

11 (b2e)



Ashtavakra Institute of Rehabilitation Sciences & Research Formerly Special Art School

App. by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India
Affiliated to GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

PSP, Institutional Area, Madhuban Chowk, Rohini Delhi-85, Ph : 011-27550012/13
Fax : 011-27550018 • Email : inforehab@tecna.in Website : www.rehab.tecna.in

Fit India Event Calendar (2024-25)

S.No.	Schedule Date	Day	Event
1.	02/09/24	Monday	Fitness Quiz: Physical Activity: Key Ingredient of Fitness
2.	GGSIU 19/10/24	GGSIU Saturday	IPU Sports Meet
3.	22/10/24	Friday	Fitness Sporting Activity: Intra Institute Sports Competition:(Indoor Games)
4.	13/12/24	Friday	Fitness Sporting Activity: Intra Institute Sports Competition
5.	29/01/25 & 30/01/25	Wednesday & Thursday	GIBS Sports Meet
6.	19/02/25	Wednesday	Fitness Sporting Activity: Intra Institute Sports Competition
7.	27/03/25	Wednesday	Fitness Sporting Activity: Intra Institute Sports Competition: Indoor Game (Chess, Arm Wrestling)
8.	04/04/25	Friday	Fitness Quiz : Supporting Mental Health
9.	14/04/25	Monday	Fitness Sporting Activity: Intra Institute Sports Competition
10.	09/05/25	Friday	Walk India- The Need for Healthy
11.	29/05/25	Thursday	Fitness Sporting Activity: Intra Institute Sports Competition: Indoor Game (Table Tennis,
12.	07/06/25	Saturday	Session by Yoga Instructor: Yoga and Meditation: Looking Inwards for Mental Peace (Fitness Club)
13.	9/06/25	Monday	Walk India- The Need for Healthy

Mr. Vikas Kumar

Fit India Youth Club In-Charge





Ashtavakra Institute of Rehabilitation Sciences & Research Formerly Special Art School

App. by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India

Affiliated to GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

PSP, Institutional Area, Madhuban Chowk, Rohini Delhi-85, Ph : 011-27550012/13
Fax : 011-27550018 • Email : inforehab@tecnia.in Website : www.rehab.tecnia.in

SPORTS WITH ITEMS NAME

S. No	INDOOR GAMES	Quantity
1.	T.T. BAT	09 pcs.
2.	Basket Ball	03 pcs.
3.	Carom Board	05 pcs.
4.	Carom token	03 Set
5.	Skipping Rope	05 pcs.
6.	Chess	03 pcs.
7.	Relay Batten	06 pcs.
8.	Green Corn	05 pcs.
9.	Badminton	06 pairs.
10.	Badminton Net	01 pcs.
11.	Shuttle	04 pcs.
	OUTDOOR GAMES	
12.	Volley Ball Net	01 pcs.
13.	Badminton	06 pairs.
14.	Badminton Net	01 pcs.
15.	Shot put	04 pcs.
16.	Football	05 pcs.
17.	Tug of bar (Rassa)	01 pcs.
18.	Cricket Bag	06 Kit
17.	Relay Batten	06 pcs.
18.	Green Corn	05 pcs.

Mr. Vikas Kumar
(Sports Incharge)

Mrs. Sanjana Mittal
Deputy Director





Ashtavakra Institute of Rehabilitation Sciences & Research

Formerly Special Art School

App. by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India

Affiliated to GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

PSP, Institutional Area, Madhuban Chowk, Rohini Delhi-85, Ph : 011-27550012/13
Fax : 011-27550018 • Email : inforehab@tecnia.in Website : www.rehab.tecnia.in

"Ashtavakra Institute of Rehabilitation Sciences and Research Excels at LAKSHAY

2024-25 Inter-College Sports Meet"(GIBS)

The *Ashtavakra Institute of Rehabilitation Sciences and Research* actively participated in *LAKSHAY 2024-25*, the Inter-College Sports Meet organized by Gitarattan International Business School (GIBS), Rohini, on **29th and 30th January 2025** at Pitampura Sports Complex (Rashtriya Swabhiman Khel Parisar), Delhi.

