arora, Medical Director, AIRSR



Lighting of the Ceremonial Lamp by Chief Guest, Dr. Puneeta Mahajan, Medical Superintendent, Dr. Baba Saheb Ambedkar Hospital



Ganesh Vandana presented by students of The Ashtavakra School



Chief Guest, Dr. Puneeta Mahajan, Medical Superintendent, Dr. Baba Saheb Ambedkar Hospital being honoured by Shri Ram Kailash Gupta, Chairman, Tecnia Group and Dr Anmol Arora, Medical Director AIRSR



Felicitations of Dr. Achal Gulati

guiding parents for their support to make inclusion successful. He discussed the need for technology in the rehabilitation and education of children with visual impairment.

Dr. Rachna Bhardwaj, Centre Superintendent of Asha Kiran, Department of Social Welfare, GNCTD motivated the audience with her remarkable speech. She urged for extra effort to be put for welfare of persons with special needs. Dr. Raj Sharma, Senior Audiologist, Priority Hearing Ltd. Fortified his views on the importance of intervention and management of persons with special needs. He also invoked to incorporate technology in doing so.

Mr. Sanya Bhushan Jain, President (Working), International Vaish Federation, praised the efforts of Ashtavakra Institute of Rehabilitation Sciences and Research for organizing such a marvelous event keeping in view the welfare of persons with special needs. Mr. Imraan Noorani, Senior Psychologist, Sir Ganga Ram Hospital, expressed his views on the need for management of persons with special needs in this recent stressful life. He



Felicitations of Chief Guest, Dr. A.K Aggarwal, Former Dean / Director Maulana Azad Medical College, by Shri R.K. Gupta, Chairman Tecnia Group of Institutes Dr. Anmol Arora, Medical Director, AIRSR and Mrs Sanjana Mittal, Sr. Coordinator, AIRSR



Concluding Remarks by the chairperson, Ms. Merry Barua, Founder and Director, Action for Autism

focused on the application of learning in real life when actually dealing with special people.

Hon'ble Chief Guest, Dr. Puneeta Mahajan, Medical Superintendent, Dr. Baba Saheb Ambedkar Hospital, GNCTD thanked all the members of organizing committee to hold this International conference on such an innovative concept which matches with the philosophical and global approach used round the world now. Her Encouraging words and introductory remarks laid the informative foundation for the Delegates.



Mr. Imraan Noorani, Senior Psychologist, Sir Ganga Ram Hospital



Ms A. Madhu, Deputy Director (Disability), Department of Social Welfare



Dr Sanjeev Pandey, Regional Director, IGNOU



Mr. Shivendra Narayan Dubey, Course Coordinator (ASD), Tamana



Dr. Nitin Malik, Joint Registrar, GGSIPU



Dr. Pravesh Arya, Director, SPEAKwell Clinic



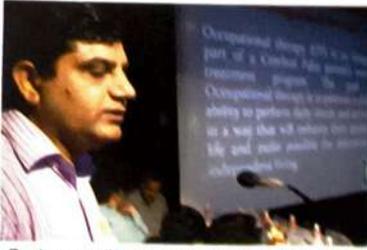
Ms. Nevita Narayan, Director of Sphear Clinic



Dr. Shankar Lal, Assistant Professor, Lady Irwin College, University of Delhi



Prof. D. Venkateshwartu



Dr. Joginder Bhatti, presenting his paper



Dr. Ripan Sippy, Clinical Psychologist and Special Educator, Jalpur Golden Hospital



Ms. Preeti Siwach, Head of Andhra Vocational Center



Ms. Kamla Singh, Occupational Therapist

Concurrently to three day International Conference two day Disability Camp was also organized in the premises of Ashtavakra Institute of Rehabilitation Sciences & Research by Department of Social Welfare, Govt of NCT Delhi supported by medical team of professional doctors from Dr Baba Saheb Ambedkar Hospital, Rohini. The camp was inaugurated by Shri P Ananda Rao: Social Welfare Officer, DSW, Dr Puneeta Mahajan: Medical Superintendent, Dr Baba Saheb Ambedkar Hospital, GNCTD, Dr Anmol Arora : Medical Director AIRSR, Mr Dharmendra Kumar Tripathi : HOD(MR)AIRSR and Mrs Meenu Jain: Principal, Ashtavakra School. Thousands of beneficiaries were benefitted from the camp. Disability certificate, free DTC/Rail pass were issued to them in the camp itself.

**Vision/ hearing/ Cataract Screening, Hearing Aid Distribution Camp was also organized by International Vaish Federation.**



(Rehabilitation Council of India - CRE Status Accredited)

# CONTINUOUS REHABILITATION EDUCATION (CRE) On Inclusive Education & Autism Spectrum Disorders

Tecnia Auditorium, Madhuban Chowk, Delhi



From left to Right: Shri Ram Kailash Gupta, Chairman Tecnia Group of Institutions, Shri P.R. Meena, IAS, Director Social Welfare, Shri P. Anand Rao, Social Welfare Officer, DSW:GNCTD, Dr. Anmol Arora, Medical Director, AIRSR, Ms. Indu Chaswal, Consultant ASD and Ms. Madhu Aloria HOD-ASD, AIRSR

Ashtavakra Institute of Rehabilitation Sciences & Research (AIRSR) organized a three day CRE programme on 'Inclusive Education & Autism Spectrum Disorders' at Tecnia Auditorium Madhuban Chowk, Rohini. The event started with traditional lighting of lamp & Saraswati Vandana performed by the students of B.Ed (HI) of AIRSR.

