



EVENT NAME – World Diabetes Day

Title of Activity*	World Diabetes Day
Values.	World Diabetes Day is observed every year on November 14 to raise awareness about diabetes, its global impact, and the importance of effective prevention and management. The day commemorates the birthday of Sir Frederick Banting, the co-discoverer of insulin, which has been a life-saving treatment for diabetes since 1922.
Learning Outcomes	<ul style="list-style-type: none"> • Enhanced understanding of diabetes as a major global health issue—including risk factors such as obesity, sedentary lifestyle, poor diet, and family history. • Increased awareness of the critical importance of early detection and regular monitoring, enabling individuals to take proactive steps in managing their health and preventing complications. • Promoting the adoption of healthier habits—balanced diets, regular physical activity, stress management, and routine blood sugar testing—to support prevention and effective management. • Knowledge of the wide-reaching complications associated with unmanaged diabetes, including blindness, kidney failure, heart attacks, stroke, and nerve damage. • Emphasis on advocacy for better healthcare access, affordable medications (especially insulin), and improved availability of diagnostic tools. • Development of self-management skills, including understanding food choices, use of technology for glucose monitoring, medication adherence, and emotional well-being. • Empowerment of caregivers, families, and workplaces to create supportive environments for those living with diabetes.



Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)*	NSS CLUB
Program Theme*	World Diabetes Day
External Expert / Internal Expert	

Preeti

Program Officer, NSS (SFU)
Ashtavakra Institute of Education Sciences and Research
Madhuban Chowk, Delhi-110085

Date*	14/11/25
Time*	10:00 to 12:00pm
Venue	Conference room 101
Poster/Flyer/Notice*	
Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	https://www.instagram.com/reel/DRD4pOlj7wc/?igsh=MXZ1eHE2bnRrbjA3eg==
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	45
No. of Faculty* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	12
No. of External Participants (faculty) [write NA if not applicable]	<p>Dr. S. K mundra Sr. Consultant at saroj hospital</p> <p>Dr. Gagannagpal Vice president at saroj</p>
(Geotag) Photograph*	
Photograph of the Event with the Caption	



Program Officer: NSS (SFU)
 Ashtavakra Institute of Rehabilitation Sciences and Research
 Madhuban Chowk, Delhi-110085



Ashtavakra Institute of Rehabilitation Sciences and Research

WORLD
Diabetes Day

Delhi, Delhi, India
Psp Industrial Area, madhuban Chok, P44h+r7, Bhagwan Mahavir Marg, Block A, Sector 14, Rohini, Delhi, Delhi 110085, India
Lat 28.707045° Long 77.129593°
Wednesday, 12/11/2025 11:13 AM GMT +05:30

NOVEMBER
Venue: Conference Room 101
Time : 10:30 am Onwards
Coordinator: Preeti Goyal

Program Officer - NSS (SFU)
Ashtavakra Institute of Rehabilitation Sciences and Research
Madhuban Chowk, Rohini, Delhi-110085



Preeti

Report: Description in (min 250 to max 800 words)*

World Diabetes Day is a global event observed every year on November 14 to raise awareness about diabetes, a major health challenge affecting millions of people worldwide. This day holds special significance as it marks the birthday of Sir Frederick Banting, one of the co-discoverers of insulin—a hormone that has transformed diabetes care and saved countless lives since the early twentieth century. World Diabetes Day serves as a powerful reminder of the urgent need for better prevention, early detection, and effective management of diabetes, particularly in the face of its rapidly rising prevalence.

The primary goal of World Diabetes Day is to educate people about the nature, risk factors, and complications of diabetes. Diabetes is a chronic metabolic disorder characterized by high blood sugar levels due to insufficient insulin production or ineffective use of insulin by the body. The two main types are Type 1, often diagnosed in childhood, and Type 2, which is closely associated with lifestyle factors such as poor diet, lack of exercise, and rising obesity rates. In recent years, global diabetes cases have soared, with current estimates indicating that over 537 million adults are living with the condition as of 2024, and projections suggesting that this number could exceed 850 million by 2050 if effective action is not taken.

Preeti

Program Director NSS (SFU)
Ashtavakra Institute of Sciences and Research
Madhuban Chaurasi, Delhi-110085

Recourse Person	NA
Attendance Sheet*	Attached at the end of Report
Feedback	Sample feedback Attached at the end of Report
Report Submitted by Convener (write faculty coordinator name)	
For Office Use	
<p>Program Officer NSS (SFU) <i>Preeti</i> Ashtavakra Institute of Sciences and Research Signature of Event Coordinator 110095</p>	<p><i>Sc...</i> Signature of School/Department Head (With Seal)</p> 
List of Beneficiary	

Fields marked with '*' are mandatory

LIST OF STUDENT PARTICIPANTS

S.No.	Name of Volunteer	Class
1	NEHA	B.Ed(HI)
2	TEENA SHOKEEN	B.Ed(HI)
3	MUKUL	B.Ed(HI)
4	Afsana	B.Ed(HI)
5	Mansi	B.Ed(HI)
6	GEETA	B.Ed(HI)
7	PRATIKSHA	B.Ed(HI)
8	Isha Aggarwal	B.Ed(ID)
9	YOGITA	B.Ed(ID)
10	KHUSHAL KHATRI	B.Ed(ID)
11	KIRTI	B.Ed(ID)
12	JHANVI	B.Ed(ID)

13	ANKITA	B.Ed(ID)
14	VISHAKHA	B.Ed(ID)
15	KUNAL BHARDWAJ	B.Ed(ID)
16	SARASWATI DASS	B.ed . ASD
17	MANSI GUPTA	B.ed . ASD
18	PAYAL JAIN	B.ed . ASD
19	KHUSHI AHUJA	B.ed . ASD
20	TANNU SHOKEEN	B.ed . ASD
21	SHIWANI	B.ed . ASD
22	ANSHIKA	B.ed . ASD
23	KAVITA	B.ed . ASD
24	JYOTI YADAV	B.ed . ASD
25	GITIKA	B.ed . ASD
26	TANU BAISOYA	B.ed . ASD
27	CHANCHAL	B.ed . ASD
28	AKANKSHA GANGULY	B.ed . ASD
29	JASPREET KAUR	B.ed . ASD
30	KALYANI	B.ed . ASD
31	VARSHA	B.ed . VI
32	HARSHITA GUPTA	B.ed . VI
33	KIRTI SINGH	B.ed . VI
34	RITIKA	B.ed . VI
35	PRENA	B.ed . VI
36	VANSHIKA GOYAL	B.ed . ASD
37	KIRTI GOEL	B.ed . ASD



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 Sciences and Research
 Madhuban Chowk, Delhi-110085

38	YASH	B.ed . ASD
39	KARISHMA KUMARI	B.ed . ASD
40	BHAWANA	B.ed . ASD
41	ARCHANA KUMARI	B.ed . ASD
42	RUPAL	B.ed . ASD
43	PREKSHA GUPTA	B.ed . ASD
44	SIMPLE SOLANKI	B.ed . ASD
45	MANSI SOLANKI	B.ed . ASD

Program Officer- NSS (SFU)
Ashitavakra Institute of Science and Research
Madhuban Chowk, Delhi-110085