Learning Outcomes:

- **Teamwork & Coordination** – Enhanced collaboration skills through Tug of War.
- **Physical Fitness & Endurance** – Improved strength, stamina, and agility.
- **Strategic Thinking** – Developed quick decision-making in badminton.
- **Sportsmanship & Resilience** – Learned fair play, perseverance, and positive attitude.
- **Confidence & Competitive Spirit** – Boosted self-confidence and motivation.
- **Networking & Communication** – Built connections with students from other colleges.
- **Time Management & Discipline** – Balanced academics and sports effectively.
- **Leadership & Responsibility** – Strengthened leadership and initiative-taking skills.

Our institute competed in **Tug of War (Boys), Tug of War (Mixed), and Badminton**, demonstrating exceptional teamwork, strength, and agility. The **Tug of War** teams exhibited remarkable coordination and resilience, putting up a tough fight against competing colleges. Meanwhile, our **badminton players** displayed swift reflexes and strategic gameplay, making their mark in the tournament.

The event, held from **8:00 AM to 5:00 PM**, provided a dynamic platform for students to engage in high-energy competitions, fostering a spirit of sportsmanship and camaraderie. The dedication and enthusiasm of our participants were truly commendable, reflecting their commitment to physical fitness and competitive excellence.

GIBS successfully organized *LAKSHAY 2024-25*, bringing together colleges from across the region to celebrate sports and teamwork. The event concluded with the felicitation of winners, appreciating the hard work and efforts of all participating teams.

We are proud of our students for their outstanding participation and look forward to more such opportunities to showcase our institute's sporting spirit.