This was followed by the welcome address by Dr. Anmol Arora, Medical Director, AIRSR. He briefed about the historical background and achievements availed through inception by the AIRSR.

Shri P. Ananda Rao, Social Welfare Officer, DSW (GNCTD), congratulated the participants and students of AIRSR for opting special education as their career in presence scenario. Shri Satya Bhushan Jain, Working President of International Vaish Federation, expressed his views regarding the downtrodden group of the society and congratulated the entire AIRSR for their empathetic efforts and promised to extend his help in all future endeavors of AIRSR.

Mrs. Indu Chaswal, Consultant of Autism Spectrum Disorders, expressed her pleasure to be the part of CRE and emphasized on the fact about multiple intelligence and the concept of IQ, in

context to autism spectrum disorders. She laid the foundation by stressing on the key note for the proceedings of the CRE. She also elaborated the challenges and learning strategies useful for ASD students in inclusive set up. Mrs. Madhu Aloria, Lecturer and Head Deptt. of ASD, AIRSR, Delhi, emphasized on the inclusion of children with autism in regular school with appropriate arrangements.

Mrs. Sanjana Mittal, Senior Coordinator lastly extended a hearty vote of thanks. She thanked all the guest of honors, participants, faculty members, staff members and experts from the field of academia and rehabilitation to be part of the CRE.



Mr. Ram Kailash Gupta, Chairman Tecnia Group and Dr. Anmol Arora, Medical Director of AIRSR welcoming the chief guest Shri P.R. Meena IAS, Director Social Welfare, Govt. of NCT Delhi



Ms Sanjana Mittal, Sr. Coordinator, AIRSR extending a hearty Vote of Thanks



Shri P.R. Meena, IAS, Director Social Welfare, Govt. of NCT

Shri P. Anand Rao, Social Welfare Officer, DSW:GNCTD

Ms. Indu Chaswal, Consultant ASD

Dr. Bijender Sindhu

(Rehabilitation Council of India - CRE Status Accredited)

# CONTINUOUS REHABILITATION EDUCATION (CRE) On "Individualised Educational Programme"

Tecnia Auditorium, Madhuban Chowk, Delhi



From Left to Right: Ms Sanjana Mittal, Sr. Co-ordinator, AIRSR, Dr. Anmol Arora, Medical Director, AIRSR, Shri Ram Kailash Gupta Chairman Tecnia Group of Institutions, Mr. Vinod Aggarwal, Former Secretary, Department of Empowerment of Persons with Disabilities, Mr. Satya Bhushan Jain, Working President, IVF, Shri P. Anand Rao, Social Welfare Officer, DSW GNCTD, Ms Meenu Jain Principal, The Ashtavakra School and Mrs. Preetpal Khurana, Dean Academics, AIRSR



Lighting of the ceremonial lamp by Mr. Ram Kailash Gupta Chairman Tecnia Group and Dr. Anmol Arora, Medical Director of AIRSR.



Mr. Ram Kailash Gupta, Chairman, Tecnia Group felicitating Chief Guest Mr. Vinod Aggarwal, IAS



Dr. Anmol Arora, Medical Director AIRSR felicitating Mr. P. Anand Rao, District Social Welfare Officer, GNCTD

5 Day 'Continuous Rehabilitation Education' programme on 'Individualized Educational Programme' was organized by Ashtavakra Institute of Rehabilitation Sciences and Research. Programme began with a holy ritual of lamp lightening in the presence of Chief Guest, Guest of honour and other respected delegates.

CRE was graced by remarkable opening speech of Dr. Anmol Arora, Medical Director, AIRSR. Mr. Ramesh Prasad, Secretary, Bhartiya Netraheen Kalyan Parishad, enlightened the audience with his precious speech.

Mr. Ram, Sagar Thakur, Sharma Power India Pvt. Ltd, appreciated the concept of this programme and congratulated the staff. Ms. Bhawna Dhyani, Regional Director, NIOS, explained the role of NIOS in making inclusion successful for children with special needs. Mr. P. Ananda Rao, District Social Welfare Officer, GNCTD, announced full support from department for such a knowledgeable programme. Mr. Tara Chand Bansal, Deputy Mayor, North Delhi Municipal Corporation, congratulated the management committee to organize this 5 Day CRE and wished that such programmes should be organized on a regular basis.

Honourable Mr. Ram Kailash Gupta,

Chairman, Tecnia Group of Institution like ever attracted the attention of audience with his magical words.

Chief Guest, Mr. Vinod Aggarwal, Former Secretary, Department of Empowerment of Persons with Disabilities, MSJE, Govt. of India was very happy to be part of CRE Programme 2016. He termed Ashtavakra Institute as eight point of success. He wished that this institute should work with the same zeal and motivation and bring it to the level of a University.

Last but not the least, Mrs. Preetpal Khurana, Dean (Acads.), extended the very warm and heartfelt thanks to all the honorable guest and faculty.