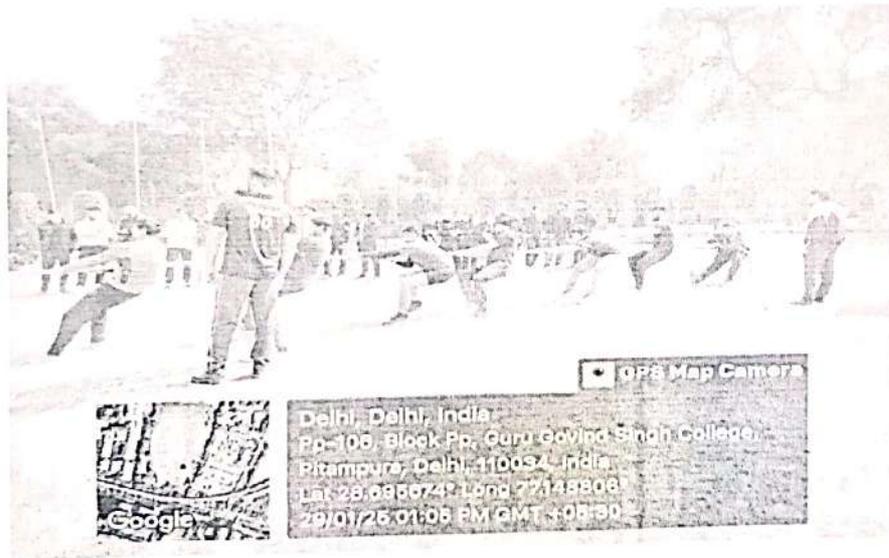


List of Participants

S. No.	Name of Volunteer	Class
1.	Ashish Panwar	B.ED SE LD
2.	Abhishek Khatri	B.ED SE LD
3.	Apurv	B.ED SE LD
4.	Akshay	B.ED SE ID
5.	Swapnil	B.ED SE HI
6.	Niteish Khatri	B.ED SE HI
7.	Vipen Malik	B.ED SE HI
8.	Ankit	B.ED SE ID
9.	Aryan Dabas	B.ED SE LD
10.	Sumit	B.ED SE ID
11.	Harshita	B.ED SE ID
12.	Hema Vats	B.ED SE HI
13.	Isha	B.ED SE ID
14.	Anu	B.ED SE ID
15.	Ananya	B.ED SE LD
16.	Anushka Verma	B.ED SE VI
17.	Bharti Schrawat	B.ED SE ID
18.	Ankita	B.ED SE LD
19.	Akansha Sharma	B.ED SE LD
20.	Mahima	B.ED SE LD
21.	Kirti Singh	B.ED SE ID
22.	Prerna	B.ED SE LD
23.	Varsha	B.ED SE LD
24.	Harshika Gupta	B.ED SE ID



GLIMPSES OF SPORTS MEET



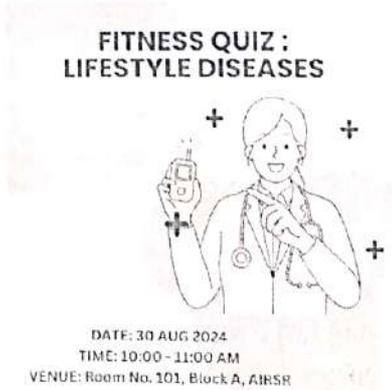




ASHTAVAKRA
Institute of Rehabilitation Sciences and Research
5, FSP Institutional Area Madhuban Chowk Rohini, Sector-14, Delhi-110085

**FIT
INDIA**

EVENT NAME

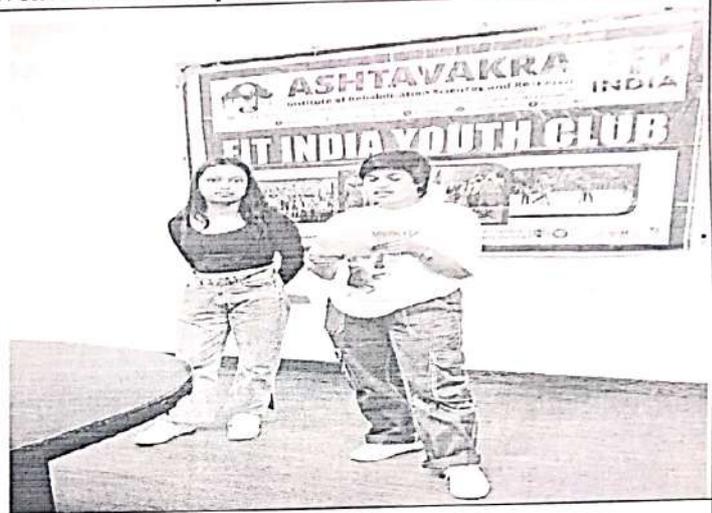
Title of Activity*	Fitness Quiz: Lifestyle Diseases
Values	<ul style="list-style-type: none"> • Health Awareness • Preventive Care • Healthy Eating • Regular Physical Activity • Mental Health • Smoking and Alcohol Moderation • Hydration • Consistency and Habits • Personal Responsibility
Learning Outcomes	<ul style="list-style-type: none"> • Increased Awareness of Lifestyle Diseases • Understanding Risk Factors • Knowledge of Preventive Measures • Ability to Recognize Symptoms • Development of Healthy Lifestyle Habits • Enhanced Motivation for behavioural Change • Critical Thinking and Decision-Making Skill
Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)*	Fit India Youth Club
Program Theme*	Fitness Quiz
External Expert / Internal Expert	Mr. Vikas Kumar
Date*	30.08.2024
Time*	10:00 AM – 11:00 AM
Venue	Room No. 101, Block A, AIRSR
Poster/Flyer/Notice*	 <p>FITNESS QUIZ : LIFESTYLE DISEASES</p> <p>DATE: 30 AUG 2024 TIME: 10:00 - 11:00 AM VENUE: Room No. 101, Block A, AIRSR</p>



Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	https://www.instagram.com/reel/C8evrPcJQ58/?igsh=cWwMzZmeXI4Mmk3
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	24
No. of Faculty* (only no. to be written , list in excel or word should be maintain at department level as proof for any further requirement)	01
No. of External Participants (students + faculty) [write NA if not applicable]	NA

(Geotag) Photograph*

Photograph of the Event with the Caption



FITNESS QUIZ : LIFESTYLE DISEASES



DATE: 30 AUG 2024
 TIME: 10:00 - 11:00 AM
 VENUE: Room No. 101, Block A, AIRSR

Report: Description in (min 250 to max 800 words)*

The Fitness Quiz: Lifestyle Diseases Activity was designed to educate participants about the impact of lifestyle choices on health and to raise awareness of lifestyle-related diseases, such as obesity, diabetes, cardiovascular disease, and others. This report details the objectives, methodology, findings, and recommendations



	from the activity, highlighting key insights and outcomes that emerged from the quiz. The quiz was delivered through an online platform, allowing participants to take the quiz at their convenience. The quiz consisted of multiple-choice questions, true/false statements, and scenario-based questions designed to test both theoretical knowledge and practical understanding. There was limited awareness regarding the role of mental health in the development and management of lifestyle diseases. The Fitness Quiz: Lifestyle Diseases Activity was effective in raising awareness and improving knowledge among participants about lifestyle diseases. While there was a good baseline understanding of certain aspects, gaps in knowledge, particularly regarding mental health and specific preventive measures, were identified. Addressing these gaps in future educational activities will be crucial in further empowering individuals to take control of their health and prevent lifestyle diseases.
Recourse Person	NA
Attendance Sheet*	<i>Attached at the end of Report</i>
Feedback	<i>Sample feedback Attached at the end of Report</i>
Report Submitted by Convener (<i>write faculty coordinator name</i>)	Mr. Vikas Kumar
For Office Use	
 Signature of Event Coordinator	 Signature of Club In-charge <i>(With Seal)</i>
<u>ist of Beneficiary</u>	24

LIST OF STUDENT PARTICIPANTS

S. No.	Name of Participants	Course
1	Ashish Panwar	B.ED SE LD
2	Abhishek Khatri	B.ED SE LD



3	Apurv	B.ED SE LD
4	Akshay	B.ED SE ID
5	Swapnil	B.ED SE HI
6	Niteish Khatri	B.ED SE HI
7	Vipen Malik	B.ED SE HI
8	Ankit	B.ED SE ID
9	Aryan Dabas	B.ED SE LD
10	Sumit	B.ED SE ID
11	Harshita	B.ED SE ID
12	Hema Vats	B.ED SE HI
13	Isha	B.ED SE ID
14	Anu	B.ED SE ID
15	Ananya	B.ED SE LD
16	Anushka Verma	B.ED SE VI
17	Bharti Sehrawat	B.ED SE ID
18	Ankita	B.ED SE LD
19	Akansha Sharma	B.ED SE LD
20	Mahima	B.ED SE LD
21	Kirti Singh	B.ED SE ID
22	Perna	B.ED SE LD
23	Varsha	B.ED SE LD
24	Harshika Gupta	B.ED SE ID





Ashtavakra Institute of Rehabilitation Sciences & Research

Formerly Special Art School

App. by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India
Affiliated to GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY
PSP, Institutional Area, Madhuban Chowk, Rohini Delhi-85, Ph : 011-27550012/13
Fax : 011-27550018 • Email : inforehab@tecnia.in Website : www.rehab.tecnia.in

Report on GGSIPU 19th Annual Sports Meet

Introduction

The 19th Annual Sports Meet of Guru Gobind Singh Indraprastha University (GGSIPU) was held between 20th - 22th October 2024 at the University Campus, Dwarka, with immense enthusiasm and participation from students representing various colleges under GGSIPU. The event, which aimed to promote sportsmanship, teamwork, and physical fitness, featured a variety of athletic and indoor sports competitions.