Mr. Vinod Aggarwal, Former Secretary, Dept. of Empowerment of Persons with Disabilities

Mr. Tara Chand Bansal, Deputy Mayor, North Delhi Municipal Corporation



Ms. Bhawna Dhyani, Regional Director, NIOS

Mr. Satya Bhushan Jain, Working President, IVF

# Disability Camp

Concurrently to CRE Programme, Disability Camp was also organized In the premises of Ashtavakra Institute of rehabilitation Sciences & Research in association with ISHWAR NGO where physically challenged persons were given artificial limbs and limb support system. Thousands of beneficiaries were benefitted from the camp.





# 1st Graduate Ceremony 2016

**B.Ed. Special Education  
(Hearing Impairment &  
Mental Retardation)  
(Batch : 2013 - 14)**

The First Graduate Ceremony to award degrees took place on Tuesday, 2nd February 2016 at Tecnia Auditorium, Madhuban Chowk, Rohini. The chief guest for the function was Sh. S.K. Srivastava, Honorable Member Secretary Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt of India. Also in the attendance were other dignitaries including Sh. C.K. Khaitan JS & CEO, National Trust, Dr. A.K. Agarwal Former Dean/ Director Maulana Azad Medical College, Sh. Satya Bhushan Jain, Working President International Vaish Federation, Ms A. Madhvi, Dy. Director (Disability) DSW/GNCTD, Sh. P Ananda Rao, District Social Welfare Officer DSW/GNCTD

The Ceremony began with the National Anthem and was formally declared open by Dr. A.K. Agarwal. This was followed by the welcome address by Dr Anmol Arora, Medical Director, AIRSR. In his address he motivated the students to maintain the spirit of achievement towards their goal.

Divya Nayyar B.Ed (MR) and Ms. Mahima Aora B.Ed (HI) were awarded with gold medals for securing first rank in their respective field.

The chief guest, Shri S.K Srivastava & other dignitaries thereupon conferred the degrees to the students. In his speech Sh Srivastava laid stress on issues concerning national interest and role of students as active participants and urged the students to harness their full potential and contribute in the area of their choice.

Sh. C.K. Khaitan emphasized on the importance of learning as a life-long process. He also underlined the constant

endeavor National Trust is putting up for implementing innovative approaches and policies for the welfare of disabled. He also advised students to work with utmost sincerity and dedication for bringing remarkable change in special field.

Mr. R.K. Gupta, Chairman of Tecnia Group

of Institutions extended his congratulations to AIRSR on successful conduct of the event and encouraged the students to strive for excellence .

Lastly, Mrs Barkha Gupta, HOD(BASLP) extended a hearty vote of thanks.



# 2nd Graduate Ceremony 2017

**B.Ed. Special Education  
(Hearing Impairment &  
Mental Retardation)  
(Batch : 2014 - 15)**

The Second graduate ceremony of Ashtavakra Institute of Rehabilitation Sciences and Research took place on 7<sup>th</sup> April 2017 at Tecnia Auditorium, Madhuban Chowk, Rohini.

The Chief Guest for the function was Sh. Awadesh K Awasthi, IAS Joint Secretary, Department of Empowerment of Persons with Disability, Ministry of Social Welfare, Govt of India. The other dignitaries present were Dr. A.K Aggarwal: Former Deputy Director, Maulana Azad Medical College, Sh Kuldeep Pakad: Special Educator, Department of Social Welfare, Govt of NCT, Delhi, Dr Nitin Malik: Joint Registrar, GGSIP University, Sh Deepak Jain: Honorary Consul General of Tuvalu in India, Sh Surunder Gupta: Chairman (Gold

Souk), Sh Satya Bhushan Jain: Working President, IVF, Dr Achal Gulati: Director/Principal Dr B.R Ambedkar Medical College and Hospital, Sh V.S Tomar: Director DDA, Dr J.P Singh: Former Member Secretary, RCI, Sh J.C Gupta: Former Asst. Director, AYJNIHH, Dr Mahesh Gupta: Chairman(Kent), Sh Sachin Gupta: Chancellor, Sanskriti University, Prof. Jagdish Kapoor: Former Professor & Consultant Indian Institute of Public Administration, Sh Tapan Jha, SDM, Ms A Madhvi: Dy. Director(Disability) DSW, Sh P.Anand Rao: Dist. Social Welfare Officer, DSW.

The ceremony began with a grand academic procession followed by National Anthem. The ceremony was formally declared open by Dr Nitin Malik: Joint Registrar, GGSIPU. In his address he urged the students to keep alive the spirit of unflinching commitment to grow special education by evolving new solutions to the various problems that beset on this special sector.

The welcome address for the convocation was presented by Dr Anmol Arora, Medical Director : AIRSR. He encouraged the students to prove

themselves worthy of the same in their life, thought, action & conversation.

The Chief guest and other dignitaries blessed and conferred degrees and medals to the students of B.Ed (Hearing Impairment) & B.Ed( Mental Retardation).

Ms Shilpa Jharia B.Ed(HI) and Ms Parul Tyagi B.Ed(MR) were awarded with gold medals for securing first rank in their respective field.

Ms Anupma Gupta: HOD(ASD) extended a hearty and sincere thanks to all the invited guests who had come far and wide to grace the occasion. The convocation ceremony ended with a ray of hope and joy that is sure to inspire the students and faculty of the institute in the years ahead.