Inauguration Ceremony

The grand opening ceremony commenced with the torch relay, symbolizing the spirit of sportsmanship. The march past was one of the highlights, with contingents from different colleges demonstrating discipline, coordination, and team spirit. Students participated in multiple events, including March past, Badminton, Yoga, Chess, Weightlifting, Kho-Kho, and Tug Of War, with our team reaching the quarter-finals in the latter.

Learning Outcomes

The 19th Annual Sports Meet was a significant learning experience for all participants, reinforcing valuable lessons that extend beyond sports:

- The March past and team sports emphasized the importance of maintaining discipline and working in sync with the team.
- Participation in sports like badminton, weightlifting, kho-kho, and tug of war highlighted the need for strength, stamina, and agility.
- Events like chess and yoga required participants to develop concentration, patience, and
- Sports like tug of war and kho-kho reinforced the value of teamwork, communication, and leadership.
- Facing tough opponents in different events helped students understand the importance of perseverance, handling pressure, and accepting victories and defeats with grace.
- Competing at the university level boosted students' self-confidence and motivation to improve further.



Report

Our team proudly participated in the **March Past** displaying a high level of discipline and synchronization. The contingent was well-appreciated for its uniformity, enthusiasm, and sportsman spirit. The **Badminton** event witnessed intense competition, with participants exhibiting agility, reflexes, and strategic gameplay. Our team gave a commendable performance, competing fiercely against some of the best players in the tournament. The **Yoga** competition highlighted flexibility, concentration, and breath control, emphasizing the importance of mental and physical balance. Our representatives performed exceptionally well, executing complex postures with grace and precision. The **Chess** tournament was a battle of strategy, patience, and intellect. Our participant displayed remarkable analytical skills, competing against some of the finest minds in the university. The **Weightlifting** competition tested the strength and endurance of participants. Our representatives displayed impressive power and determination, lifting weights beyond expectations. The **kho-kho** matches were filled with speed, agility, and teamwork, making them one of the most thrilling events. Our team played with remarkable coordination and strategy, showcasing the traditional essence of the game. The **Tug of War** competition was one of the most energetic and crowd-pulling events. Our team displayed immense strength and teamwork, making it to the quarter-finals after several intense rounds.

Conclusion

The 19th Annual Sports Meet of GGSIPU was an incredible platform for students to showcase their talents, build resilience, and embrace the spirit of sportsmanship. Our team's participation across multiple disciplines was commendable, and reaching the quarter-finals in tug of war was a proud achievement. The event not only celebrated physical fitness and competitive spirit but also instilled team values, mental discipline, and leadership skills among students.



GLIMPSES OF SPORTS MEET







S. No.	Name of Volunteer	Class
1.	Ashish Panwar	B.ED SE LD
2.	Abhishek Khatri	B.ED SE LD
3.	Apurv	B.ED SE LD
4.	Akshay	B.ED SE ID
5.	Swapnil	B.ED SE HI
6.	Niteish Khatri	B.ED SE HI
7.	Vipen Malik	B.ED SE HI
8.	Ankit	B.ED SE ID
9.	Aryan Dabas	B.ED SE LD
10.	Sumit	B.ED SE ID
11.	Harshita	B.ED SE ID
12.	Hema Vats	B.ED SE HI
13.	Ritika Goel	B.ED SE ID
14.	Nidhi	B.ED SE LD
15.	Ananya	B.ED SE LD
16.	Ridhima	B.ED SE LD



LIST OF

17.	Komal	B.ED SE LD
18.	Laxmi	B.ED SE LD
19.	Akansha Sharma	B.ED SE LD
20.	Yashika	B.ED SE LD
21.	Kirti Singh	B.ED SE ID
22.	Prerna	B.ED SE LD
23.	Varsha	B.ED SE LD
24.	Harshika Gupta	B.ED SE ID
25.	Tanisha Vats	B.ED SE HI

STUDENT

PARTICIPANTS



25



Directorate of Students' Welfare
Indraprastha University
 Guru Gobind Singh
 A State University established by the Govt of NCT of Delhi
 Sector-16 C, Dwarka, New Delhi-110078,
 Email: sports@ipu.ac.in

Annual Sports Meet-2024

ELIGIBILITY PROFORMA FOR 19th Annual Sports Meet-2024

Name of the Game: **TUG OF WAR**
 Name of the participating institute: **ATRSR**

Name of the Manager/Coach:
 Contact No. Manager/Coach

Section Men/Women: **MEN**

S. No.	Full Name of Student	Enrollment No.	ACADEMIC YEAR: 2024-25 Programme in which studying	Date of Birth	Present Semester	Mobile No
1.	Swapnil Gang	00952312223	B.ED HI	06/08/2000	3 rd	9319510060
2.	Nitesh Khatri	00852312223	B.ED HI	02/07/2001	3 rd	9013951485
3.	Vipen Malik	00352312223	B.ED HI	03/01/2004	3 rd	9868229316
4.	Ankit	35252312523	B.ED ID	05/06/1996	3 rd	9821917534
5.	Aryan	-	B.ED LD	23/01/2003	1 st	8587858577
6.	Apuv	00452312323	B.ED LD	01/03/2003	3 rd	9811911042
7.	Ashish	001152312323	"	03/07/2002	3 rd	8851866571
8.	Abhishek	00752312323	"	14/06/2000	3 rd	9013620828
9.	Akshay Jangra	01552312523	B.ED ID	14/02/2001	3 rd	9818870754
10.	Sumit	-	B.ED ID	21/10/2001	1 st	9599711964

Signature of the Director / Principal



Date: _____
 Seat of College / Institute: **ATRSR**
 Signature of the Director / Principal



If numbers of participants are more than 10, please use a copy of this form.

Verified that the above particulars are true as per records of the College / Institute

25

Directorate of Students' Welfare
 Guru Gobind Singh Indraprastha University
 A State University established by the Govt of NCT of Delhi
 Sector-16 C, Dwarka, New Delhi-110078,
 Email: sports@ipu.ac.in



ELIGIBILITY PROFORMA FOR 19th Annual Sports Meet-2024

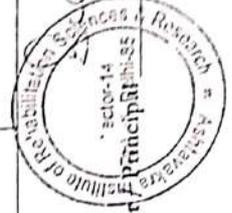
Name of the Manager/Coach: **ANUSHKA SHARMA**
 Contact No. Manager/Coach: **7838389205**

Section Men/Women: **WOMEN**

Name of the Game: **YOGA**
 Name of the participating institute: **ATRSR**

S. No.	Full Name of Student	ACADEMIC YEAR: 2024-25		Date of Birth	Present Semester	Mobile No
		Enrollment No.	Programme in which studying			
1.	HARSHITA GUPTA	2	B.Ed.SE, VI	03/04/2001	5 th	8860590061
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						

(Handwritten Signature)



If numbers of participants are more than 10, please use a copy of this form.

Certified that the above particulars are true as per records of the College / Institute

Date: _____ Seal of College / Institute **ATRSR** Signature of the Director _____



Directorate of Students' Welfare
Guru Gobind Singh Indraprastha University
Asst. University established by the Govt. of Pct. Delhi
Sector 16 C, Dwarka, New Delhi - 110078.