**ASHTAVAKRA CONVOCATION 2017**



**ASHTAVAKRA CONVOCATION 2017**



# SPORTS MEET 2017



With the purpose to instill sportsman spirit among students and to enhance their physical and social skills, an Annual Sports Meet 2017 was organized on 29th January 2017 at Chhatrasal Stadium, Model Town, Delhi. The occasion was graced by Mr. Sushil Kumar, Olympic Champion. Other dignitaries who graced the occasion were – Mr. Ram Kailash Gupta – Chairman, Tecnia Group of Institutions; Mrs. Kusum Gupta – President, Handicapped Woman Welfare Association; Mr. P. Ananda Rao – District Social Welfare Officer, Department of Social Welfare; Sh. J.C. Gupta – Assistant Director (Rtd.), North Regional Centre of Ali Yavar Jung National Institute for Speech and Hearing (Divyangjan) and other members of Tecnia Group of Institutions.

event, the Chief Guest was welcomed by the beautiful welcome song sung by students of Ashtavakra Institute of Rehabilitation Sciences and Research, Delhi. The showcased blend of the Zumba dance and exercises by Mr. Ronnie and his team enlivened and invigorated everyone's spirits.

The event commenced with the hoisting of the flag by the chief guests followed by the Torch Run. The oath was administered by Mr. J.C.Gupta, Assistant Director (Rtd.), North Regional Centre of Ali Yavar Jung National Institute for Speech and Hearing (Divyangjan), Delhi after which, the chief guest declared Annual Sports Meet 2017 open by flying of tricolor Balloons.

The event also included a number of races such as 100 mtr, 200 mtr races, 4×100 mtr and mix relay for different categories, long jump, tug of war, etc. Then, some fabulous performances were shown by the students of Tecnia Group of Institutions. The girls in their colorful attires regaled one and fascinated all with their graceful moves which were a feast to the eyes. The sports meet concluded with a vote of thanks by Dr. Anmol Arora, Medical Director, Ashtavakra Institute of Rehabilitation Sciences and Research and the lowering of the flag by the Chief Guest.

The Chief Guest emphasised on the importance of sports in an individual's life. In his address, he also applauded Dr. Anmol Arora, and his team for setting a land mark in history of Tecnia Group of Institutions.

Up next was the March Past in which each group of respective institutes made the formation headed by a captain along with respective coordinator. The day was filled with exciting victories and near misses for all participants.

Marking the commencement of the grand





# Glimpses



## World Disability Day

As a part of the World Disability Day celebrations the students & entire staff members of Ashtavakra Institute of Rehabilitation Sciences organized a candle march to promote awareness relating to the inclusion of persons with disabilities in society. The students created awareness among general public by displaying self designed posters and raising slogans promoting rights for people with different abilities. Students distributed post cards among general public to identify the disabled in their vicinity and help them in providing rehabilitation services at Ashtavakra Institute.

The program culminated with motivational speech of Ms Sanjana Mittal in which she thanked Mrs Meenu Jain, the school principal for her endless efforts in disability sector. She also congratulated the entire staff members for their hard work & dedication in their work.



## World Autism Awareness Day



World Autism Awareness Day was celebrated by the students of AIRSR on 2<sup>nd</sup> April 2016. The aim of this event was to sensitize people regarding autism. The students organized a march raising slogans for autism awareness. The students also participated in an event organized by Mata Bhagwati Chadha Niketan at Wave Mall, Noida.

In an another event, students of AIRSR actively took part in second Run 4 Cause organized by Dr. Lal Singh Foundation at Chanakyapuri.

## White Cane Safety Day



White cane safety day is celebrated on October 15<sup>th</sup> every year since 1964 to celebrate the achievements of people who are blind or visually impaired. White cane is an important symbol of blindness and the tool of independence. White cane safety day was celebrated at AIRSR to spread awareness among general public. The students gathered on the street raising slogans and performed an eye catching street play. The students walked on the streets blind folded holding a white cane depicting the importance of white cane.

## Sensitization of North East Culture & Community

Ashtavakra Institute of Rehabilitation and Sciences organized an event on the topic "Sensitization of North East Culture & Community" on 24<sup>th</sup> January 2015 at the institute premises for the staff members.

Dr. Anmol Arora, the Medical Director of AIRSR welcomed Professor Tiplut Nongbri, M.A., Ph.D in Sociology (Delhi) from Jawahar Lal Nehru University. The keynotes and objectives of the event were given by Mrs. Sanjana Mittal. It was followed by the documentary on North East Culture, highlighting the characteristics features of seven sisters.

Professor Tiplut Nongbri began her lecture by highlighting the fact that North East States of India are outlined on the map but not in the minds of the people. She also brought forward the contributions of North

East States in the "Freedom struggle movement of India before 1857". The main focus of the lecture was "Gender and the Khasi family structure: some implications of the Meghalaya succession to self-acquired property Act. She also discussed the contributions of the govt. of India to create the opportunity for cultural interaction between students from North & East.

Mrs Madhu Aloria HOD(ASD) of AIRSR gave vote of thanks. Leading to the deliberation on the result of the event, Mrs Sanjana Mittal briefed out the synthesis of the lecture. Dr. Anmol Arora gave the closing remarks and suggested that more and more exchange programs should be started to bridge the gap between the students from North & East.