ELIGIBILITY PROFORMA FOR 19th Annual Sports Meet-2024
Female sports participants in

Section Men/Women: Men

Name of the Game: Chess

Name of the participating institute: AIRSR

Name of the Manager/Coach:

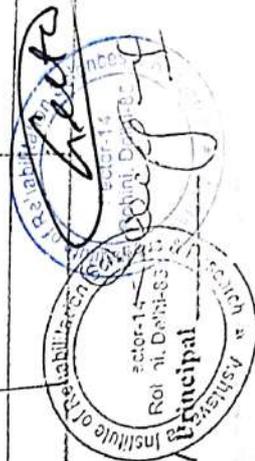
Contact No. Manager/Coach

S.No.	Full Name of Student	ACADEMIC YEAR: 2024-25			Date of Birth	Present Semester	Mobile No
		Enrollment No.	Programme in which studying				
1.	Swapnil Gray	00952312223	B.ED HI	06/08/2000	3 rd	9319510060	
2.	Nitesh Khatri	00852312223	B.ED HI	02/07/2001	3 rd	9013951485	
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							

If numbers of participants are more than 10, please use a copy of this form.

Certified that the above particulars are true as per records of the College / Institute AIRSR

Date: 03/10/2024 Seat of College / Institute AIRSR Signature of the Director / Principal





Directorate of Students' Welfare

Guru Gobind Singh Indraprastha University
A State University established by the Govt. of NCT of Delhi
Sector 16C, Dwarka, New Delhi 110078.

Physical Sports Department

ELIGIBILITY PROFORMA FOR 19th Annual Sports Meet-2024

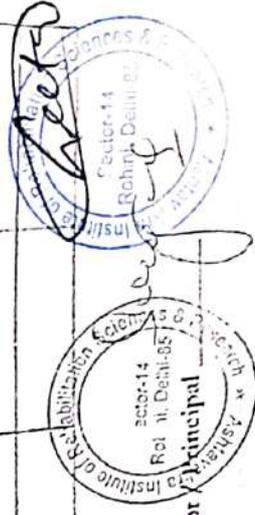
Name of the Game: Cricket Section Men/Women: Women
 Name of the participating institute: AIRSR Name of the Manager/Coach: _____
 Contact No. Manager/Coach: _____

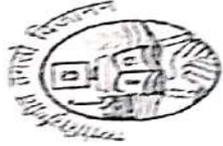
S. No.	Full Name of Student	Enrollment No.	Programme in which studying	Date of Birth	Present Semester	Mobile No
1.	Hema Vats	00252312223	B.ED HI	28/07/2002	3 rd	7952571745
2.	Ritika Groel	01252312523	B.Ed. PD	25-07-2001	3 rd	7042560994
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						

If numbers of participants are more than 10, please use a copy of this form.

Certified that the above particulars are true as per records of the College / Institute AIRSR

Date: 03/10/2024 Seal of College / Institute AIRSR Signature of the Director _____





Directorate of Students' Welfare
Guru Gobind Singh Indraprastha University
A State University established by the Govt of NCT of Delhi
Sector-16 C, Dwarka, New Delhi-110078,

INDRAPRASTHA UNIVERSITY

ELIGIBILITY PROFORMA FOR 19th Annual Sports Meet-2024

Email: sports@ipu.ac.in

Name of the Manager/Coach:

Section Men/Women: *Men*

Name of the Game: *Weight Lifting*

Contact No. Manager/Coach

Name of the participating Institute:

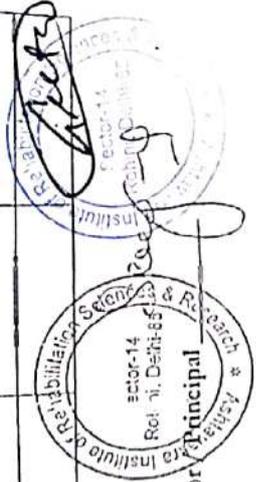
S. No	Full Name of Student	Enrollment No.	ACADEMIC YEAR: 2024-25 Programme in which studying	Date of Birth	Present Semester	Mobile No
1	<i>Aryan</i>	<i>2</i>	<i>B.Ed. LD</i>	<i>23/01/2003</i>	<i>5</i>	<i>8587858577</i>
2						
3						
4						
5						
6						
7						
8						
9						
10						

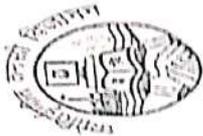
If numbers of participants are more than 10, please use a copy of this form.