## Autism Awareness Workshop organized by AIIMS

The students of Ashtavakra Institute of Rehabilitation Sciences and Research took active part in the Autism awareness workshop organized by All India Institute of Medical Sciences.

According to Dr M C Misra, Director of AIIMS, each child is special and different and have some special abilities which need to be cared and highlighted properly.

Shri Luv Verma, Health Secretary shared his expertise clearing the misconceptions related to autism and stressed on the dire need regarding detailed and extended research in this regard. Public Lecture & Panel discussion was the major attraction of the day. The main panelists were Dr



V.K.Paul, Dr Rakesh Kumar(IAS), Dr. Savita Sapra, Dr. Madhulika Kabra, Dr. Neeta Singh and Dr. Biswaroop Chakrabarty.

## Workshop on Empowerment of People with Disabilities

Shri Vijay Sampla, Honorable Minister of State of Social Justice and Empowerment, Govt of India inaugurated a 3 day workshop on skill education, empowerment and awareness for people with disabilities organized by Dr. Udit Raj, Member of Parliament under the aegis of the Buddha Education Foundation. Eminent speakers and experts viz. Dr. Rajeev Sharma, Medical Director, Mahavir Hospital; Dr.

Rachna Bharadwaj, Superintendent Kiran Centre; Dr Rachna Bhardwaj; Centre



superintendent Asha Kiran, Dr. Praveen Suman and Sh. Imran Noorani from the Ganga Ram Hospital conducted knowledge sessions.

## Workshop on Fire Safety

A fire safety workshop was organized in the premises of Ashtavakra Institute of Rehabilitation Sciences & Research. The aim of the workshop was to give an understanding of the nature of fire, fire hazards and risk, fire prevention at work, local fire procedures & usage and selection of portable fire extinguisher safely.

Mr J.C Sharma, Principal of Management Institute of Fire Safety Department briefed about the classes of fires depending on the fuels involved. He also elaborated on preventive methods to avoid fire. Mr J.C. Sharma & his team gave live demonstration on how to use fire extinguishers, how to crawl along the wall at the time of fire & saving the victim by firemen lift.

Dr Anmol Arora thanked Mr. Sharma for taking fire safety workshop and sensitizing and training the staff regarding fire safety measures.



## Wings to Imagination: Workshop on 3D printing

A workshop was organized by Mobi Nxtgen Solutions with a mission to educate and train students & faculty members about the widest possibilities of 3D printing.

Mr Anoop Kumar, co-founder of Mobi Nxtgen Solution, highlighted the need of 3D printing in present scenario. He briefed about the launch of artificial 3D support for hand, leg etc which are cost effective and highly recommended for the handicapped people.



Mr. Anoop Bhalla, IT professional from MNS discussed the training program organized by their company for the students of schools and colleges to acquaint them about the scope of 3D printing as a means to provide vocational training. The open discussion broaden their vision and paved a path for giving wings to their imagination.

An exhibit of 3D objects including human replica, pots, statue etc glued one and all present there. The workshop was altogether informative and fruitful.

## Educational Trip to Varanasi

The students of Ashtavakra Institute of Rehabilitation Sciences & Research had the opportunity to visit KIRAN Centre located in Varanasi. KIRAN Center focuses on helping differently able by providing them with rehabilitation, education/training, support for parents and an environment that welcomes all kinds of people.

The students were briefed about **integrated school** from Lower Kindergarten to class 8, **Grihini program** for disabled and non disabled girls from poor community, **Mother's training program** to understand the needs of differently able children, **PCCU** (parent and child care unit) where the parents and children meet with special educator & other doctors to assess the child's need and ability. **FMIP** (Family Mediated Intervention Program) that focuses on early intervention for infants and toddlers. The Students were made aware of KIRAN's pre-vocational & vocational skills training programs.

Mrs Sanjana Mittal, Sr. Coordinator of Ashtavakra Institute wholeheartedly thanked and expressed her gratitude to Dr. Sangeeta JK, Director, Kiran Society for her cooperation.



## Educational Visit to National Association for Blind

The Students of Ashtavakra Institute of Rehabilitation Sciences and Research D.ED.SE (DB) went for an educational visit to National Association for the Blind, R.K. Puram, New Delhi.

It is a charitable special school for mentally and physically challenged children and home for mentally challenged children working with the mission to enable blind to lead a purposeful and dignified life and

prepare special children to live within the community, having achieved three fold self-dependence, Physical, Social and Financial to the best of their ability.

Students were made aware of the procedure that they followed for the purpose of assessment and training. There was also an open discussion to quench their queries with regard to

handling and training students with special need. The students also visited the vocational section of the institute.



## Educational Visit to Umeed Foundation

It was a great experience for the students of D.Ed (ASD) to participate and to work with special students of UMEED Foundation, a registered society that provide services for children and young adults with developmental difficulties.

The students got an opportunity to interact with special educators, speech therapists, occupational therapists, behavior therapists who cater to all deviant needs of special children with multiple disabilities and disorders.

The students were made aware of the classroom designed for children with special needs and also learnt about One-on-one room concept. The students also learnt about the structured TEACCH methodology used at the institute. This technique is based upon the observation that children with autism learn and connect information differently than other children. The students were also briefed about



the teaching assessment called PEP: Psycho Educational Profile used to identify areas where the person falls behind, areas where the skill has yet to be mastered, and areas where the skill is emerging.

Exposure of different TLM's used by the institute aroused curiosity among the students. The vocational set-up for special children created zeal within students to think from a different perspective.

## Educational Visit To Blind Relief Association School

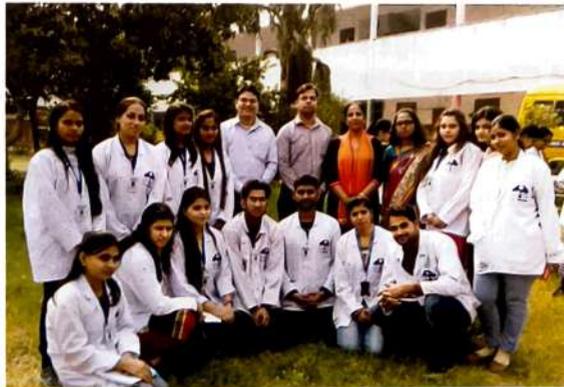


The students of D.ED (ASD) went for an educational visit to Blind Relief Association and got an opportunity to see vocational skill training programs in light engineering & multi-skill training. The students saw a wide range programs covered by the institute like book binding, craft, candle making, packaging etc.

The students were very excited seeing Visually Impaired people working on computers and even handling the working of Customer Care Executive on Quicker software. The visit was an enriching experience from daily routine.

## Educational Visit to Rhuchi, Love and Light, Red Cross Hindu Institute for Education and Rehabilitation

The students of B.ED Special Education (HI), got an opportunity to visit Rhuchi, Love and Light, Red Cross Hindu Institute for Education and Rehabilitation of mentally challenged children, Sonapat. The team consisted of 18 members who were further divided into groups, in order to cover each and every corner and classroom and larger area of school.



## Visit to Tamanna Special School

The students of AIRSR visited Tamanna Special School, Vasant Vihar, New Delhi. It was an opportunity for them to interact with special educators, speech therapists, occupational therapists and behavioral therapists who cater to needs of special children with multiple disabilities and disorders.



## BASLP Students Attended Public Lecture at AIIMS



The students of BASLP attended a public lecture and panel discussion on "Epilepsy in Children: Challenges and Solutions" at Jawaharlal Nehru Auditorium, AIIMS. The lecture was graced by experienced speakers like : Dr. M.C. Mishra, Shri V. Srinivas IAS, Dr. V.K Paul, Dr. Sheffali Gulati and penalis: Mrs. Poonam Natrajan (Former chairperson, National Trust), Dr. Manjari Tripathi, Dr. P. Sarat Chandra, Dr. Biswaroop Chakrabarty, Dr. Prashant Jauhari. The topics covered under the panel discussion were Diagnosis, Holistic Management including Drugs, Surgery, Dietary therapies, legal rights and preventions.

The session proved to be an enriching experience for the students of BASLP.

## Dental Health Education Camp

A Dental Camp was organized at Ashtavakra Institute of Rehabilitation Sciences and Research by Dr. Sachdeva's Dental Aesthetic & Implant Centre in collaboration with Daya Foundation. A team of senior specialists including dental surgeons headed by Dr. Rajat Sachdeva, Director & Founder of Daya Foundation carried out a comprehensive dental



checkup of the students of The Ashtavakra School.

The camp was initiated with dental awareness talk, educating students about common dental ailments, especially stressing on tooth decay and gum diseases and measures to prevent from them. The students got ample opportunities to interact with the dental surgeons to gain knowledge concerning oral diseases.

Dr. Anmol Arora, Medical Director, AIRSR appreciated the efforts of young doctors for their contribution to society by spreading awareness regarding general dental care. Mrs. Sanjana Mittal Sr. Coordinator thanked Dr. Rajat Sachdeva and his team for rendering moral and selfless service to the institute.



## Ride for Accessible India



The students of Ashtavakra Institute of Rehabilitation Sciences and Research actively participating in ride for an Accessible India on 24th July 2016 at India Gate. The rally was flagged off by Honourable Minister for HRD Mr. P. Javedkar and Honourable Minister for Science and Technology Dr. Harshvardhan.

## Mega Charitable Camp

### Free Distribution of Aids & Assistive Devices

Ashtavakra Institute of Rehabilitation Sciences and Research organized a Mega Charitable Camp on 3<sup>rd</sup> July 2016 at Talkatora Stadium New Delhi for free distribution of aids & assistive devices to the persons with disabilities in association with PHD Chamber and Rotary RCP- Heritage.

The successful distribution of more than 1000 Tricycle and about 1500 Assistive Devices was a result of the hard work of the staff of The Ashtavakra School under the guidance of Principal Mrs. Meenu Jain by organizing identification camps at different places. This was not possible without the support of Shri R.K. Gupta, Chairman Tecnia Group and Dr. Anmol Arora, Medical Director, AIRSR.