Certified that the above particulars are true as per records of the College / Institute

Date: _____ Seal of College / Institute: *ATRSR*

Signature of the Director / Principal





Directorate of Students' Welfare
Guru Gobind Singh Indraprastha University
A State University established by the Govt of NCT of Delhi
Sector-16 C, Dwarka, New Delhi-110076,
Email: students@gsu.ac.in

25

ELIGIBILITY PROFORMA FOR 19th Annual Sports Meet-2024

Name of the Game: Kho-Kho

Section: Men/Women

Name of the Manager/Caretaker:

Name of the participating institute: AIASR

Contact No. Manager/Caretaker

ACADEMIC YEAR: 2024-25

S. No.	Full Name of Student	Enrollment No.	Programme in which studying	Date of Birth	Program Semester	Mobile No
1	Nidhi	2	B.Ed. LD	17/04/2004	1 st	7027712151
2	Rishika	-	11	21/08/2004	1 st	9625451597
3	Komal	-	11	16-02-2001	1 st	9854402727
4	Laxmi	-	11	21/10/2002	1 st	9899446937
5	Akshaya Sharma	652312323	11	12/06/2002	3 rd	9310939436
6	Varsha Ka	252312323	11	23/06/2002	3 rd	9910145070
7	Nishi Singh	-	B.Ed. VE	05/03/2001	1 st	931055262
8	Priyanshu	-	11	23/10/2002	1 st	8882935538
9	Varsha	-	11	13/09/2004	1 st	858875523
10	Manjira Gupta	-	11	03/04/2001	1 st	885532061

If numbers of participants are more than 10, please use a copy of this form.

Certified that the above particulars are true as per records of the College / Institute

Date: _____ Seal of College / Institute _____

Signature of the Director / _____





Directorate of Students' Welfare
 Guru Gobind Singh Indraprastha University
 A State University established by the Govt of NCT of Delhi
 Sector-16 C, Dwarka, New Delhi-110078.
 Email: sports@ipu.ac.in

ELIGIBILITY PROFORMA FOR 19th Annual Sports Meet-2024

Name of the Game: TUG OF WAR
 Section Men/Women: WOMEN
 Name of the Manager/Coach: ANUSHKA SHARMA
 Contact No. Manager/Coach: 7838389205
 Name of the participating institute: AIRSR

ACADEMIC YEAR: 2024-25

S. No.	Full Name of Student	Enrollment No.	Programme in which studying	Date of Birth	Present Semester	Mobile No
1.	Hema Vats	00252312223	B.Ed. SE. HI	28/07/2002	3rd	798287745
2.	Tanisha Vats	35352312223	"	15/08/2001	3rd	7042821587
3.	Sakshi Gupta	00552312223	"	01/12/1997	3rd	9999048234
4.	Aryab	352312323	B.Ed. SE. LD	08/7/2003	3rd	7827352393
5.	Akshaya Sharma	652312323	"	12/6/2002	3rd	9310939436
6.	Ananya	-	"	28/09/2002	1st	9971115081
7.	Riya Girda	-	"	08/12/2003	1st	9810334994
8.	Tarun	70152312323	"	18/06/2003	3rd	9717852906
9.	Preema	-	B.Ed. SE. VI	23/10/2002	1st	8882833538
10.	Ritika Grod	01252312523	B.Ed. SE. ID	25-07-2001	3rd	7042560994

If numbers of participants are more than 10, please use a copy of this form.

Certified that the above particulars are true as per records of the College / Institute

Date: _____ Seal of College / Institute / Institute _____ AIRSR

Signature of the Director / Principal



Annexure-1