Special thanks to Dr. Harsh Vardhan, Hon'ble Minister for Science and Technology, Govt. of India, Shri Manoj Tiwari, Member of Parliament, Shri Sushil Gupta, Trustee, The Rotary Foundation & PRID, Shri P. Ananda Rao, District Social Welfare Officer, Shri Rakesh Gupta, President Rotary Club of Delhi Heritage &

Chairman, Media & Entertainment Committee- PHD Chamber of Commerce and Industry for sparing the precious movements from their busy schedule.



## Blood Donation Camp



A blood donation camp was organized by Ashtavakra Institute of Rehabilitation Sciences & Research in association with Lion Blood Camp, a unit of "Lions Club International District 321-A2 Trust" on 10<sup>th</sup> August, 2016.

The Student Representatives Mr. Sandeep Dabas (CP Deptt.), Mr. Naveen Dabas, Mr. Lalit (DB Deptt.), Mr. Paras (MR Deptt.) actively participated to make the program a success.

## Orientation Programme

An orientation program was organized for the students of D.Ed/B.Ed (Special Education) and BASLP students.

The program started with the auspicious lamp lighting and Saraswati Vandana which was initiated by Medical Director Dr. Anmol Arora and other dignitaries. Dr Anmol Arora gave the opening remarks in which he welcomed all the students. He briefed about the curriculum, infrastructure, and facilities available at school, placement records and scope of special education in present scenario. Mrs. Sanjana Mittal, Sr. Coordinator gave an elaborate presentation on Ashtavakra Institute of Rehabilitation Sciences and Research, highlighting its vision and mission, latest academic inputs, clubs, visits to specialized institute for training, tours, clinical exposure, workshops, camps and events organized by the institute.



Launch of Clinical (white) coat  
by Shri Ram Kailash Gupta, Chairman Tecnia Group



to be 'Strong Pillars' of the institute. Wishing them good luck, he said that may their path be blessed always!

Although the party carried a tinge of sadness, the students had fun as they enjoyed every moment with their best buddies.

To start off the festivities, zestful cultural performances by the junior batch students, followed by presentation of mementos. The students tapped their feet on the efficacious beats of music and had sumptuous food thereafter. Mrs Sanjana Mittal, Sr. Coordinantor of AIRSR earnestly prayed Almighty that his choicest blessings be showered on the departing students

## Farewell

First Year students of D.Ed, Special Education organised a farewell party for the final year outgoing students of all six diplomas courses (ASD, CP, DB, HI, VI & MR). The programme began with traditional lamp lighting followed by Saraswati Vandana. Dr. Anmol Arora, Medical Director (AIRSR) called upon the outgoing batch



# Independence Day Celebrations

For Ashatavakra Institute the patriotic fervor reached it's peak on pre-independence day. Our enthusiastic hearts celebrated Independence Day with great zeal and excitement. The program started with hoisting of flag by Ms Sanjana Mittal (Sr. Coordinator) and Principal Ms Meenu Jain.

The day began with spectacular group dance presented by special children of The Ashitavakra School. Patriotic songs set the mood for the day and college students swayed with the music. The main attraction of the function was aerobics showcased by little brave hearts with tricolor balloons and colorful dresses.

Mrs. Sanjana Mittal urged the children to propagate peace, love, universal brotherhood and a zest to weed out the diabolic tendencies. She also appreciated and applauded the committed endeavor of one and all.

The event culminated with a vote of thanks by Mrs. Meenu Jain. She congratulated all the students, staff and parents for their endless effort in making the event a success.



# Jyomagata Nakshatra Annual Function Celebration

The Ashtavakra school celebrated its first Annual function at Tecnia auditorium with great zeal. The grandeur began with invoking the Lord through the Saraswati and Ganesh Vandana followed by lighting of the lamp by the chief guest Mrs Bandana Kumari, member of Delhi Legislative Assembly, Mr Ram Kailash Gupta, Chairman of Tecnia Group of Institutions, Dr. Anmol Arora, Medical Director of AIRSR, Mrs Kusum Gupta, the President of Women Welfare Association, Mrs Sanjana Mittal Sr. Coordinator, AIRSR, Mrs Meenu Jain, principal of the Ashtavakra School, Dr. M. Geetha, Associate Professor of College of Vocational Studies, Dr. Kalpana Bharara, Principal Aditi Mahavidyalaya and Shri P. Anand Rao, Social Welfare Officer, DSW, NCTD and other dignitaries.

The event kick started with the welcome speech presented by Mrs Sanjana Mittal, Sr coordinator, AIRSR followed by Dr. Anmol Arora's speech in which he appraised the audience about the achievement of the school in the years gone by. Mr Ram Kailash Gupta, Chairman, briefed about the endless and tireless effort made by him and his team in the field of special education till date.

Mrs Bandana Kumari, acknowledged the dedication and devotion of the entire staff of AIRSR. She was almost speechless to see the performances of the special children. Events included Rakt Charitra, theatrical presentation based on female foeticide, mime show presented by the students of hearing impairment, group dance performed by the students of mental retardation, fancy dress based on the theme Swachh Bharat, presented by the students of hearing impairment and



mental retardation entertained one and all present. The spectacular punjabi dance showcased by the special students fired the stage, play on social issues put into thinking mode to the priorities of the gathered there in their life. The seemly costumes, the wonderful acting skills, stage setting,

background music, all combined to give the message home, the essence of which was to Love all and serve all. God bless the efforts of the school in regard to the special children and give them this opportunity to exhibit their talents. The event culminated with a vote of thanks by Senior Coordinator, Ms Sanjana Mittal.

## Christmas Celebration

As the end of the year comes closer bells start ringing for Christmas celebration. This time the whole school was on toes and enjoying every moment of it. The spirit was of energy, joy & enthusiasm.

Differently abled students presented a play highlighting the miracles & teachings of lord Jesus Christ. It had a tranquillizing effect on one & all.

The other attractions of the day were melodious songs presented by tiny tots, skit & carols presented by the students of Ashtavakra School.

The day also comprised of applauding the young sports achievers who brought laurels to the school. The students also cut the cake and santa gave gifts to all the gathered there. The celebrations ended with the blessings and words of wisdom by Mrs. Sanjana Mittal, Sr. Co-ordinator.



# Ganesh Utsav

Ganesh Chaturthi popularly known as Ganeshotsav, was celebrated at Ashtavakra Institute of Rehabilitation Sciences & Research in the month of September. The program was inaugurated by Shri Ram Kailash Gupta, Chairman of Tecnia group of institutions and Mrs Kusum Gupta, President, Handicapped Woman Welfare Association. Dr Udit Raj Member of Parliament & National Chairman of the All India Confederation of SC/ST graced the event. Bollywood stars Kunal Khemo, Zoa Morani and Duplicate Devanand; Kishore Bhanushali queued up for offering prayers during the festivities

This ten day festival became a platform for all the students and people to get together and enjoy the decades old tradition. Devotees of Lord Ganesh paid obeisance to their revered Deity and watched cultural programmes. Pious

idols of Ganesh were distributed followed by cultural programmes like Bhajan Sandhya, Sangeet Sandhya, folksongs, dance, plays and dramas. Renowned artistes flowed in from different states to perform at Ashtavakra Institute. The Students and entire family of Tecnia Group of institution thronged and participated in the procession with colourful dresses chanting, 'Ganpati Bappa Morya, Pudhchya Varshi Laukar ya' (Lord Ganesh, come again early next year).

Apart from Bhajan and other competitions, a lucky draw was also organized. All the winners of lucky draw as well as competitions were awarded by the chairman, Mr R.K Gupta. Even the supporters, media team, security team and all the people involved in making this event a success were appreciated and gracefully awarded.



## Diwali Celebrations

Tecnia Group of institutions celebrated Diwali festival with great ecstasy. The program began with traditional lamp lighting by Chairman of Tecnia group of institutions Shri Ram Kailash Gupta and Mrs. Kusum Gupta along with all the Dean and Directors of Tecnia Group of Institutions.

Teaching and non-teaching staff participated very actively in solo and group dances. Classical singing was the main attraction of the day. The program culminated with motivational speech from Shri Ram Kailash Gupta

To rejoice this festival AIRSR organized Diwali fete with great zeal. Numerous events like Nail art, Mehandi Designing, Diya Decoration, tattoo art were held.

The Mela on the other hand was lined up with scrumptious food junctures, festive games, endless variety of stalls to shop from and foot thumping music. All created a milieu where memories are made and manufactured.





## Ashtavakra Institute of Rehabilitation Sciences and Research

Approved by Rehabilitation Council of India, A statutory body under Ministry of Social Justice & Empowerment, Govt of India. Affiliated to Guru Gobind Singh Indraprastha University.

AIRSR is a knowledge of powerhouse and a brand name in special education. Its mission is to graduate socially responsible future Special Educators with problem solving skills and a commitment to social development.

## The Ashtavakra School

A name in the field of Special Education imparting Free Education to Specially Challenged children from Pre-Primary to class VIII. X and XII from NIOS, Ministry of HRD Govt. of India.

School is working with the mission to make its students build confidence in achieving innate Potential which enables them to become self reliant and shall gear them towards opportunities for a happy life.

## Ashtavakra Vocational Institute

Approved by NIOS, Ministry of HRD, Govt of India).

The primary purpose of vocational training is to prepare individuals especially the youth in the age group of 15-25 years for the world of work and make them employable for a broad group of occupation. With this thought in mind Ashtavakra Vocational Institute opens up the path of employment for specially challenged.

## Ashtavakra Rehabilitation Centre

Ashtavakra Rehabilitation Centre is a best in class therapeutic, diagnostic and rehabilitation centre with ultramodern diagnostic and interventional services.

- ENT OPD
- Paediatric OPD
- Hearing Assesment
- OAE
- Audiometry
- Tympanometry
- Speech Therapy
- BERA

## OUR STRENGTH

### Early Intervention

Early Intervention services are provided for the children at risk / developmental delay from birth to 3 years by a team of multidisciplinary experts.

### Inclusive Education

Inclusion of children with learning disabilities to mainstream schools through remedial classes and sensitization of stakeholders.

### Skill Development

Youth with disability are provided vocational training to make them employable for a broad group of occupation.

### Sustainable Employment

Sustainable employment is provided to trainees as well as PwD's through in-house placements, job mappings and job fairs.

### Awareness

To create sensitization among different groups namely corporate, civil societies, communities to create an inclusive society & environment.

### Community based Rehabilitation

To help people with disabilities, by establishing community-based programs for social integration & equalization of opportunities.

